THE SPINDLE

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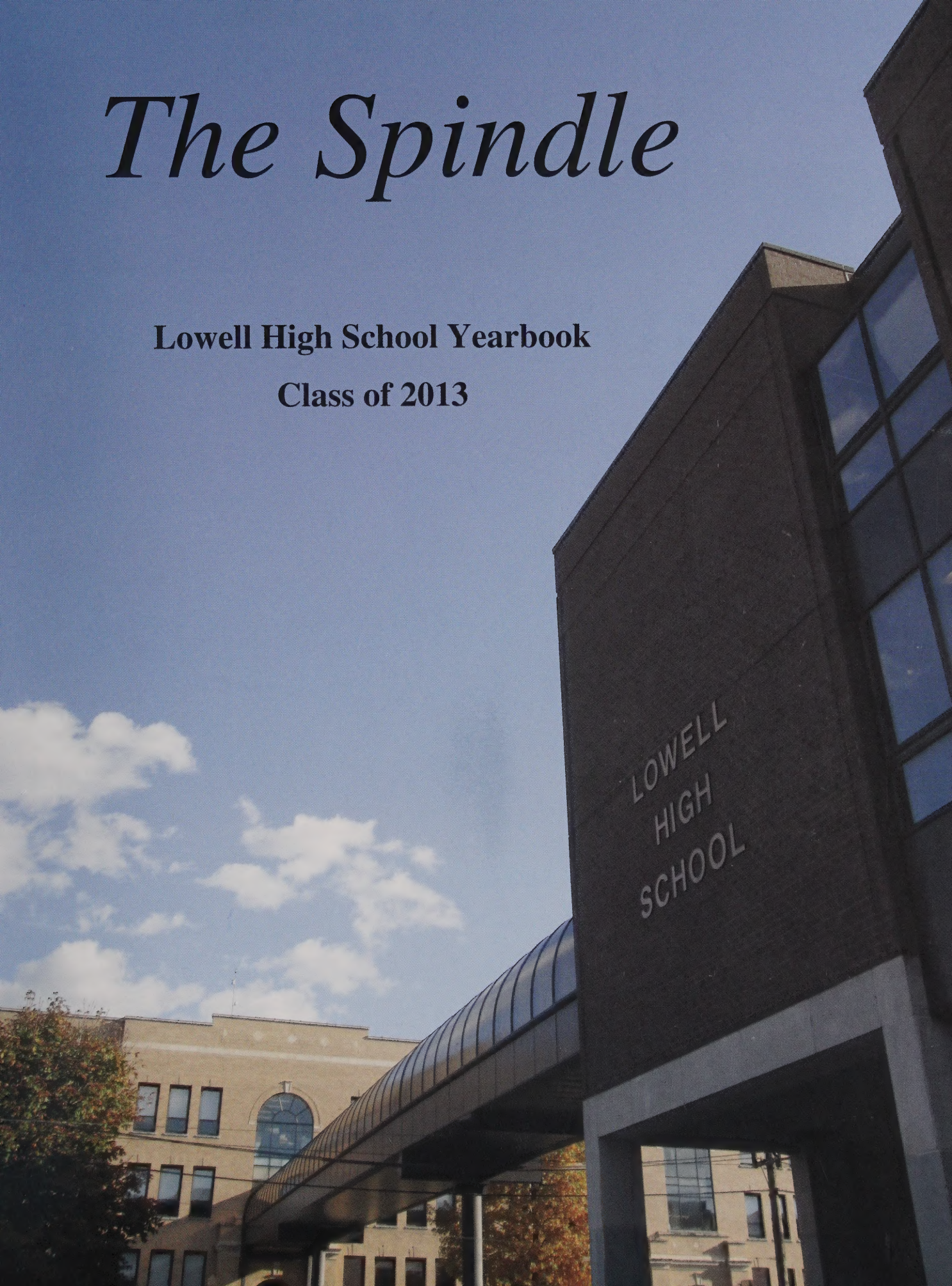
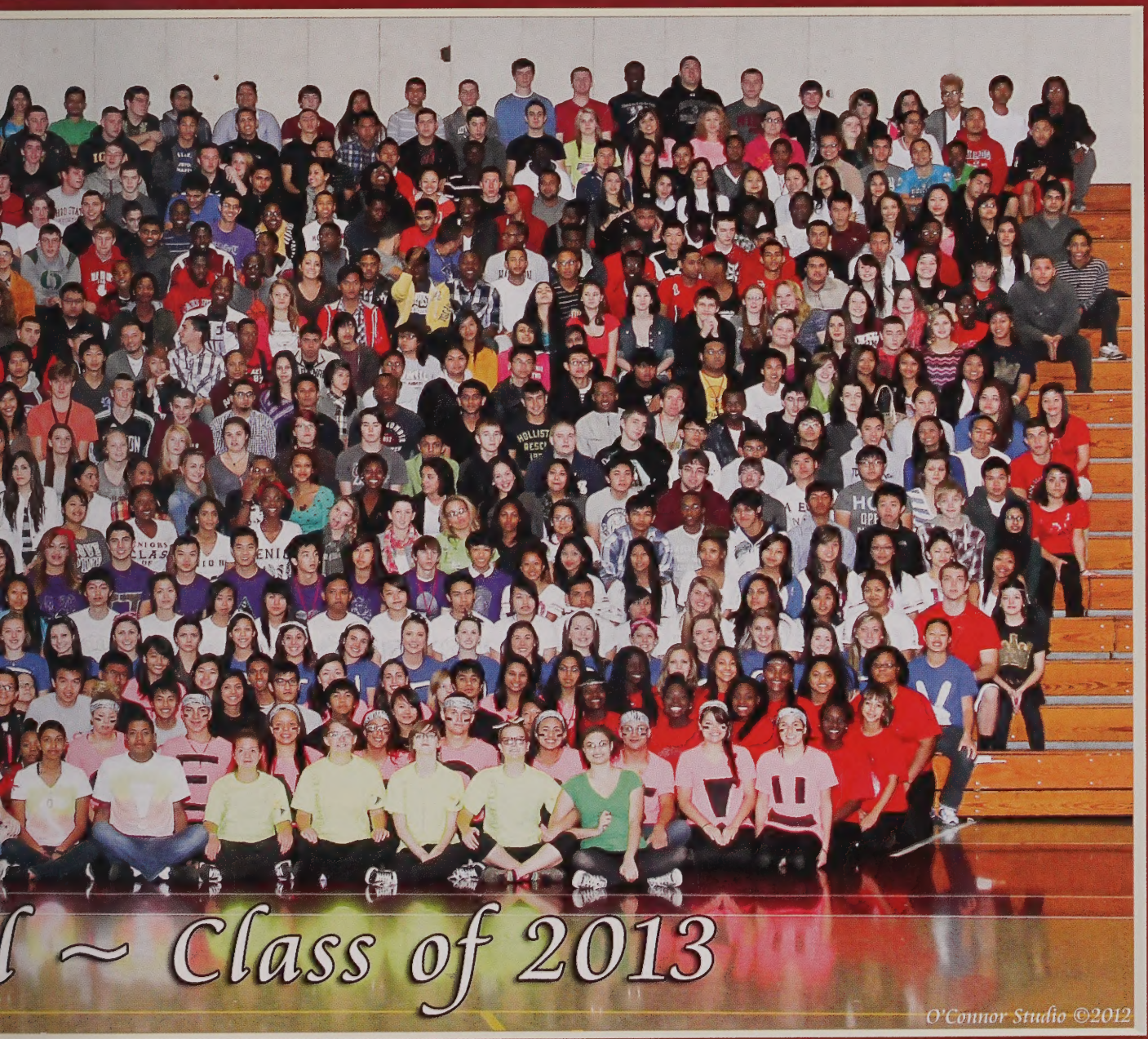
The Spindle

Lowell High School Yearbook

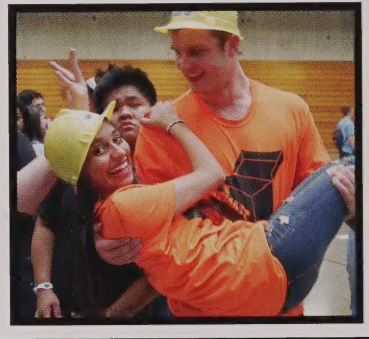
Class of 2013

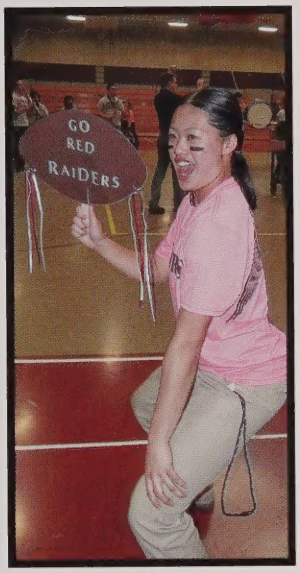


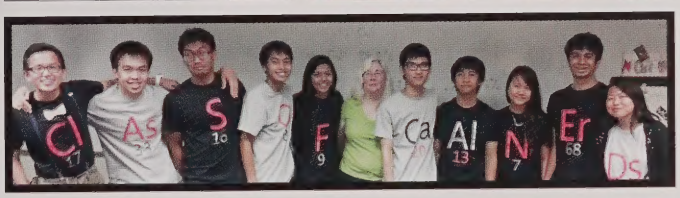
Lowell High Sch


l ~ Class of 2013
O'Connor Studio ©2012

Seniors - Class of 2013







Lowell High School

Bielka Adames

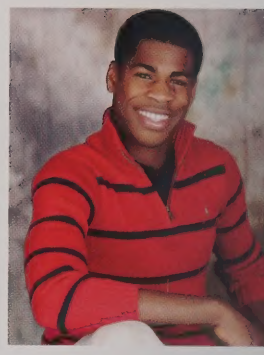
Ikenna Adigwe

Nickname: "Tomahawk"

Activities: Basketball, Soccer, Track & Field, Latin Lyceum, Chess Club

Memories: 4 goals in a soccer game, "Sophandaras project" , "We are the champions" soccer chant. Turtling Alex's bag 4 times.

Future: Become the president of Nigeria

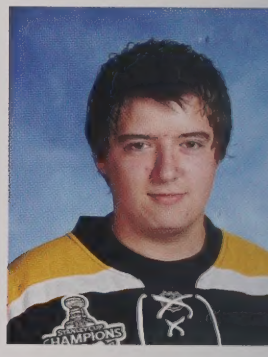


Omozee Agbe-Rankhe

Alex Agosto

Mariana Agudelo

Robert Aguiar-Doyle



Tori Alcorn

Nickname: Tor

LHS Activities: Captain of field hockey, captain of softball 12 and 13

Memories: Freshman year crew: SG MK SD; stalking scobear powder-puff, McDonalds "my life" w/ Mags, AM, JM, snapchatting; ET KG EY OA MO RS; trip to Ireland

Future: Physical therapist

Robert Allard

Activities: Playing Basketball

Memories: Working for Mr. B at athletic events with MB, Fun times with AR, random stuff with NM, Poli sci class, class fights with LH, Javelin Soph. year

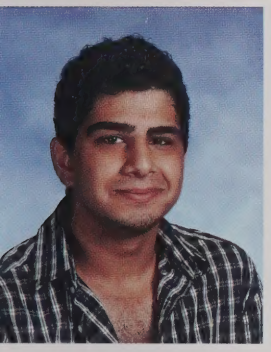
Future: Law enforcement

Christopher Allen

Bryanna Allison

Michele Almeida

Rosanna Almonte



Ahmed Alsamerai

Ruaa Alsamerai

Brandon Am

Anuj Amin

Activities: Track & Field, NHS, ILC, Science Club, Math Club, Gear up.

Memories: Fr Yr History, Soph Yr History, Jr History, Soph yr Geometry. Working for Mr. B at games. Goofing off in classes. Having inside jokes with friends.

Future: Pursuing happiness by accomplishing my dreams

Komal Amin

Alexandra Amparo

Sunhuo Ang

Bernice Appiah

Emmanuel Appiah

Andrea Araujo

Diamond Asaneh

Grace Ashworth

Natasha Ayala

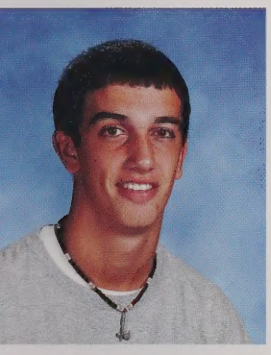
Grecia Aybar

Maria Aybar

Peter Balas

Allena Ban

Arthur Baoutis

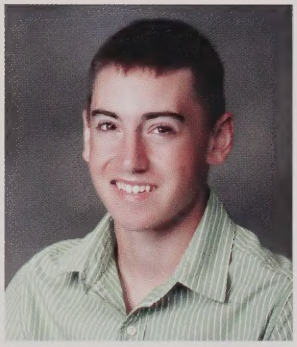


Brendan Barr

Activities: Track, Soccer, Black Unity Club, Science Club

Memories: War of 2011-12, Dr. Hakam, Stairwell E, Harvest 2011 and 2012, bootmills, Mali-Boom-Boom! BD, BB, DUI, MJ, AS, Franc, Kat, Mike's big head

Future: Olympic Speed Walker



Matthew Barter

Carolina Bedoya

LHS Activities: AFJROTC, ILC, TRIO

Memories: September 7, 2010, water balloon fight, junior year, woof woof, quizito guy, FA, the 700's, LC, RR, MM, KM, DS

Carolina Belasque

Ilse Bellido

Juliannette Bermudez

Brittany Bernardini

Nickname: Britt-Bratt, BBB

Activities: Winterguard, Soccer, Dance Ensemble, Hufflepuff's Quiditch Team

Memories: All of my friends, it's hard to let go

Future: Doesn't scare me at all, nothing's like before

Esteban Betancur

Neel Bhagat

Shrey Bhagat

Francine Black

Alexandra Blais

Demerese Blanchard

Lauren Blazon

Samantha Bo

Joseph Boachie

Lisa Bodwell

Andres Bolivar

Konstantina Booras

Katelyn Borba

Memories: KS SR GA SC CB JR AB ET. Football games, pep rallies, homeroom with Mrs.B ! Building friendships that will last a lifetime

Ana Clara Borges

Robert Boucher

Kassandra Boutin

Elizabeth Branch

Denise Brito

Tori Brooks

Kaleigh Brothers

Alexandre Brown

Raekwan Brown

Dellihor Bunchhoeun

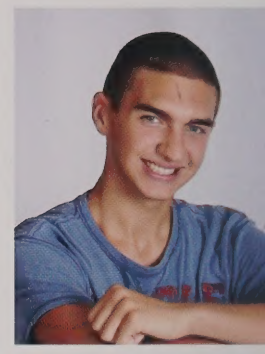
Bridget Burgermeister

Activities: LT, AC, MM , NHS, Stuco, ILC, Latin Lyceum

Memories: Italy 23, infamous eight, beach, environmental, lunch table, chem

Future: $$$

William Burgess

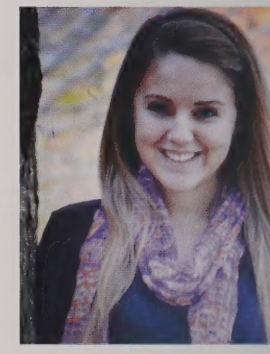


Marisa Butler

Emily Byrne

LHS Activities: ILC, NHS, field hockey, indoor and outdoor track, freshman basketball

Memories: c-town, backpackers, long car rides, York beach, MB family, movie nights, Saturday Night!, Koi, blueberries, Africa, Ireland, Beach week, AMR, AC, SF, CR, SR, AF, KD, Thornt



Larissa Cadahia

Corey Camper
Nickname: "Camper"

Activities: Life Skills Program

Memories: Driving Ms. B crazy with "Oh, Donna", Ms. M saying "yesssss", driving fast in the halls, and having been told to take my coat off over and over and over again.....

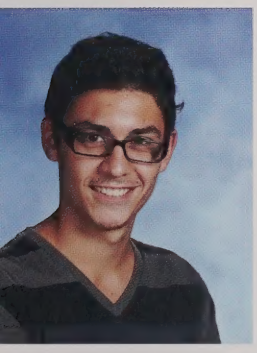
Future: learning new job skills and meeting new friends

Lesly Cano

Darleen Cardona

Courtney Carnevale

Ashley Carr



Claudio Carreira

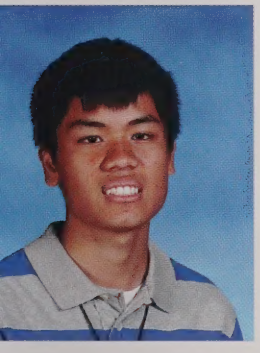
Saisha Carrucini

Sarah Cassella

Brennan Cassidy

Marisa Castro

Britney Cesar



Somphorn Chaloeurn

Brandon Chan

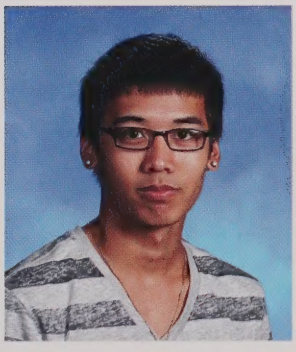
Muy Chang

Nickname: Duy

LHS Activities: Outdoor adventure club, Book Club

Memories: Camping with outdoor adventure club, meeting and being friends with the people I know how, watching the hunger games and my first time bowling

Future: Be a successful pharmacist and be the happiest that I can be



Tai Chau

Nickname: Chowder/Tootles

Memories: JPN(8.7), Blushing everyday, Brutal Gymnastic Practice, all nighters doing Hw, UB family, doing everything last minute, Christmas cookies from BB,RH,SI, Ankle Buddy, Walking Buddy

Future: Making a change in the world!

Oudom Chea

Samantha Chea

Nickname: Nanaka

Activities: Anime Club, Science Club, NHS, ILC,Memories: SC, AL, Prom 2012, Anime Boston 2011, 2012,2013, April 18, May 29, I don't know club, selamat pagi

Future: MCPHS or UMB, Pharmacist, May 29

Sambath Chea

Memories: Alan is a kool kat and so is Sarifah!

Sovandarith Chea

Tony Chea

Nickname: Birdman

Activities: Indoor track (10,11,12) Outdoor track (9), Volleyball (10,11,12)

Memories:basketball at Stoklosa, BF with NT,KS,AC. Close friends are NT, KS,AC, KD,SK,DT,PP,BS,SC,OC,TD,AU,AT, and hanging with BasedGods! Track and volleyball with friends.

Future: College life, Rich life, and awesome life.

Francis Chege

Nickname: Franco Chegs the beast

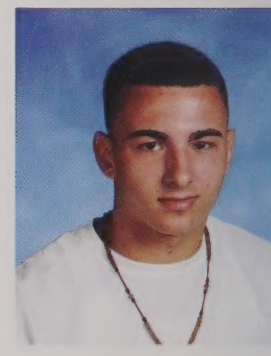
LHS Activities: Varsity soccer, Black Engineering Club, track 2011, wrestling 2012, Black Unity Club

Memories: Fr Tr haircut, Tewks game 2012, first goal, Friends, LC, BD, DC, DK, PG, MM, BW, SN and others; doing laps with DC, soccer team, gym BB

Future: College Engineering or Sports Medicine

Richard Chep

Donald Chestnut



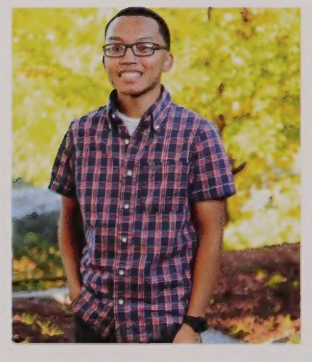
Anthony Chhan

Nickname: Ant, The BasedGod

Activities: Gymnastics, Volleyball, Language Club, Science Club, Chess Club

Memories: Best Fitness, Brandon's House round 4, Gymnasty, Staying Based, Thank you Based God.

Future: Computer Science, Programming, Games



Kimhim Chhay

Kimhoeun Chhay

Amy Chhin

Sarifah Chhoeng

Nickname: Amu, God

Activities: ILC, Stuco, BPA, Trio, GearUp, Anime Club

Memories: the Magic Circle in En. Comp., Epic Fail list with BA, my bros, my idiots, my school family, I Don't Know Club, selamat pragi

Future: Ruler of the world or psychologist

Chhayheng Chhoeu

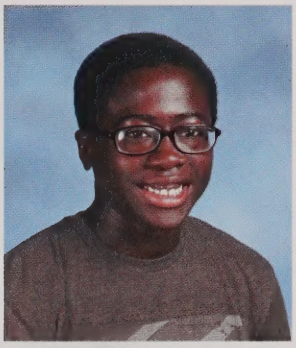
Nickname: Chhay

Activities: Tennis, OAC, ILC, Science & Math Club, NHS, Stuco

Memories: Fr yr Bio Class w/ AK,KN,KJY,OM,HS,AM. Lunch 2 Jr yr w/NP,KK. AP Psych , L Night at Katie's

Future: Abercrombie Male Model

Kudzai Chidarikire



Ikechi Chidoro

Nickname: Darkness

Activities: YMCA Basketball, LHS Track & Field

Memories: High School w/ KD & MK, Fr yr Spanish Class w/BD, Senior class photos-everybody got wild.

Future: PHD in Engineering

Uche Chidoro

Nickname: Gucci

Activities: BUC 09-13, ROTC 10-13, ILC

Memories: All my close friends going crazy when they see me, good times in ROTC, nobodu believing that I have a twin brothe

Future: Hope to have a successful career in the medical field

Alex Choeun

Sereyrattanak Choeun

Dennis Choru

Norath Chou

Sheena Chourn

Nickname: Ina, Sheen, "D" giraffe, tallie, Boop

Activities: Environmental Club
Memories: Meeting new people with Spazz. Enjoying the time together and making crazy memories. Pep rally, Prom, Class of 2013

Future: To follow my dreams and make it big!

Alyssa Christopher

Nickname: Big Al, CBB

Activities: Peer Mediator, ILC, NHS, AcDec, Science Club

Memories: Latin Lyceum, Italy 2012
JR, PR, MN, MM, CF, BT, SR, BW, EF, PB, NP, MA, MO, JS, TC, WC

Future: The concept of time is useless

Sokpagna Chuon

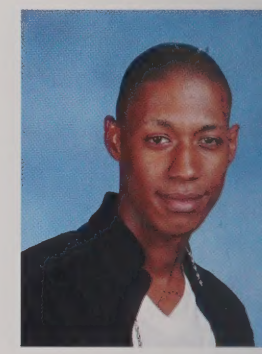
LHS Activites: Panyo, JV-Varsity Volleyball, Boston Scholastic Art award 2012

Memories: Summer hangout, Boston KS OC TC AC NT DT SK

Future: A great photographer

Katie Ciccarelli

Luis Cintron



Marc Cirino

Anthony Clark

Kacie Clarke

Anthony Clayton

Felicity Clod

Nickname: FC

Activities: Cheerleading, ILC, science club

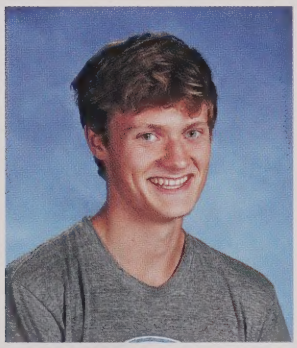
Memories:After school adventures, walking friends to class, all the great laughs, insides jokes the small arguments, walking to class with giant birthday balloons. Sharing lockers, lunch, everything with my best friend RU.

Jamie Cole

Connor Coleman

Frank Concemi

Anthony Consolo



Patrick Coppinger

Ciara Corcoran

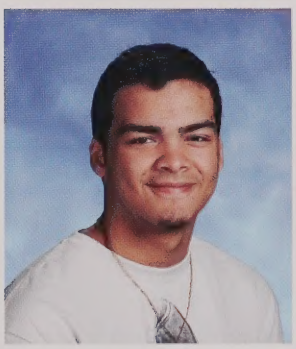
Sydney Corcoran

Nickname: Syd

Activities: International Language Club, Outdoor Adventure Club, Dance,

Memories: Spain, Harvest, L1,L2,L4,L1, "Backwards 3", Dance, AK, TV, KK, SC, SG, AR, MM, KB, JC,DP,AN, Sail by AWOLNATION Dance Project, Movie Night

David Cordero



Edgardo Cordero

Catalina Correa

Nickname: Cat, Kitty, Nina

Memories: Experiencing new things, and finding who I was, all the good times I had with my girls, meeting my girl friend freshman year, KC BC AS OA, love you guys

Future: Working as a phlebotomist

Jose Correa

Alecia Correa-Crocker

Memories: I will always remember the band and good times that brought me to grow into the person I am today.

Future: I plan to live life to the fullest and be all I can be.

Alexandria Cote

Nickname: AC

Activities: Indoor and outdoor track, ILC, senior class secretary, headmasters advisory, NHS

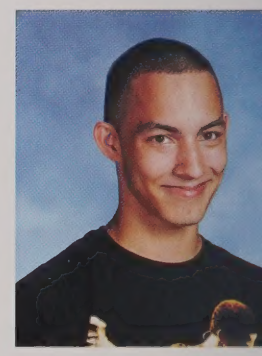
Memories: Italy 2012, Ireland 2013, Prom, York, driving around, Saturday Night!, blueberries, MB family, C-Town, backpackers, football games, NYC, SF, EB, CR, SR, AF, KD.

Paul Cote

Thomas Cote

Zachary Cousineau

Jamie Craig

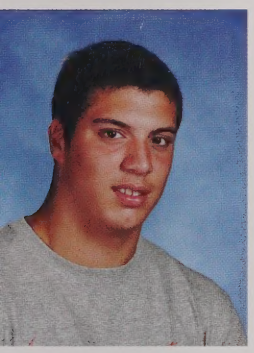


Casey Creamer

Anei Cruz

Christopher Cruz

Albano Cunha



Anthony Dally

Patricia Darocha

Rawanna Dasilva

Stephanie Dasilva

Nickname: Stephy

Activities: International language club, varsity cheerleading sophomore year

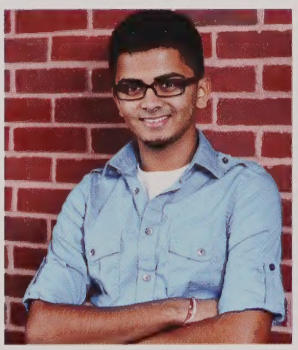
Memories: My first pep rally and performing in it, Mrs.Verzone the best teacher I had junior year, dance class performances I was in, experiencing new things and gaining new friends

Future: I want to be successful and happy in whatever I chose to do.

Drew Dearborn

Christopher Dejesus

Cristian Delvalle



Bhavik Desai

Harsh Desai

Luis Devia

Fatoumata Diallo

Aurea Dias

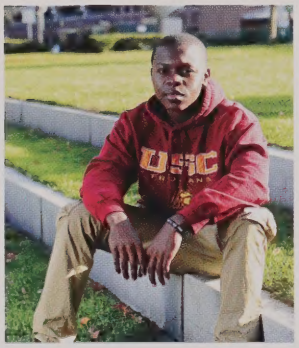
Kevin Djatcha

Nickname: Cha-Cha

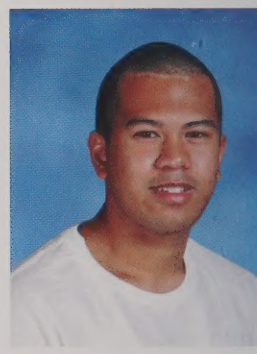
Activities: Freshmen Football, NHS, ILC, Science Club

Memories: I don't know you tell me.

Future: to be successful living life to the fullest



Tevin Dok



Alyssa Donnelly

Erin Donovan

Activities: Varsity cross country, varsity indoor and outdoor track. science club, ILC.

Memories: BA, KM, JR, GA, LB, MR, chem. Class 900's BR with KC, EMASS '09, SG, with AF, SC with DB, Spain '12, powderpuff, MVC champs, EMASS champs, 5678, Nationals '12, car rides with KM

Future: Go to college. Be successful. Be happy.

Altair Dos Santos

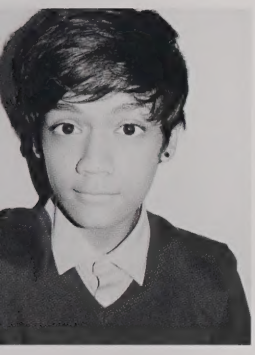
Michael Doucette

Nickname: Douce

Activities: Varsity Golf, Varsity Hockey, Chess, long walks on the beach

Memories: "He's a JR" chant to Kinney at the Senior Photo

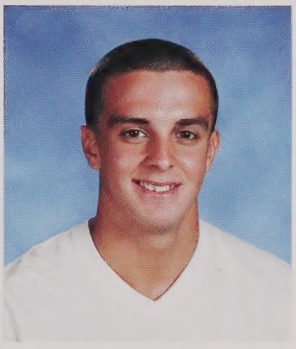
Future: Dog whisperer



Derek Doung

Steven Doung

Richard Ducheneau



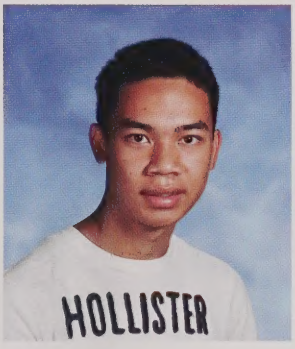
Jesse Duchesne

Nickname: JT

Activities: Wrestling
Memories: Turn Up!, DBR, Lowell rastlin, core four, 850, EC House, K-12 AJ, NPBA, TMC, DD, Banga, New Years 12, KS, SL, BQ, MT, JF, RF, DD, CC, MH, BW, MO

Future: Marine Corps, college

Kenny Duong



Yimkheang Duong

Kate Durkin

Rathana Eam

Cristina Echavarria

Activites: ROTC, Drill Team, NHS, ILC, Honor Guard

Memories: Night practices, family outings, "FK on the Run", JF, FP, HNM, EB, GA, LL

Cady Edwards

Sieylamuni Em

Nickname: Sieyla, Lala

Activities: Going Home Club, ILC, Track, BPA, Environmental Club

Memories: Lunch 4, AP Psych, Mrs. Carey, Hanging out after school

Future: Dream College, Pharmacist, Raise a Family, Retire Early

Daniela Escobar

Brandon Fahlberg

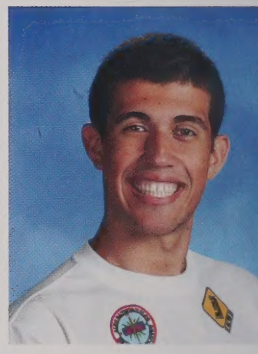
Nickname: "The Big Boss"

Activities: Soccer(V), FrYr Basketball

Memories: Richard's poem explanation, sophandara's cell project, photocopying entire chem chapters, "We Are The Champions" chant on bus ride home

Future: Barclay's Premiership

Emanuel Ferreira

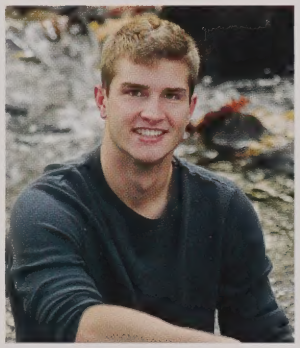


Erik Finn

Activities: Capt. Swimming, Crew, Stuco Pres., NHS, ILC, Headmasters Adv., Latin Lyceum, Science Club, Yearbook, NEMASC Eboard, Peer Mediation

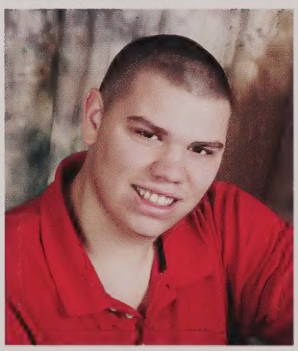
Memories: Beach'12'13, France'11,Saran wrapping Sean's car, States 2013, lunch tables,India,LT,SG,AC,KG,BB,SF,MM,RS, HP,EG,CR,CT, lifeguarding, NEMASC, fight week, Jewish Moms, Diet Pepsi Nights,locker crew, scallion pancakes. LHS 264365

Future: One step at a time.



Justin Fisher

Robert Fitts



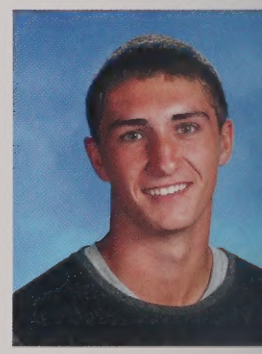
Ryan Fitzgerald

Nickname: Fitzy

Activities: Track and Field, Soccer, ILC, Science club, Black Unity club, Book Club

Memories: Double D's, nature walking, late night DBR's. EC's house, JT, BQ, SL, DD, JF, KD, OD, RW breaking my car window

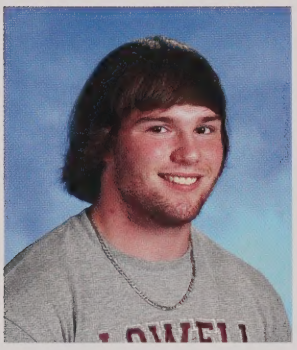
Future: Where ever the wind takes me



Jessica Florez

Ana Fokas

Britiny Fonseca



Tyler Ford

Cheyenne Fowler

Siobhan Francoeur

Activities: NHS, ILC, Student Council, Headmaster's Advisory, Indoor Track, Field Hockey

Memories: AC, CR, EB, SR, AF, KD, EF, MK, SG, MO, Feb 1st, Bio, 900s, EC's, fockey, MB crew, c-town backpackers, blueberry, Sullys, night time cruising, Cape Verde, Ireland, Library, Thornt, powderpuff, Lax Manager w/ AF.

Future: College, Physical Therapist, Irish Dancing teacher

David Friberg

William Furman

Beth Garavanian

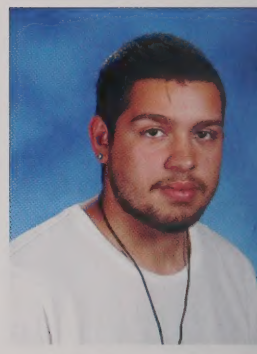
Karina Garcia

Makenzie Garcia

Jesus Garcia Perez

Samantha Garthe

Rafael Gaud



Samantha Gauthier

Katherine Gilligan

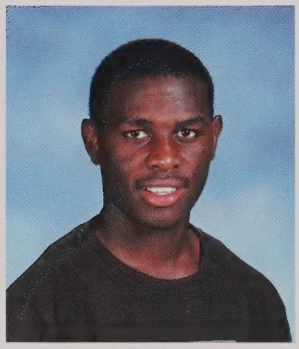
Nickname: KT

Activities: NHS, Captain of Swim Team, Basketball, Softball, Latin Lyceum, Tennis

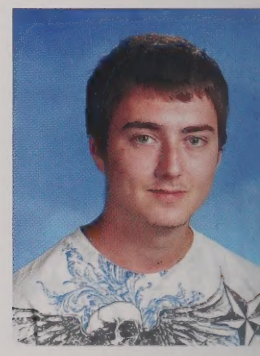
Memories: Field trip to Concord, Witches Woods, Lifeguarding, the beach, good ole Loretta, Feeding Sean ice cream, Spag Suppers, Country music, EG, AG, AK, SG, EF, TA, MA, MOB, Prom, Harvest

Future: College: writer. Buy a red truck!

Peter Githinji



Trent Giurleo



Sean Glasheen

Activities: NHS, Stuco VP, Swimming , Baseball, ILC, Crew

Memories: Fr. Yr. Bio, brickwall, MK, TA my stalker, KG's house every weekend, EF Jewish Mom's. Swim team PS, MM, KK, EF. Hit the hole w/ TS, RM, MM , KL. TMDF-SA,CR. 1920'S video-NP,DM,PB,HP,AM

Future: Building character, one day at a time.

Felicia Gomes

Sara Gonsalves

Carlos Gonzalez

Daniel Gonzalez

Rafaela Gonzalez

Nickname: July

LHS Activities: Show choir, gymnastics, dance

Future: Physical Therapist

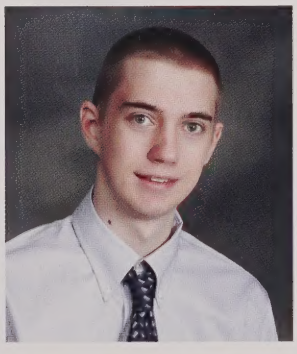
Kenneth Gordon

Sarah Gordon

Jessica Graham

Kristina Graham

Samantha Gravlin



Jacob Greathead

Zaryn Green

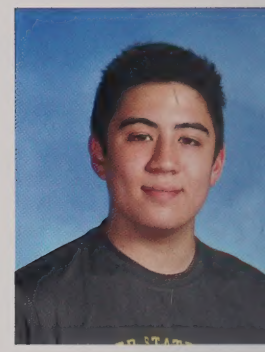
Cassidy Grenham

Activities: Field Hockey, Softball, Science Club

Memories: BKA,JSH,AH,KC,KC,MO,KSED,EC,MR,TV,AF, Fockey Girls, Powderpuff, Emma's House, Halloween II, Dunes, Jump on in, RAZ, Kick off, Chem w/ Erin, Jimmy Rocha, Wolfpack, family always.

Tinashe Gutu

Alexander Halbeisen



Marouff Hanif

Nickname: 2 Chainz, 2 Necklaces

Activities: Wrestling, Soccer, Track and Field

Memories: Dbr, Abr, chilling with the homies and get rowdy

Future: Do business make doe, and keeping it true

Stephany Hanna

Activities: BPA club, peer mediator, gear up ambassador, ballroom dance club, ILC, Volunteer

Memories: Fun times at festivals, field trips with crazy friends, helping students with peer mediators, thinking of the future with Mr.Currie and all my friends

Future: Law and Archaeology studies in England UK

David Hanscom

Katie Hanson

Chloe Harrington

Nickname: Glen Coco

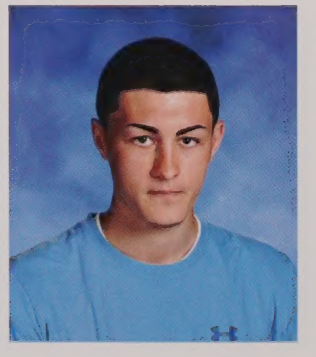
Activities: Colorguard, Marching Band, Concert band

Memories: Giggling w/KH & RJ, table time at guard practice, my homegirl Lola, 10th grade chemistry

Future: college, psychology, conquer the world

Alexandrea Healey

Drew Healy



Nicholas Healy

Amy Heang

Alexis Hebert

Nickname: Lexasaurus, lil heebz

Activities: Varsity cheer, varsity gymnastics

Memories: MO, KSP, CG, ET, TV, SL, JC, KB, ZG, AN, Hub, crack rock, twerk team, Yup, Wolf Pack, Are you ready song, charades, @lexasaurus, myrtle beach, j.ave break ins, the tracks MI, jump on in

Lynasy Heng

Nicholas Heng

Betsy Hernandez

Rauny Herrera

Sovatthya Hi

Activities: NHS VP, Stuco, Trio, Science/ Math League, LGBT, ILC

Memories: CK, AK, MN, CC, LH, AW, LF, LC, DL, AP Euro, Calc BC

Future: US Diplomat, UN Ambassador

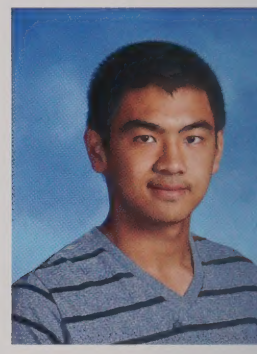
Cody Higson

Colin Hoey

Pengtaingvouch Hok

Pisey Hok

Visal Hok



Destiny Holder

Nickname: D-Money

Activities: Basketball, track, Indian Club, ROTC, field hockey

Memories: SV, ET, PK, Talking about weaves and lace fronts in Mr. Selvaggio's class 7th pd. making so many friends.

Future: college; police officer

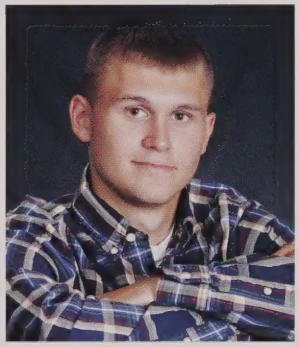
Leana Hopkins

Jacob Houston

Nickname: Jake

Activities: Football, Cross Country, Soccer, Indoor Track and Field, Outdoor Track and Field, ILC, DECA
Memories: Mr.Murphy's Philosophy Class, Meeting new people, Soccer(V), Track Practice, Spaghetti Supper after winning MVCs

Future: Attend College



Jessica Huon

Syaraya Huon

Saer Hussein

Chheangkea Ieng
Nickname: CK

Activities: NHS, Swimming, Tennis, Science, Math, GSA, OAC, Theater, Stuco, Trio

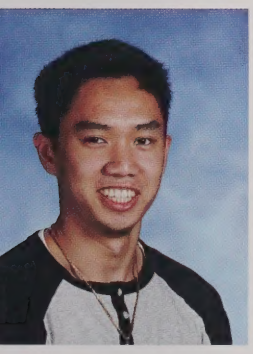
Memories: Lon-Par Jr, NHS Prez Sr, CT,KL,CC,AK,SH,MO,AP,MN,AL,PH,L S,SG,NS,MC,BA,SC,AW,KB

Future: Architect

Malinda Im

Activites: Field Hockey, Lacrosse, Science Club

Memories: Friday night football games, The tracks, Having Mr D for advisory! Acting crazy with Julie Ramirez. NP KS NT SL TS SI



Sonny Im

Wonni In

Nickname: Won Ton

Activities: Track and Field 2010-2013, Volleyball – 2010-2012

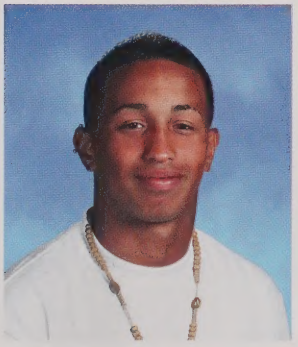
Memories: Getting lost on the first day of school of freshman year with MK. I <3 CL and AC

Future: To travel the world

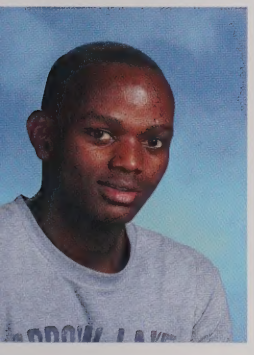
Jason Inthongkham

Rawan Jasim

Ernest Jaward



Kriss Jimenez Alicea



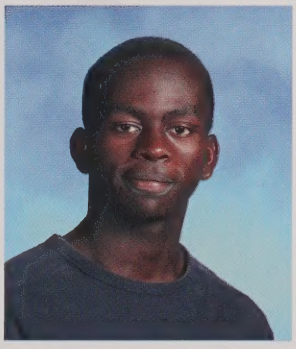
Kabagambe Jjangu

Nickname: Kaba

Activities: NHS, ILC, Science Club

Memories: Sophomore and Junior year were the best years of my life, shout out to Ms.Krista, Early, Hall, Stacey, Mr.Gervais, Ms.Colon, and students, Rotana, Livin, etc. Thank you so very much!

Future: Health Care Management



Mugenyi Jjangu

Harshita Jogi

Nickname: Harshi, Hershey

Activities: ILC, book club, Science club, technology club

Alissa Joseph

Nickname: Coco

Activities: Dance LHS ensemble with GN NA LO RB

Memories: Dancing in pep rally and dance shows

Future: Military police officer and owner of dance studio

Elizabeth Joslin-Nanis

Jordan Ka

Alisa Kal

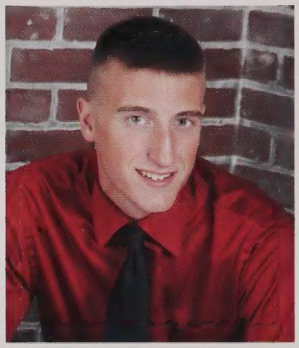
Nickname: Lisa

Memories: Eating out with my girls MO MC. Going with bowling with people I love me and love me for who I am.

Future: Be successful

Kevin Kal

Michael Kalenoski



Andriana Kanellos

Leon Kang

Emily Karner

Activities: Dance

Memories: Dance, AJ 6.16.11. Harvest, Soph Year, Freshmen Year, MN, WI, SW, AK

Future: Nursing

Alexander Kasirye

Andrew Kelley

Kathleen Kelly

Nickname: Katie

Activities: ILC, OAC

Memories: Backwards 3, NP, SC, AK, MM, VM, L, night, Fr Yr, Harvest

Future: Traveling

Amanda Kem

Alexis Kenney

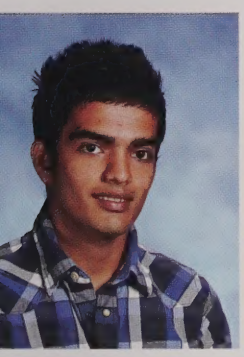
Livinn Keo

Emily Keointhisone

Activities: LHS Cheer

Memories: Myrtle Beach, South Carolina Nationals 2011. MY, BK, OA, JR, LR, AH, CK, MJC

Bhuddhi Kharel



Gopi Kharel

Jason Khat

Lyhong Khiev

Ravuth Khoeum

Nicholas Khousakoun

Botium Kim

Nickname: Little Kimmy, BK

Memories: Brucey, EK, LR, AH, CK, JT100

Johnny Kim

Nita Kim

Rachel Kim

Activities: Band, Softball, ex-Lyceum, AcDec

Memories: I'll miss the lyceumers: AM, SR, VL, RP, LBS. Band Kids: NH, AN, JK, CC. Of course: AK, CC, CC, JS, SU. And most of all: my love, Mark Missett, October 17, 2011. Rachel for Homecoming!

Future: Marine Biology

Kevin King

Jeff Kingori

Activities: ROTC, Drill Team/Honor Guard, Peer Mediation, NSBE Jr., R.W.D.C., ILC, Science Club, Anime Club, Poetry Society

Memories: Community Service, "quote essays", family, friends, and accomplishments

Future: College; Biomedical Engineering

Amara Koam

Rothana Koam

Nickname: Li'l Man, Chewy

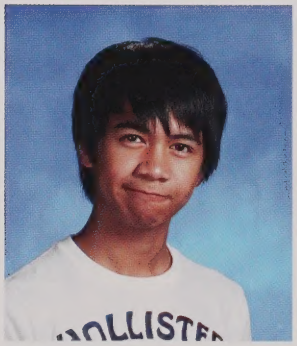
Activities: Gymnastics

Memories: Staying out of trouble, first time getting suspended, Mrs.Mac's Class, the girls, skipping class

Future: College

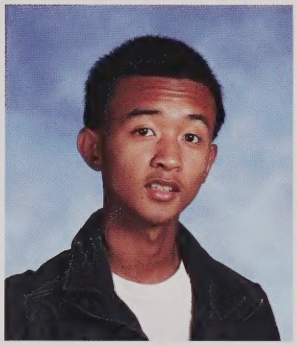
Piotr Kolodziej

Pearl Kong

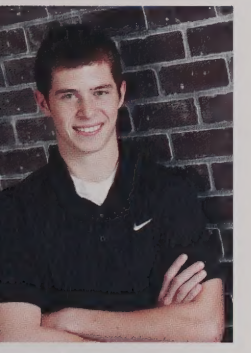


Sopheaktra Kong

Sreypoch Kong

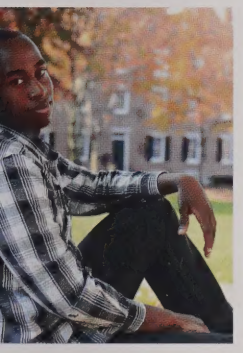


Athyrith Krisna



Matthew Krug

Andy Kry



David Kubai

Nickname: King

Activities: Indoor Track

Memories: My friends and all the good things we had.

Future: Millionaire, successful in life. Live life to the fullest

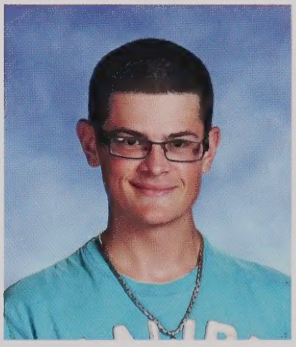
Jillian Kuzlotsky

Activities: Marching band, Jazz band, Concert band, ROTC

Memories: Football games, band day, Thursday practices, making friends, movie night, playing music

Future: Art Therapist

Bethany Lach



Dakota Lacoy

Lady Laguna

Activities: Drill Team, Honor Guard, Swimming, Gymnastics, ILC, ROTC

Memories: ROTC practice, Flight Commander, Swim Practice, Spaghetti Suppers, being with my bffs, J B K

Future: UML

Sophandara Lao

Katelyn Laplante

Francis Lardner

Victoria Larocque

Cameron Latta

Keatmeng Lay

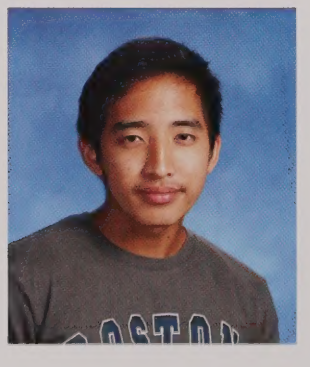
Nickname: Meng

Activities: Technology club, Engineering Club, Green Team

Future: To be an engineer, Go to college

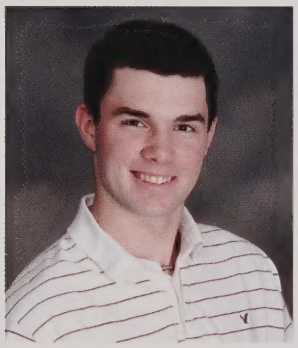
Linda Le

Shawn Le



Tri Le

Sotheany Leap



James Leary

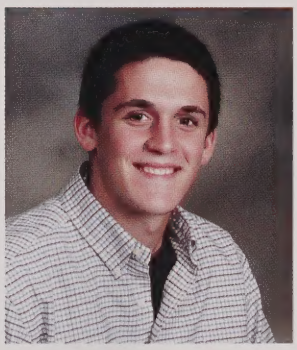
Arbelio Ledesma

Brittney Leduc

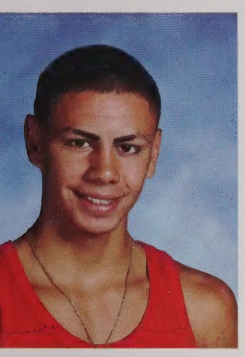
David Leighton

Activities: Javelin, Crew

Memories: CW JR JC JM SG AD ES, The Warehouse, Tracks, 2E, MJ, Dunes, Jimmy's Attic, El Presidente, HR, Riverwalk, Flame Me! Exptoc Vue, Reily, Rack, The Spot Detective, Jeff Bailey, WP, Fred, Leighton 4 Prez, Chucky & Belvi, Get Weird, Shedd Park, LTD, Case Race, XJ, Flock, Riverboy, Studmuffin95, AO, TOm Japan, Pigs, Freedom Rally

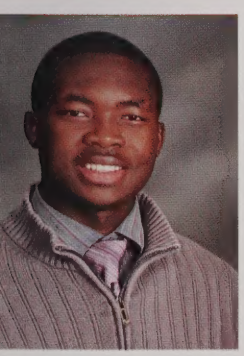


Steven Lelacheur

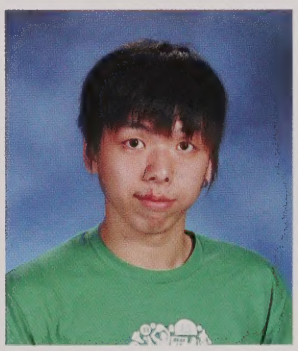


Dominic Lessieur

Timothy Levasseur



Olf Leyinda Mouyaka

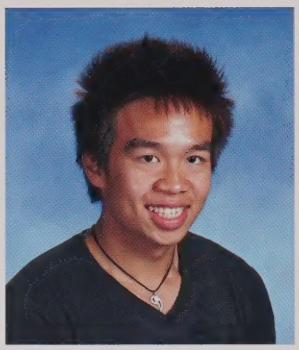


Linxun Lian

Khy Teang Lim
Activities: LHS Wrestling, Tennis, Math League, NHS

Memories: BB w/ Sanities. Tennis CK,BC,MO,CC,ZC. Wrestling w/ JD,DT,CD,TW.MCR w/OC,CC,CT,SC (UNI).Dying in AP Phy w/ PT,VN,SR,TL,EW,KV,TG,AJ,SH,NS,S Y,AM. Bet is till on N.Platt. BBH

Future: Hopefully a programmer for Google



Natasha Lim

Nickname: Tashie The Chosen One

Activities: Field Hockey

Memories: "Let the good times roll, with great people and good vibes." "Keep calm and carry on" Brandons House Round 2, Stay Based

Future: Mrs. Niall Itorah

Odom Lim

Antonio Lobao

Alan Long

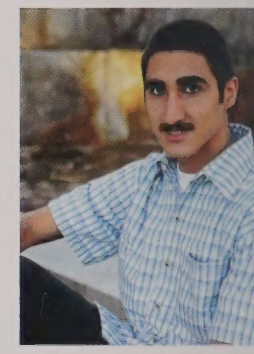
Activities: BPA, ILC, Science club, GSA, anime club, environmental club, OAC

Memories: Selamat Pagi, hurricane Sandy and Irene, no advisory, dragon, Unicorn, Narwhale, giraffe, Lunch 4, wombat

Sabrina Long

Allison Lopes

Kenny Lopes



Abner Lopez

Bella Lopez

Brandon Lor

Jim Loy

Xiao Lu

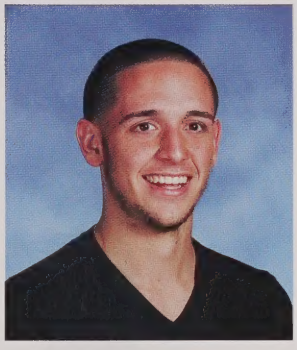
Trisha Luis

Luis Luna

Activities: AFJROTC, Drill Team, Honor Guard, Kitty Hawk

Memories: Drill meets with AR,CE,IP,BD,EB,HNM,GA,LM,JB,EV. Laughing w/ LC,BF,DB. Shout out to Mrs. B! Advisory w/ CL, ED, BD, Mrs. Hall. The thirst is real. LHV 209230

Future: United States Air Force



Samuel Luna

Chifunilo Lungu

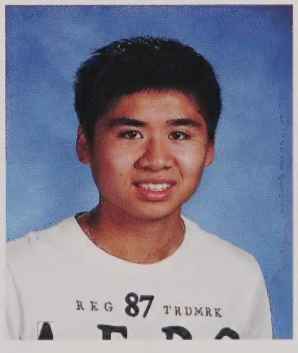
Linda Lutfi

Darith Ly

Activities: Math League

Memories: OAC Hike + Tubing w/ MO CI HS, THG w/ MC CI MO SH BA AL CT, PArty @ MO's Physics w/ DB SC, FrYr w/ TP, Geometry w/ OM

Future: Medical Field



Seophao Ly

Sereyroth Ly

Paige Mackinnon

Christopher Madrid

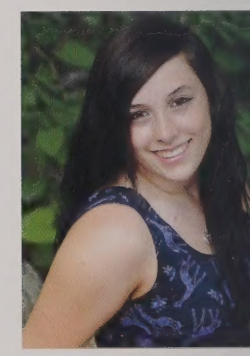
Dinesh Magar

Pramila Magar

Joseph Mahoney

Cassie Maille

Michelle Mailloux



Tabisa Majwega

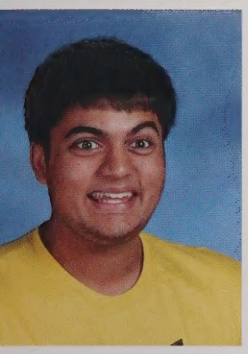
Nickname: Tabs, Tabby

Activities: Environmetal club, ILC, science club, outdoor adventure club

Memories: Hiking trip at Mt Cardigan = crazy day, Harvest, BFFs: SU, LP, GN

Future: Law School

Kylie Makiej



Nitheesh Mallu

Arona Mam

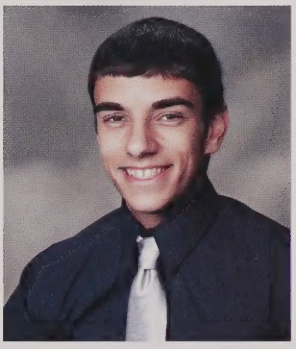
Matthew Mandeville

Katheryn Manning

Anida Mannorind

Yohann Manzueta

Nicholas Maranto



Eusebio Marote

Nickname: Seb

Activities: Varsity soccer, Indoor track, ILC

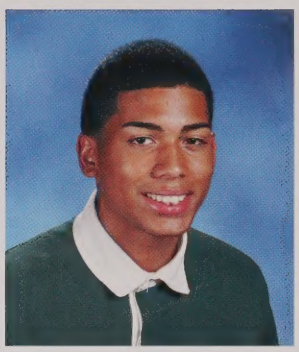
Memories: Varsity captain as a senior, indoor track, sportsmanship award junior year, indoor track, field trip to river for portugese class, lunch 4 sophomore year, bus rides to soccer games, MVC champs 2011, senior year

Future: Attend a 4 year college and get a bachelors degree

Alexis Marquez

Abimalec Martinez

Kevin Martinez



Troy Martinez

Nickname:
LHS Activities:
Memories:
Future:

Angeline Math

Seihla Matos

Nickname: Mama Seihla

Activities: BPA, ILC, StuCo, Headmaster's Advisory Panel, Yearbook, ILC

Memories: Meeting all of the friends that I did and becoming really close with AM and AT

Future: College; Obstetrician

Emily Matusiak

Chorida Mauk

Dario Mazo

Nicholas McArdle

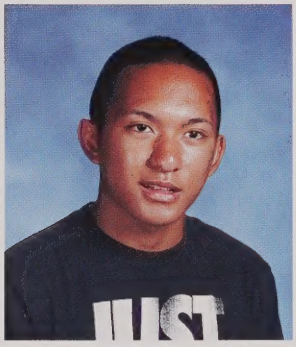
Daniel McAuliffe

Tyler McDaniel

Brendan McHugh

Miranda McIntosh

Sara McNiff

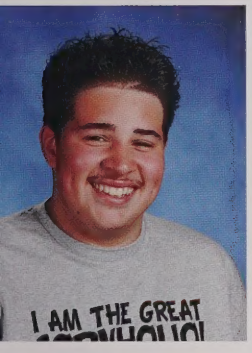


Benny Meas

Mery Meas

Vannyda Meas

Memories: Food, #coffeeaddictprobz, makin that money and saving the world, Friends and family, best of the bests, MP CM VSC AM Tseng 020510 my highschool sweathearts, shout outs to who still has me from the whole beginning. Thanks for the memories.



Ruben Medina

Sara Medina

Dhairya Mehta

Nickname: "Papa Bear"

Activities: Crew

Memories: Made some great friends, Dunkin's and Subway

Future: Computer engineer

Marilyn Melendez

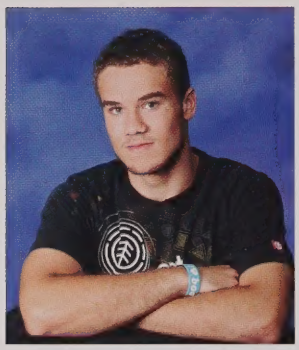
Memories: 1/11/12, Im just glad to be out! PD,SD, CB, MG <3

Future: EGA, US. Army, Hooah!

Jade Mellen

Christopher Meneses

Julian Menezes



Monique Menezes

Activities: Lyceum, Crew, AcDec, The Review, OAC, HSQS

Memories: Italy, AC, JR, BT, SR, CF, VN, KV, TL, AM, calc w/AK, SZ, MO, MA, DB, LLL, Mill Girl

Future: Write a book, and attend Ghiradelli Chocolate Festival

Naly Meng

Rathana Meng

Sunny Meng

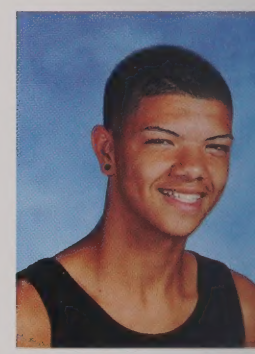
Nickname: "You are my Sunshine"

Activities: Life Skills Program

Memories: Walking with Ms. P in Gym, Girl's Group,

Future: learning new job skills and meeting new friends

Andres Menzies



Yamariz Mercado

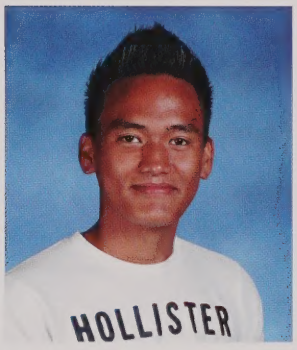
Anna Michelson

Nickname: Anna Banana

Activities: Piano Crew, Latin Lyceum, AFJROTC, NHS

Memories: Trips to Boston, last-minute cramming, light-weight race at regionals, Eggroll Café

Annabelle Min



Aung Min

Killian Minch

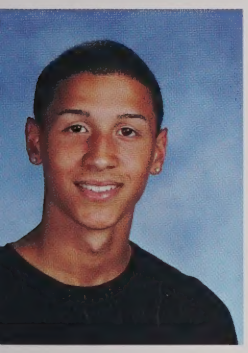
Andrew Mitchell

Vannak Mohammed

Jose Molina

Activities: Latino Connections Club Student Council, International Language Club, XL, Indoor & Outdoor Track, Science Club

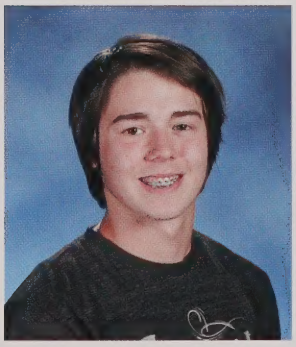
Memories: A&P & Chem, Mcdonalds/ Dunkins, Gym Junior yr, Senior year the easiest & best, HP, EF, RP, AM, DB, MB, TA, MN



Edwin Montanez

Kemberly Montoya

Laindy Montoya



Andrew Morrow

Gerard Moussette

Zachary Mouth

Brittany Murphy

Victor Mwangi

Mbalanda Mwanza

Activities: Soccer, Mock trial, Track and Field, Peer Mediation, Outdoor Adventure Club, ILC

Memories: MN, MW, HP, VM, Maggie's. My party in the summer. Getting $ from drive thru ATM. JC, LL, DO, JD, AO.

Future: Graduate college with a degree in Criminal Justice/ Law.

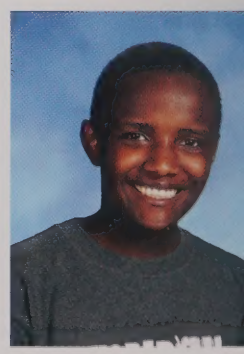
Lydia Nadeau

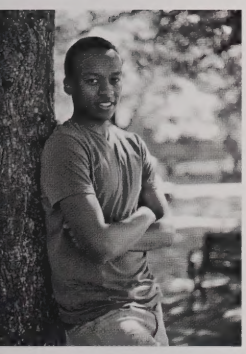
Margaret Nakayima

Hillary Naranjo-Mejia

Kassandra Navarro

Bryan Ndiritu





Kevin Nduati

Nickname: Blackiechan, BK, "Black Kevin"

Activities: Freshman football, Crew, ILC, Science Club, Indian club, NHS

Memories: Mrs. Carey <3 Classes w/ VM,NP,CC,NB,NS,PK,HP,AK,SB,LP,AM ,JN,CR,MM

Future: Doctor

Jonathan Neang

Ginelis Negron

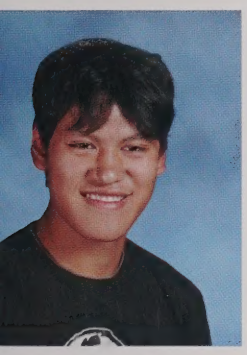
Laura Ngeth

Activities: Outdoor Adventure Club, Science Club

Future: Certified Register Nurse Anesthetist

Vickey Ngo

Angelina-Marie Nguyen



Anthony Nguyen

Jennifer Nguyen

Nickname: Jenni

Memories: Mr. Cooc , Hippo's '09, PN, Tootles, lamchops, DC, CC – Love you guys!

My Viet Nguyen

Andrea Nicholson

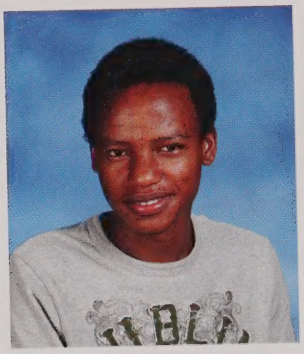
Karines Nieves

Brianna Nil

Alison Njoroge

Godfrey Njuguna

Simon Njuguna

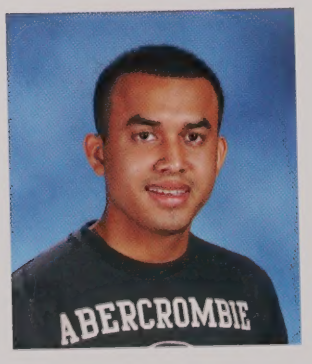


Kaitlyn Noel

Alyssa Nolette

Alyssa Normandie

Rotana Nou



Xavier Nunez

Sampson Nyan

Meaghan O'Beirne

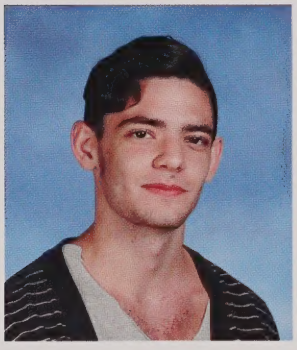
Nickname: Shmeag, merg, meag

Activities: ILC, field hockey, basketball, softball

Memories: CV, 32710, powderpuff, harvest '11, football team, TL,KG,EG,TA,MA,SV,ET; hockey spag suppers, football games, 67, captain, kickoff, tping

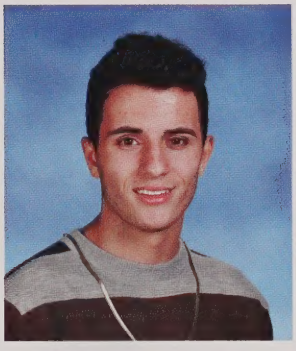
Future: Work with troubled kids

Molly O'Connor

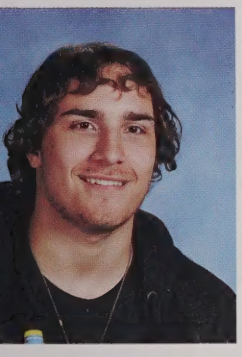


Thomas O'Donnell

Linna O'Hearn



Anthony Olsson



Corey Otero

Yamilka Otero

Mayonet Ou

Manikol Ouk

Monica Ouk

Activities: Crew, OAC, ILC,TRIO, BPA

Memories: Coffee runs w/ Sy. KS, LSY, VSM

Future: Undecided

Sreylis Oum

Jason Ounpraseuth

Michael Owusu

Nickname: Mike, 'Owusu',Kwazu,

Activities: Track (600m & 400m), XC Co-Capt, ILC, NHS

Memories: FB & BB games, track and XC meets, UB trips to PA & DC, everything else that was fun

Future: College,work and live life

Tierica Pang

Nathaly Pantaleon

Nickname: Pants

Activities: Environmental Club, Science Club

Memories: Getting iced coffee every morning at DD, L-Nights at Katie's House

Future: Money, Boys, & Cars!

Paul Paquette

Dillon Parent

Shelagh Parent

Joseph Parisi

Anjali Patel

Activities:ILC, Science League, Math League, NHS, Southeast Asian Club, Crew, StuCo

Memories: Fr Yr Soccer w/ HP, BFF MN, Meeting CK, MO, CT, CC FrYr, AP Psych, Ireland, Date Nights w/ ES French Class

Heer Patel

Hetal Patel

Nickname: Hetty, Snooki

Activities: Math/Science League, South East Asian Club, Crew, Fr Yr Soccer

Memories: Pep-Rally, Cool Crew, Multicultural Show, 10th grade Bio, Advisory, LP KS KN MH JP

Future: Masters in Business + Dance Coreography

Jay Patel

Jaykumar Patel

Lisha Patel

Nickname: Laysha , Lisu, Delisha

Activites: Southeast Asian Club, ILC, Math and science League, NHS, Trio, Yearbook

Memories: Hippos, OM, JN, Cool Crew, AP's, Multicultural Show, HP, KY, Garba, Dance, Pep Rally, Half days, Sushi!, Six Flags, Summer , Cali, Advisory- Bubble!

Nidhiben Patel

Parthkumar Patel

Priya Patel

Memories: Being lazy, Subway, DD SS NP DD AL, movie nights JD 800s VD PP KP PP

Austin Peacock

Jhoan Pena

Blenda Pereira

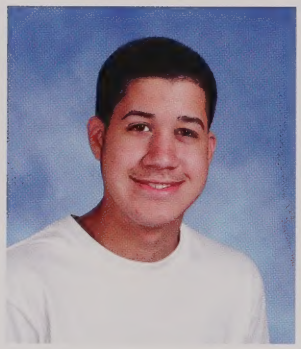
Nickname: Splender Blender, Splendy, Blender

Activities: Crew, ROTC for 4 years, Drill Team, Honor guard, ILC

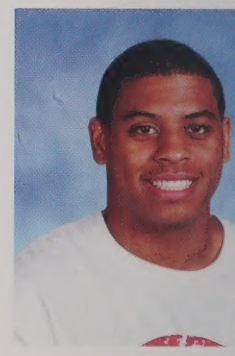
Memories: Summer leadership, interning for Mrs. Moulton, best years with AA, ACB, NS, DH, MD, ROTC, crew

Future: Serving the USA and study criminal justice

Elvis Perez



Jonathan Perez



Nathaniel Perez

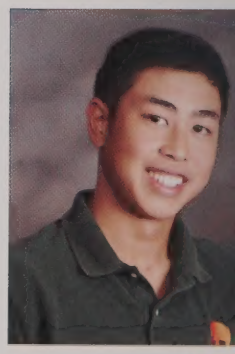
Thao Pham

Panha Roth Phath

Taevy Phauk

Maxwell Phavilay

Cote Phetsomphou



Vicheath Phim

Angela Phommavong

Activities: ILC, Science Club, Lacrosse, Deca Club

Memories: My main girls LSY, VSM, RS, 1D 5ever, Brandon's house round 2, based god and based goddesses' crew

Future: Travel around the world, Study abroad and major in business

Nancy Phommavong

Paul Phon

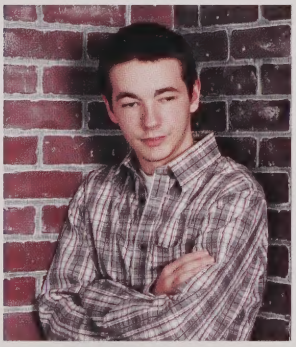
Nickname: Squirrel Boy

Activities: OAC, ILC, Science Club, Chess Club, Indoor Track & Field, Gymnastics

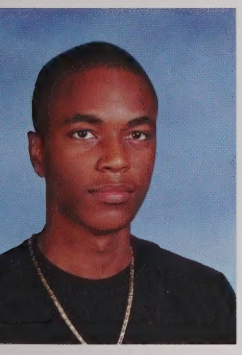
Memories: Brandon's house round 3, G@M on Xbox, thank you basedgod, stay based, whoop whoop smh swag!

Future: College, Engineering

Antony Phoung

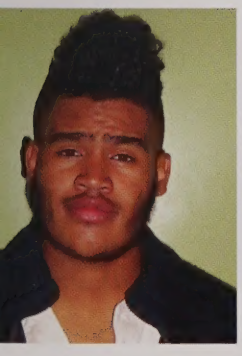


Brian Picanco

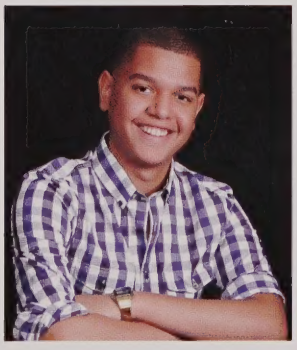


Julendy Pierre

Danelly Pimentel



Joshua Pimentel



Christian Pinero

Nicholas Platt
Nickname: Platt daddy

Activities: Baseball, Southeast Asian club, headmaster's advisory, student council, international language club

Memories: Fearnet, Turnin' it up, reilly Ball, Cashin' out, northeast with big bad, 1920's video, jahbil, chucky b, skeets, limsanity, wacky weirdos, Sundays, mrs.b, OG, Jungle boogie, JD, Bob Marley playlist, RARA

Future: Big things

Antonios Polyzos

Anuch Prak

Osman Promket

Nickname: Osman Goodboy

Activities: Sci. & Math League, Drill, Harvest

Memories: Hippos, O.A.H, BA, ROTC, Chem, Bio, Calc, Hist, Geo, Eng, Intern, Stress!

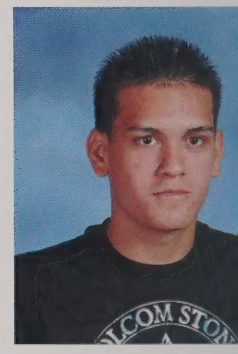
Future: Pure Awesomeness

Idalia Pulsifer

Saudy Polanco-Brito

Elizabeth Poole

Jose Prieto



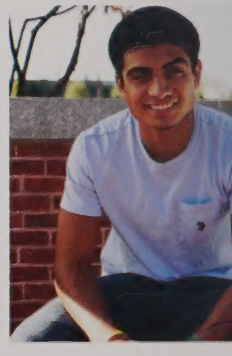
Richard Prou

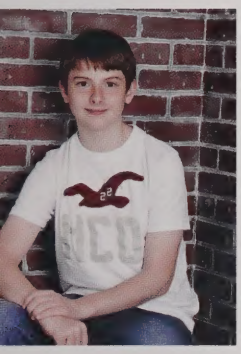
Activities: Chess club, ILC, Trio Ambassadors, Science club, Crew

Memories: Everyone was very shy during the icebreakers on the first day of Lyceum. Winning the 2011-2012 Blitz chess tournament.

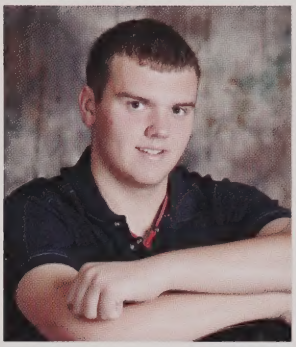
Future: Physician

Brian Quijada





Joshua Quijano



Daniel Rafferty

Ariana Rainone

Juliann Ramirez

Nickname: JuJu

Activities: soccer 4 yrs, ski team freshman year, indoor track sophomore year, lacrosse 4 ys

Memories: LM, GA, ED, LB, DR, SR, BA, KC, PM, AF, #ss, harvest 2010 and 2011, camping, powder puff!, football, basketball, baseball games, prom and beach week, TPing, SPAIN, Lax, WKWHIS, bootmills, dynamic duo (MT, AR), Vesna, My junior girls, dunes

Future: College, job marriage, family

Nelson Ramirez

Cassandra Ramos

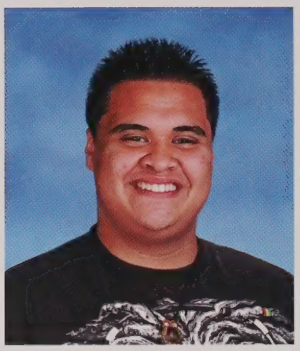
Shan Ramos

Justin Rasakham

Darren Ravy

Sarah Raymond

Manuel Recinos



Carlie Reed

Caroline Reis

Activities: Soccer, Track, Basketball, NHS, ILC, Science Club, Lyceum, Yearbook, Headmaster's Advisory, Student Council

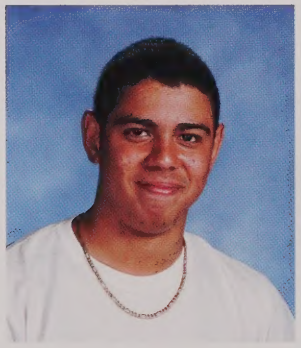
Memories: SR,AC,SF,EB, tickle me doe face, that ain't right, Ireland, Italy, Soccer Capt., library, Hannaford, Blaine, O'Neil

Amanda Ren

Cindy Ren

Maryna Ret

Jonathan Reyes-Mota



Linda Richard

Aliyiah Richards

Nickname: Girafa

Activities: Volleyball, Indoor Track, JROTC, Black Unity Club

Memories: Meeting my fav gal pal CR. Walking to stats w/ ET and JP. High school sweetheart RA. AR reading the Bible at lunch Fr. Yr. BP gave me the nickname Girafa. "sleeping" Good times w/ MW Fr. Yr.

Robert Richards

Nickname: "Bobby"

Activities: Life Skills Program

Memories: dance class, learning new things, karaoke, helping others, and lots of laughs

Future: learning new job skills and meeting new friends

Song Rin

Juan Rios

Timothy Rivard

Cyara Rivera

Sasha Rivera

Lydia Rizzo

Activities: Dance

Memories: Being with my friends, enjoying life, having fun

Future: Pursuing my dream of becoming a veterinarian

Hunter Roberts

James Rocha

Joseph Rocha

Nickname: Toohey

Memories: The Crew w/ TL PT KB JM DR TC AZ, The Flock w/ JC AO PS TO CC HR

Future: Being Len

Christopher Rodriguez

Jaime Rodriguez

Jochelle Rodriguez

Nickname: Yoshi, Shells, Shelly

Activities: ROTC, Drill Team, Honor Guard, Cheerleading, Track

Memories: ROTC Drill Team Nationals, CS, LG, AA, TV, BV, BD, LC, CR, RH, JM, The School Store Cookies, Pep-Rally, Dunkin's before School

Future: US Army

Jose Rodriguez

Juan Rodriguez

Neftali Rodriguez

Nickname: Net

Activities: Football, Outdoor Adventure Club
Memories: Winning while having fun at football. The hike through the Adrew Brooke Trail in the White Mountains

Future: Aviation technician

Shalalys Rodriguez

Sheridan Rogers

Nickname: Sherbear

Activities: Lyceum, Show Choir, STC, MuN, StuCo

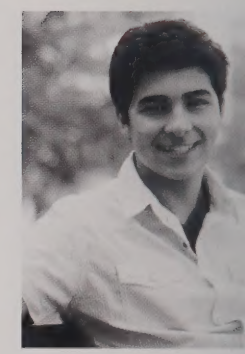
Memories: Dg , Bbs, Italy 2012, LLL, Musicals, L. Pestosidius, Mrs.Webb, Marina, Bioshock, JR, BT, VN, VL, MM, AC

Future:Broadway Obviously

Julian Rojas

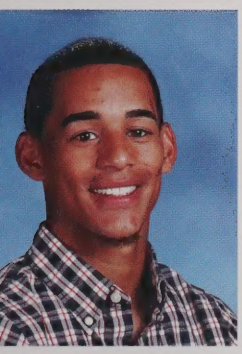
Activities: Class of 2013 VP, OAC Historian, StuCo Secretary, SC Officer, Communications Academy, VP of Leo Club, ILC, Headmaster's Advisory Panel, Crew, Yearbook

Memories: Comm. Class w/ JB HP PE SP ZC BP, Hanging with SR AC BW & ESB KB, BPA Florida with SU, BioShock, Snowboarding w/ AC BW SR HP OAC, teachers Bauer, Smulligan, Eddy, Mac, Pyne



Klaryssa Rosa

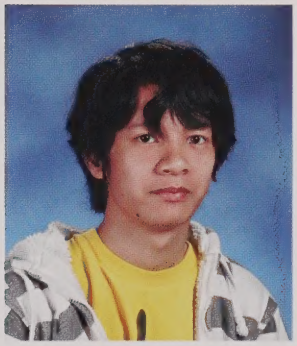
Anna Rosado



Ricardo Rosado

Jaqueen Rosario

Adam Roscoe

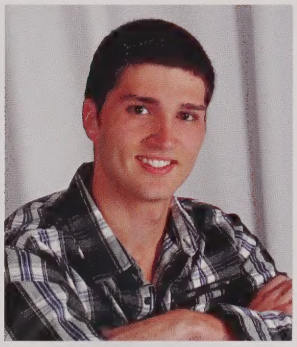


Eric Rumduol

Andrew Ryan

Nickname: Reverend Petey

LHS Activities: Football, Track and Field, Badmitten Club, Gym class Hero! BDB
Memories: SC(Sprinter Crew) EBK 6-16-11, Do what it does funky Friday, reggae Monday, The Clique, CB, BD, TS, AMF,EB, Papi, JP, FUOGFU, My homie Ramos, Getting Rowdy at the ball games, Harvest, Flattops and Fro's, JTD, PSK, HC awooooo



Mark Ryan

Samantha Saba

Ridthee Sak

Natalie Salazar

Avan Salih

Sarah Sam

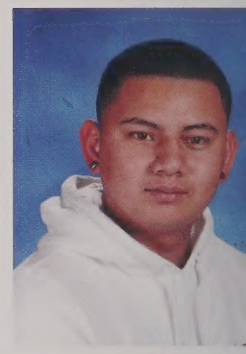
Sodavid Sam

Sorina Sam

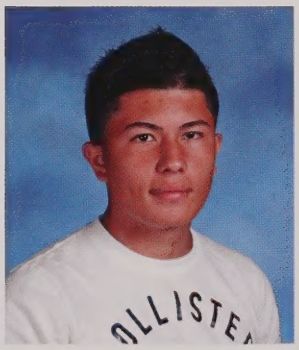
Sophana San

Nickname: Brian

Future: Auto Tech



Juan Sanchez



Tabbata Sanchez

Chantal Santana

Activities: ROTC, track

Memories: Seeing my friends, Pep Rally, Spirit weeks, and my special friends JR, AA, CB, SN, TS, RH

Future: Go to college

Neyleen Santiago

Thalia Santiago

Emmanuel Sanu

Kenneth Sao

LHS Activities: Indoor/outdoor Track

Memories: Gym everyday with NT, AC, TC, The fray concert with LP, Brandons house Rd. 2, May 18th B-day Party

Future: Forever striving to be infinite

Matha Sao

Taylor Savage

Zuleica Schmidt

Steven Seam

Srey Luch Seang

Theodoros Sekayi

Brandon Sem

Nickname: Freshman

AActivities: LCHC Teen Block

Memories: Going to Disney Land

Future: Engineer

Chhorvy Sem

Emily Sem

Nickname: Semily

Activities: Rowing, Academic Decathalon

Memories: Pep Rally before Thanksgiving with SE. A fun day at the regatta and the long workouts. Hangout with SE and AP. Attempt hangouts with CR.

Future: Be Happy!

Boliak Seng

Activities: HOSA, Science Club, Khmer Chapter of ILC, ILC, Environmental Club, OAC

Memories: Carlie Reed, Manikol Ouk, Muy Chang

Future: Pharmacist

Esther Seng

Kimberly Seng

Edith Serrano

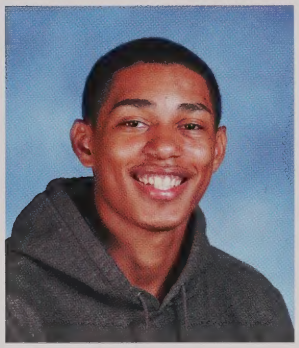
Nickname: Beba

Activities: ROTC

Memories: MS, MW, Coming in late everyday

Future: To go to college and major in Criminal Justice

Diquane Settles



Labiba Shaheed

Nickname: Livin' Labiba Loca

Memories: Latin Lyceum

Future: Doctor

Raya Shandi

Phillip Shea

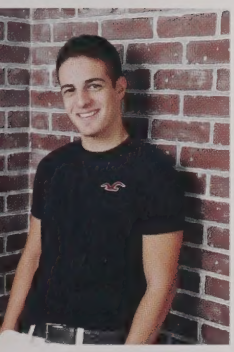
Ryan Shea

Ryan Sheehy

Activities: Fall Crew, Hockey, Crew

Memories: AM, The Hockey Team, Rowing Team, DR, EY, TA, Maine Hockey Trips, Freshmen year CC, TM, MM, CT, LT,HP,JP,TC,SL,CW,EF,BW,BS,KM,FB, CB

Future: Athletic Trainer/Physical Therapist



Flaviano Silva

Nickname: Flav, Frav, Flurv, Flubavo, Flave

Activities: ILC, Science Club, OAC, Crew (V)

Memories: Geometry with Ms.Daly

Future: I'm Going to have one

Kayla Silva

Leah Silva

Nickname: "Leah, Leah Girl"

Activities: Life Skills Program

Memories: Karaoke, Dancing, Halloween, Scaring Mike

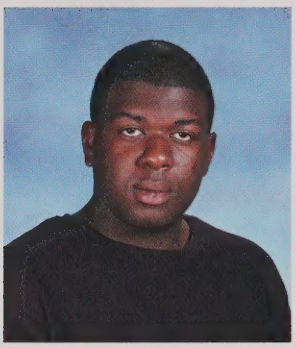
Future: learning new job skills and meeting new friends

Lucas Silveira

Natra Sim

Savana Siqueira

Matthew Skotz



Pharaoh Smalls

Merissa Snead

Vanessa Soeur-Mau

Activities: Tennis

Memories: Brandon's house round 2!, L.S.Y, AP, BG's <3, MO, CS, VP, AW

Future: One day I will open a business and all my friends will work for me (:

Chantrea Sok

Malina Sok

Nysia Sok

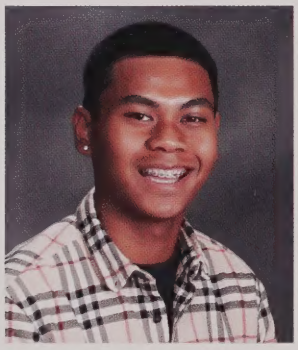
Activities: Hockey, track sprinter, science club, ILC, TRIO, medical Academy

Memories: Jr year pep rally, and making shirts for Sr. picture day laid back times with Emily and Anida, chilling with Sabrina. Going to my first house party and chilling with the Based Gods Goddesses. Best summer BG and AG. LMFAO TYBG for bring me to this world!!

Future:T the best that I can possibly be

Rosina Sok

Sovanarith Sok



Sovanarith Sok

Somawathey Sokhan

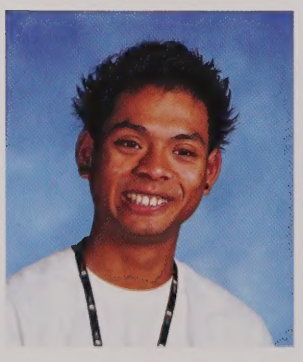
Brandon Som

Nickname: CHEDDABOB

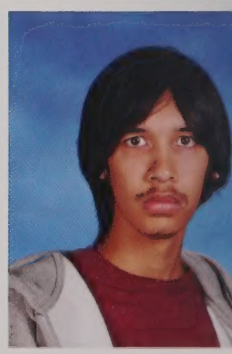
Activities: Volleyball, Science Club, ILC, Gear Up

Memories: I will remember and always miss my great friends that supported me from day one. My Basegods forever!!! Oh, and my House Round 2

Jayavarman Som



Lucas Som-Oeur



Hyun Ju Son

Nickname: Juju

Activities: NHS, Science League, OAC

Memories: Team OAH, Harvest 11-18-11

Future: Medical Examiner or Neurosurgeon

Harsh Soni

Nickname: Sony

Activities: Indian Club, ILC, Track, Football

Memories: PP, NB, PK, KN

Future: Sony Entertainment, Own America

Sinath Sophal

Nickname: Lydia

Activities: Chess Club, ILC

Memories: Laughter and joy from everybody I knew, from freshman year to senior year, we have all been through alot

Manilin Soth

Daniel Soto

Joel Soto

Lileisi Soto

Pengloun Soun

Randy Soun

Suchitra Southivong

Dallis Souza

Jenny Sovanna

Nickname: "Jen-Jen"

Activities: Life Skills Program

Memories: Helping in the classroom, collecting supplies, walking in gym, and greeting others

Future: learning new job skills and meeting new friends

Erin Stack

Keith Stead

Kara Sullivan

Memories: KC, EL , SM, JM, CG, 2011 football with raz, 5678 with erin, LPDC, Loop, food nights with em, Redbull, 2011 Halloween, NYC 2010, Dance competitions, twerk

Future: Dance and College

Kevin Sullivan

Phalkun Sum

Sothearak Sun

Sima Suon

Activities: Varsity Soccer, Basketball, Track & Field

Memories: SH, SV, BR, NB, MM, GC, Powderpuff '11-'12, Cam Smackdown, Lady Panthers, TP-ing, Javelin Relay Champs

Future: Attend college, continue my pursuit of happiness

Nishadh Sutaria

Kwasi Tabi

Kevin Tan

Sivmei Tang

Shyleen Tanhira

Andrew Thach

Laura Thach

Rafal Thaher

Eddina Thammavongsa

Activities: ROTC, indoor track, trio

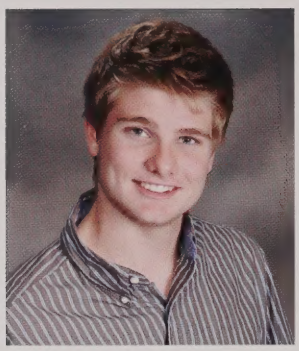
Memories: met some friends, entered the big building , military ball, staff ROTC, SLS, walking to stats, Mrs. Mac, Pep rally, prom, graduation,

Future: to be successful

Prohours Thang

Jillian Thibodeau

Cameron Thistle



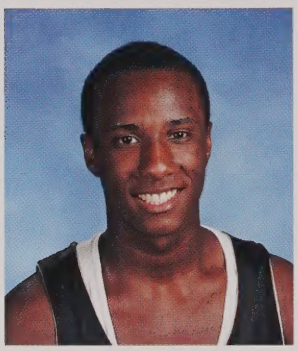
Lauren Thistle

Activities: Rowing, NHS

Memories: The girls, lunch tables, Italy, lifeguarding, chem

Future: $$$

Aaron Thomas



Jenner Thomas

Devon Thompson

Krisna Thou

Memories: Junior year pep rally senior group picture, getting food with MP between classes, the notebook I had with Ly, 102708, inside jokes with all of my friends, the bird call with my friends freshman year.

Bunchhoung Tiv

Chhing Tiv

Activities: Girls swim team, NHS Secretary, Math League, ILC, Trio Ambassador, Book Club

Memories: Spending all four years of high school w/ MO,CI,KL,AP AND CC. Telling corny jokes, staying up to write a decent essay, London/Paris trip

Future: Hopefully happy with life and successful in my career

Amaris Torres

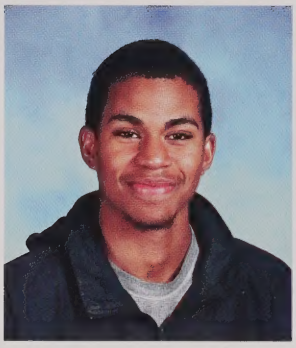
Erica Torres

Activities: Freshman soccer, JV and V Basketball, Track junior year, ILC

Memories: SV, DH, TA, Ah, LG, CA, GA, MO, KS, KB, JF, JP, EY, "so nasty", bubba, AQR, Carvalho's, Mrs.Haley

Future: Join the U.S Coastguard and become a cop

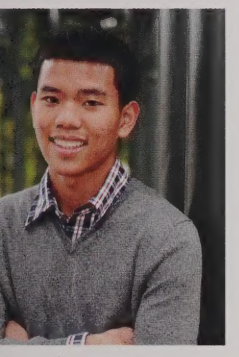
Kacee Torres



Kristopher Torres

David Touch

Ruth Toussaint



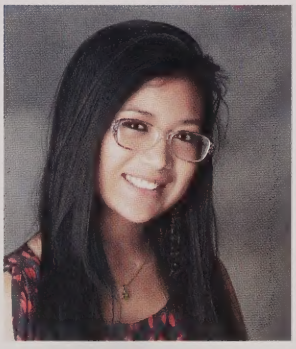
Navid Tov

Nickname: Nahveed

Activities: JV indoor/outdoor track, JV gymnastics, science club, international language club, outdoors adventures club

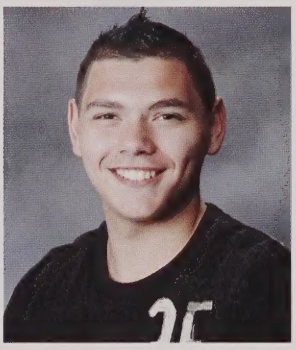
Memories: Playing ball at stok, morning gym sessions, eating cheez-itz everyday, may 26th 2010, being besties w/KS, AC, OC, SC, TC, and CT, working at BK and volunteering AT saints medical

Future: Being the happiest man in the world.



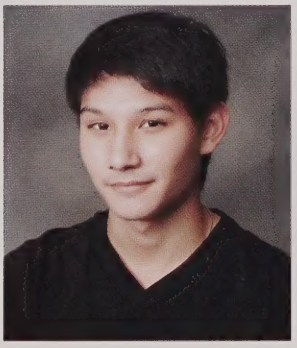
Donna Tran

Xuyen Tran



Matthew Trani

Bryant Tuff



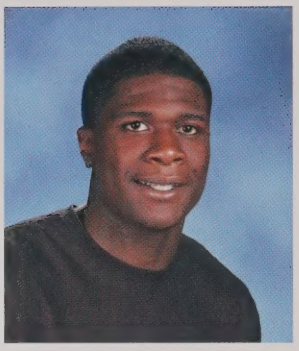
Bryce Tuoth

Hakeem Turay

Nickname: Hakeem The Dream

Activities: Football, Track, Basketball

Memories: River Walk, Basketball, FrYr
Future: Be Rich



Jimmy Tuy

Sokreth Un

Kobunrong Ung

Rinda Uong

Activites: Book club, recycling, science club, ball room

Memories: The laughs, crazy inside jokes, getting coffee in between classes, having a walking buddy to every class, late night drives, girls night out and having the best locker spot for all four years with FCC

Future: To live in the city and settle down in the suburban

Soksambath Uong

Allen

Activities: Outdoor and indoor track

Memories: The best people I ever met, NK, NT, TC, DM, DU, KL, RN, CM, and so many more

Cassandra Uong-Downs

Simova Urbanova

Schnea Urey

Activities: Environmental Club, DECA club, Outdoor Adventure club, ILC, South Asian Club, Science Club

Memories: Walking around in the morning with TM, Talking about relationship issues with GN

Future: Psychiatrist

Callen Vail

Activities: ILC, Football, Basketball, Track

Memories: Vftbl (09'-13'), MO'b, CMB, FH 23 032710, the goat, B-House, Overtimes, K.Os @ Weza's, Weza's Neighbor, AD, Mrs.Haley, NH, JH, TL, JH, AB, CH, KG, EG, JH, JG, BD, Angus, Wellengina, Fitzy's after film, Locker Room Dances

Victoria Valente

Chandany Vann

Karen Vasco

Sydney Vaughn

Jonathan Vazquez

Britny Vega

Tyler Veiga

Angelita Velez

George Vergados

Nathan Verissimo

Katrina Vigeant

Matthew Vigeant

Eleni Villaras

Alexis Walsh

Activities: JFROTC

Memories: SLS, Staff , EA, LY, Mr. Callahan's sociology class

Future: Army National Guard

Brian Walsh

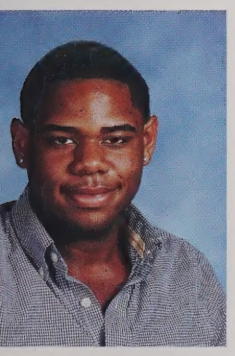
Natalie Wangari

Barnabas Wawery

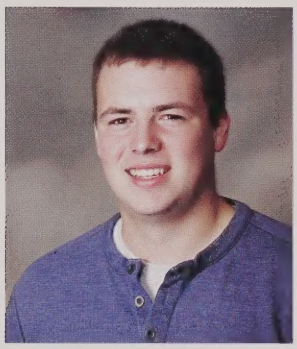
Lauren Wegener-Farr

Ethan Weigold

Heather Welch



Raven Welch



Brendan Wellenstein

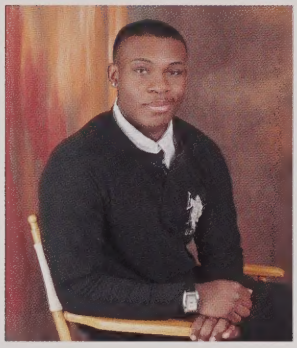
Nickname: Welly

Activities: Football

Memories: Senior Football, Italy 2012, AC, JR, TM, LT, Bubba

Future: College

Michael Weza

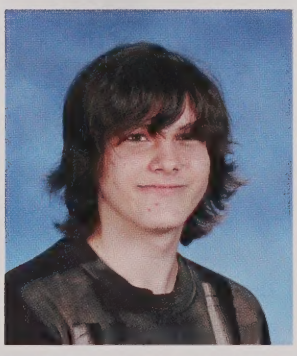


Gackson Wheeler

Patrice White

Shannon White

Mesa Whiting



Navarre Williams

Benjamin Wilson

Nickname: Fresh dough boy, Benny Ben

Activities: Varsity gymnastics 2009-2013, DECA, BPA, Ambassador of Trio

Memories: 2nd Place @ MIAA Gymnastic States, Surviving Hurricane Sandy, Creation and End of Bakery Boys, Senior Pep Rally, Dance battles during Gymnastics Season

Future: USA Gymnastics team

Kayla Wilson

Margaret Wilson

Nickname: Mag-Daddy

LHS Activities: Dance, AFJROTC, ILC

Memories: 17th birthday party. BD SB JO DO MM AO JG SS. my bros AA AI. Mcdonald's w/ tortor

Future: Nursing

Hannah Woodworth

Nickname: Hannahbelle

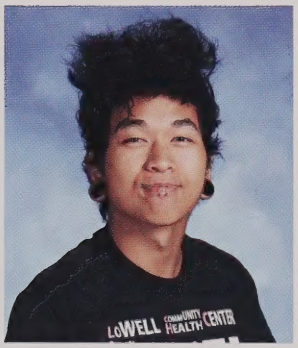
Activities: Varsity volleyball, NHS

Memories: Volleyball w/SH, NH, WI, YAYA, RT, SC, JP, CM, KH, advisory with KY, Wilson, Sy, Med. Term, Clodhoppers w/ Grahmsky, BA, KB, RA, NHS w/ AR, OG, JG, AK, MR.C-laughs with all of the above

Collin Wright

Sarratt Yaing

Tithya Ronin Yaly



Sanerica Yeam

Activities: Dance

Memories: KS, MO, LT, LY, SK, dance girls

Lihou Yean

Musu Yengbeh

Emily Yim

Nickname: Em, Yimstah, Yimmy

Activities: Lacrosse '10

Memories: TT NS AM, physics w/tall Torres. Snapchatting in class, taking pictures in medival law and ethics and bioscience w/ TorTor, Abby, Naysh, Ryan and Mozee!!

Future: getting my PHD in nursing

Adam Yin

Monica Yong

Dynnaro You

Kim-Judy You

Activities: Band, ILC President, Science Club, Southeast Asian Club, Chess Club

Memories: "There's too much potato in my butter." High kick club. Anatomy 2011. Freshman seminar. Psych 2012. Knock out champion. CC,HT,LP,HW,AT,WILSON,CT,AN,WC,OL,SL, Band.

Lilly You

Peach Youf-Pin

Phaula Yun

Alejandro Zea

Camera Shy Seniors

Jacob Abraham
Devon Acevedo-Rossenberger
Fernanda Alanis
Miguel Andino
Daniel Mejia Bedoya
Carlos Bones
Kevin Brito
Shanice Britto
Sandra Bunthy
Jacksirys Castellano
Sean Chace
Angelina Chhay
Alexandria Cintron
Christopher De Leon
Matthew Desroches
Eh Doh
Jacob Donovan
Stephani Fagundes
Sohia Frimpomaa
Milton Gareh
Luis Gomez
Anthony Hernandez
Shauna Kounlabouth
Rachel Lamarche
Ashely Lopez
Sounthone Maokhamphio
Luis Martinez
Muzapharu Mutebi
Rashidah Namutebi
Eric Nhep
Sunda Pao
Maria Perez Cruz
Ratanak Phlang
Rachael Powers
Sovavid Prak
David Rendon-Bustamante
Samantha Riley
Joseph Santiago
Lolyn Segura
Robert Shepard
Mariya Sok
Jeremy St. Peters
Lina Taing
Renata Telles Senra
Tommy Thet-Moeung
Katherine Trow
Sidney Uy
Sothearith Van
Angelica Waterhouse

SENIOR CLASS OFFICERS

Left to right: Sarah Raymond, Alexandria Cote, Julian Rojas, and Mayonet Ou

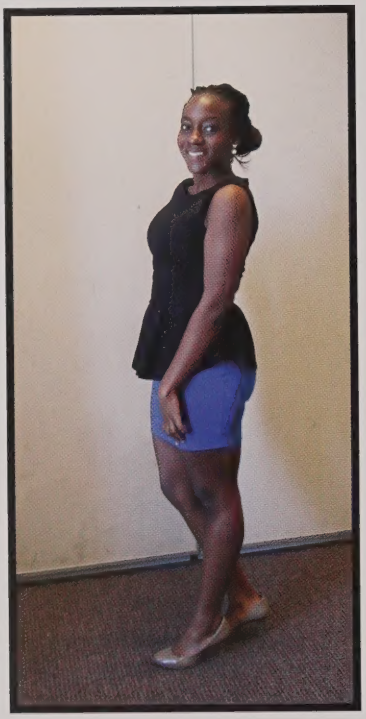
Mayonet Ou
Class of 2013
President

Julian Rojas
Class of 2013
Vice President

Alexandra Cote
Class of 2013
Secretary

Sarah Raymond
Class of 2013
Treasurer

Student Life.....



Lowell High School

LHS PATHWAYS

Hospitality

The mission of the Pathways Programs at LHS is to enable students to develope skills and knowledge through career exploration and project-based learning offered within the program. The Pathway experience contributes to student success, thus building confidence and empowering students to further their education and become contributing members of the global working community.Lowell High School has expanded the range of programs offered to better serve the diverse backgrounds, needs, interests and learning styles of its students. The pathways, small schools within a school, are programs organized around a variety of academic and career themes. A team of professional staff provide guidance and instruction to students in the following career areas:

Communications

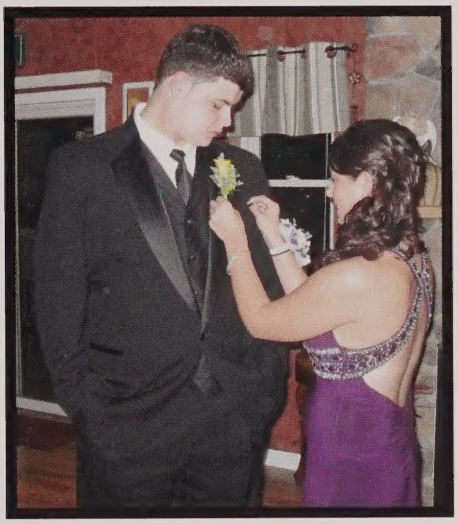
Engineering

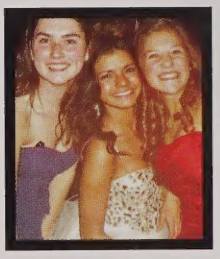
Business & Finance

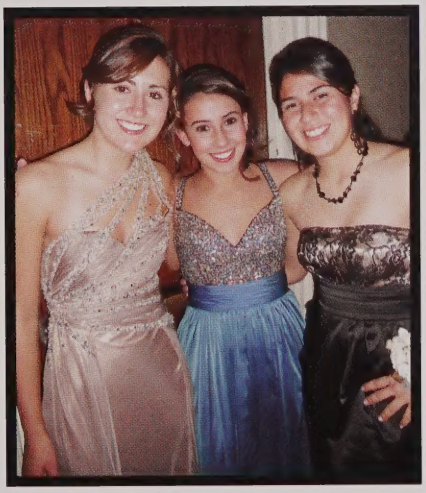
Fine Arts

and many more...

Our Harvest Memories...





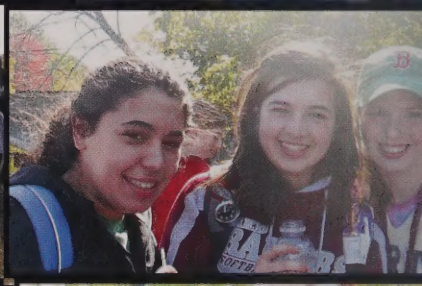


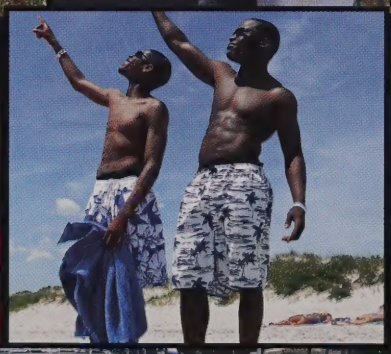
Lowell Latin Lyceum

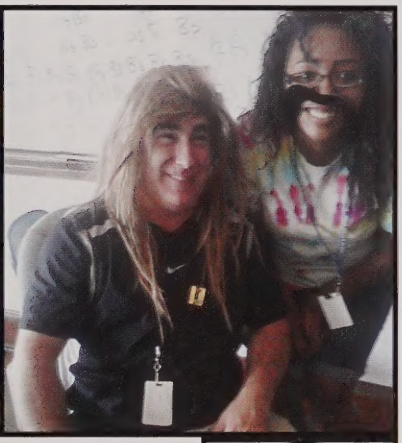
Claritas Dignitas Gravitas

LOWELL LATIN LYCEUM

Established in 1999, the Lowell Latin Lyceum is a rigorous, four-year program within Lowell High School. This highly competitive public exam school challenges students to an intellectually stimulating environment that emphasizes a classical education.







Four Year Members

LOWELL LATIN LYCEUM

Ikenna Adigwe
Ashley Carr
Richard Ducheneau
Cheyenne Fowler
Katie Gilligan
Jacob Greathead
Alex Kasirye
Odom Lim
Sophandara Lao
Brandon Lor
Monique Menezes
Mike Nguyen
Richard Prou
Sheridan Rogers
Keith Stead
Lauren Thistle
Katrina Vigeant
Bridget Burgermeister
Alyssa Christopher
Brandon Fahlberg
Erik Finn
Kristina Graham
Katie Hanson
Sopheaktra Kong
Victoria Larocque
Tony Lobao
Seophao Ly
Anna Michelson
Vickey Ngo
Caroline Reis
Labiba Binte Shaheed
Nishadh Sutaria
Prohours Thang
Brendan Wellenstein

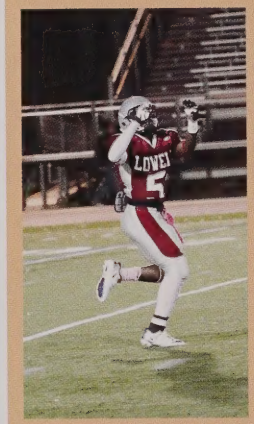
Thank You Teachers

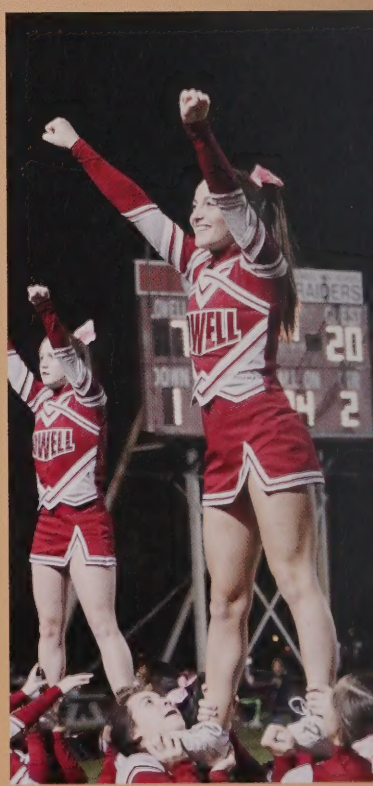
Mr. Daley
Mrs. O'Neil
Mr. Arwe
Mr. Berard
Mr. Reardon
Ms. Goggin
Mrs. Colloca
Mr.Szecskas
Ms.Early

Best Wishes Ms. Goggin!

Thank you for your years of service to the students of the Lyceum! We all hope you enjoy your retirement!

Homecoming Queen Grecia Aybar with Andres Bolivar





Homecoming

The Homecoming Game was a fun-filled event. Students crowded the stands to watch their favorite football team battle it out for champion of the night. School spirit was in the air. The stands cheered along with the marching band, cheerleaders, and ROTC. It was certainly a night we'll all remember.

Homecoming Court

Rachel Kim

Ana Fokas

Jochelle Rodrigeuz

Let it Snow, Let it Snow, Let it Snow

Lowell High School did an extraordinary job at the City of Lights Parade. They showed off many talents. Also involved in this event from LHS were the Marching Band, the Dance Ensemble, the Chearleaders, and the ROTC.

Mr. and Mrs. Clause

We all remember watching Mr. and Mrs. Clause coming out of their float and putting on the lights at City Hall

Snowmen Swag

Thanks to Ms. Sheridan we got (left to right) Takashi, Jaime Rodriguez, Tithya Yary, and Roderick Sim to be our breakdanceing Snowmen.

(top) Alina Marquez, Jada Diaz, eiany Ramirez, Michaela Cox, Kara Danas, Sabrina Larose, Bridget Linane, Zach, (bottom) Elmer Martinez, Abi Martinez, Melanie Patriquin, Victoria Larocque

The City of Lights Parade has been celebrated in the city of Lowell for many years and it will happen for many years to come.

Who doesn't love Lowla? She is our best Lowellian Mascot ever! Always smiling and spreading holiday cheer.

Our Snow Princesses

(Top) Homecoming Queen Grecia Aybar, (left to right) Keiany Ramirez, Amairanys Rodriguez, and Aisha Nieves

Color Guard Rocks On!

(top) Katie Hanson, Tatiana Maldonado, Merissa Snead, Cheyenne Lacoy (bottom) Megan Rivard, Sara Brick

LHS Got Talent

This year a record number of students auditioned for the first round of LHS Got Talent. It's a wonder they were able to narrow 88 acts down to just 21, and an even bigger wonder they were able to pick the 10 finalists!

Behind the scenes: from L to R, Abi Martinez, Victor Mwangi, Victoria Larocque, Elmer Martinez, Michaela Cox, Julian Rojas

Sharitiza Pardo sang her heart out!

Sheridan Rogers made us laugh with her doll routine!

Samone Cobb and Daniela Deny were quite the dynamic duo!

The Movement took the stage by storm!

Jada Diaz, in a word, soulful!

Natasha and Alissa are the perfect partners!

JAM were incredibally cool!

Sister C and her sassy dance moves won third place!

After amazing us with her pipes, Katie Ciccerelli won second place!

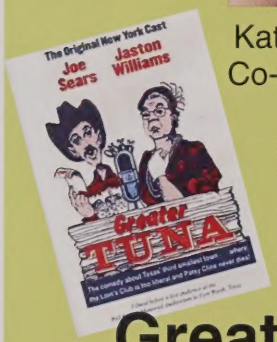
Adam Roscoe moved us all with his powerful spoken word, and took home first place doing so! You go Adam!

Theatre Company

Tony Polyzos
Co-President

Katie Durkin
Co-President

Sheridan Rogers
Secretary



Greater Tuna
Senior Year

(left) Abi Martinez, Victoria Larocq

The Wiz had an enormous cast! It included all types of students from the theatre company, show choir, and dance ensemble.

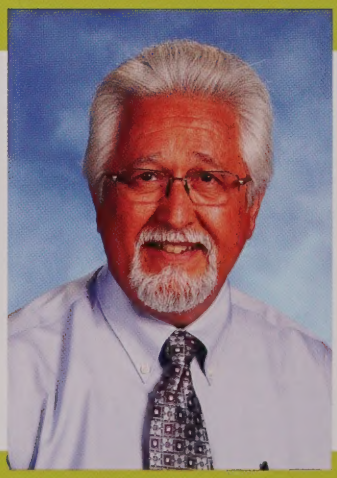
The Wiz!
Freshman Year

Our Town
Sophmore Year

Our Directors

More like our faith bearers. They never gave up on us and always wanted us to have a great show

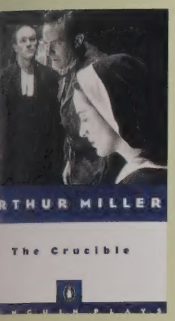
Sharon Bisantz - Director/ Choreographer



Andre Descoteaux - Vocal/Band Director

Rose Bubanas - Choreographer

The Crucible
Junior Year

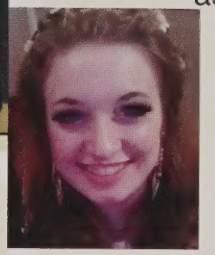


eft to right) Abi artinez, Julian ojas, Victoria rocque, and eridan Rogers.

Once on This Island
Senior Year

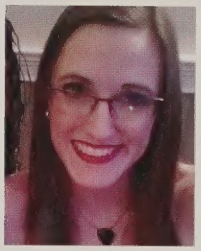
Abi Martinez as Ti Moune

Tim McQuaid as Daniel



Melanie Patriquin as Asaka

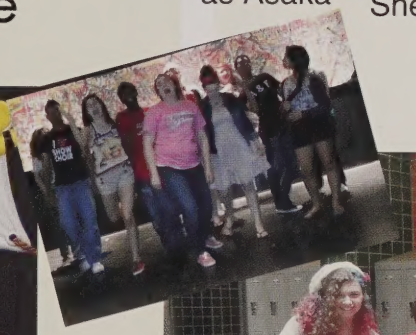
Sheridan Rogers as Agwe



Victoria Larocque as Erzulie

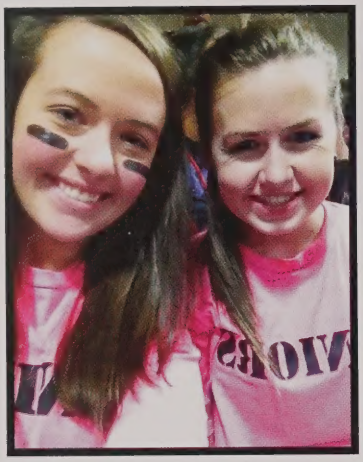
Bryan Ndiritu as Papa Ge

25th Annual Putnam County Spelling Bee
Junior Year

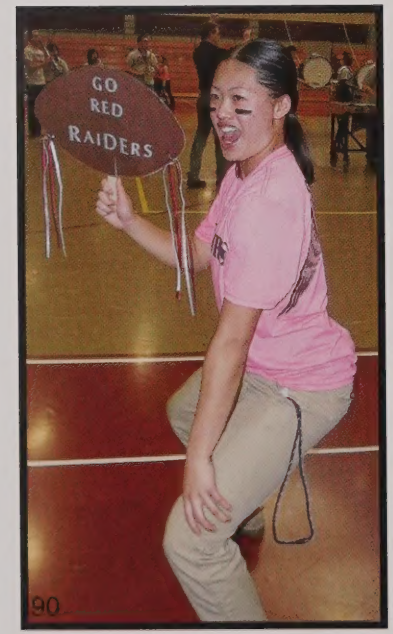


The Music Man
Sophmore year

Powderpuff



FINE
FRESH
F13RCE

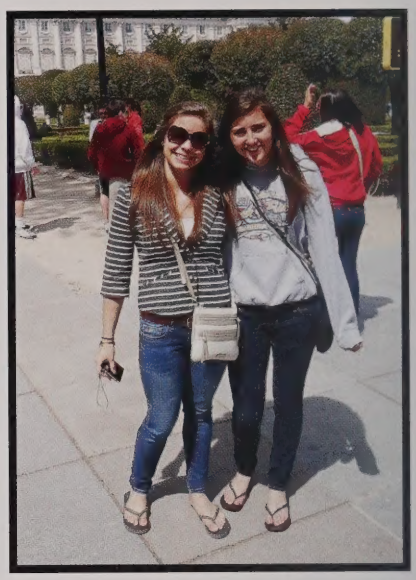


GO
13IG
OR GO
HOME

London and Paris 2012

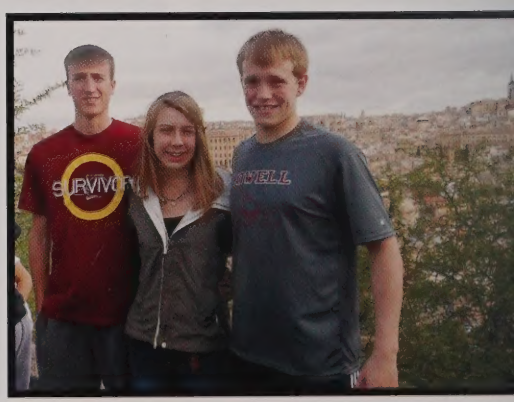
Thank you to Mr. Thornton!

Spain 2012



Muchas
Gracias,
Señor Maia.

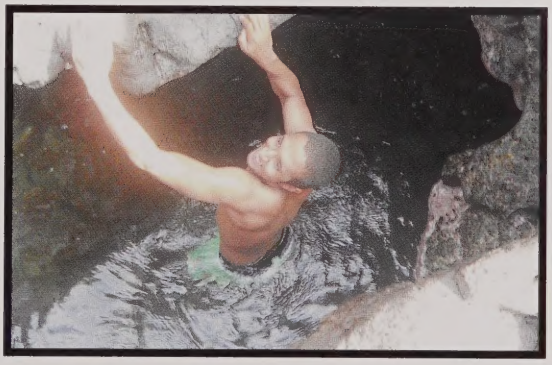
ESPAÑA



Cape Verde 2012

Enjoying a nice lunch with President Jorge Carlos Fonseca.

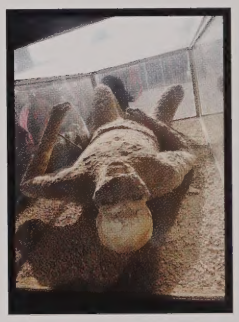
Many thanks to Dr. Carvalho for organizing this trip and taking us to his home country!

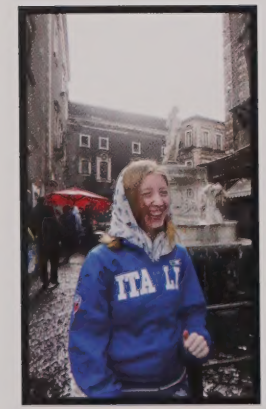


Our tour guide, Yannick, taking us into the underground cave!

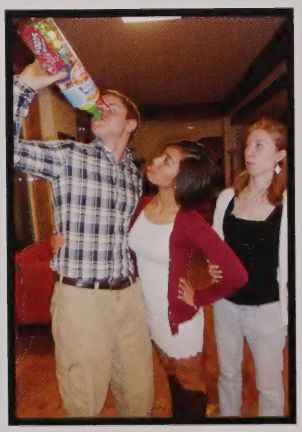
Italy 2012

Lots of thanks to
Mr.Arwe, Mrs.Arwe and
Mrs.O'Neil!





Andiamo!



Ireland 2013

pterodactyl

Thanks to Mr. Thornton
nd Ms. Keefe for a week
we will never forget.

I Don't Care! I Love It!

Lowell High School Communications

The Lowell High School Communications Academy is an academy at Lowell High School offering students classes specializing in TV Production, Sound Productio Photography, and Graphic Design. This is the final year of the Academies and they will soon become known as Pathways.This Academy is responsible for producing ar televising numerous City and Schoolwide events.

Left to right: Jen Bauer, Haylee Perrin, Shaleigh Parent, Paula Em, Jeremy Hall, Julian Rojas, Zachary Cousineau, and Bradford Polak

Left to right: Paula Em, Jason Angelica Molligi, Brian Wilkins, Julian Rojas, Sean O'Connor, Jessica Houn, Joshua Peters, Diana and Kaley Fraize.

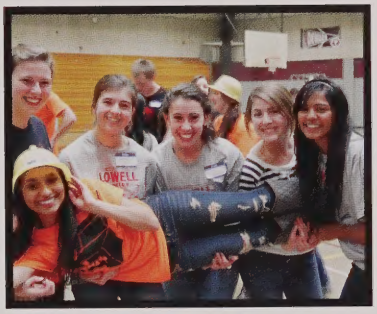
-Jason getting ready for Talent Show Sound Check

-Julian Rojas filming "Blood Money", which has been nominated at several Festivals!

-Senior, Zachary Cousineau editing one of PSA works, to advocate a healthy lifestyle for students.

This year, the LHS Comm team shot
-Homecoming
-Thanksgiving Day Game
-The Winter Concert
-DanceEmotion Concert
-The Annual St.Patrick's Day Breakfast
-The Talent Show
-And are hosting the first ever Merrimac Valley Film Festival!

Student Activities.....



Lowell High School

BPA

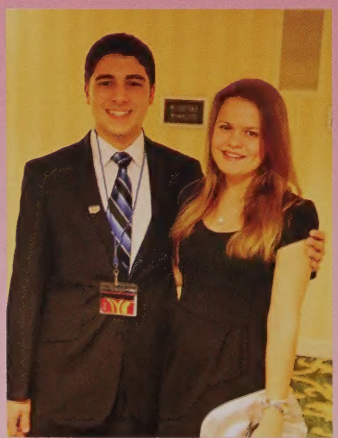
Business Professionals of America

2013 State Leadership Conference Attendees
March 2-4, Sheraton Framingham, MA

Provided with two of the best advisors Lowell High School has to offer, Jill Mcnamara and Paul Weir aided students in learning and practicing modern business at the 2013 States competition.

Juniors, Rita Bagala and Melissa Graham doing important business research using modern technology before their events on March 2nd, 2013

Rafal Tinaher at the Fall Leadership Conference for BPA in 2012



Seniors, Julian Rojas and Simonka Urbanova just before competion at States

Simonka Urbanova, Amanda Rosa, and Pavina Sengvongchanh attending the Lowell High School Induction Ceremony for BPA

WINDY CITY
Gathered at NLC in Chicago, Katie Coolong, Anjali Patel, Cathy Huynh, Gechlang Chhim, Kennedy Chea, Lilo Altali & Mikey Doung attend the Torch Ambassado Leadership Reception. Katie, Cathy & Lilo earned their Ambassador Torch Pin.

Service To The Community

In October, members Isabel Silva & Igor Carnerio organize orange Unity Day pins to recognize Anti-Bullying Month.

BPA members volunteering at the annual christma fair in cafeteria of the Immaculate Conception School in Lowell Massachusetts. (L-R) Julian Rojas, Carly Reed, Jennie Casey, & Pavina Sengvongchanh

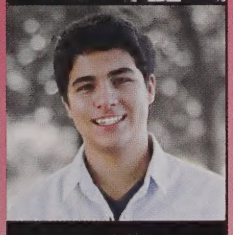
The Lowell chapter helped to raise hundreds of dollars in October for the UNICEF through the month of October. Here you can multiple students, and the BPA advisor, Mrs.Mac all dressed up and fundraising!

The BPA Officers

Mikey Duong
2012-2013 LHS BPA
President

Simonka Urbanova
2012-2013 LHS BPA
Vice President

Sisowath Chea
2012-2013 LHS BPA
Secretary



Julian Rojas
2012-2013 LHS BPA
Historian

Pavina Sengvongchanh
2012-2013 LHS BPA
Parliamentarian

Donna Tran
2012-2013 LHS BPA
Treasurer

Fall Leadership

Finishing up the day at 2012 Fall Leadership at Clark University: Simona Urbanova, Alex Prak, Derek Doung, Joe Paquette, Ariana Rainone, Nidhiben Patel, Priya Patel, and Rafal Tinaher sport their business best attire.

2011 FLC: Sporting their 2013 pride: Merissa Snead, Alison Njoroge, Amanda Ken, and Monica Ouk enjoy the business meeting luncheon at the 2011 Fall Leadership Conference.

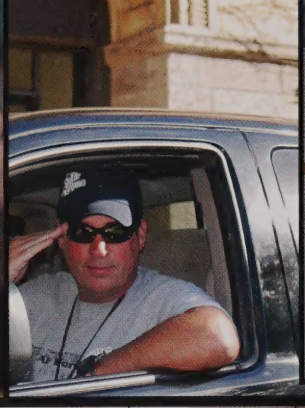
Band and Color Guard

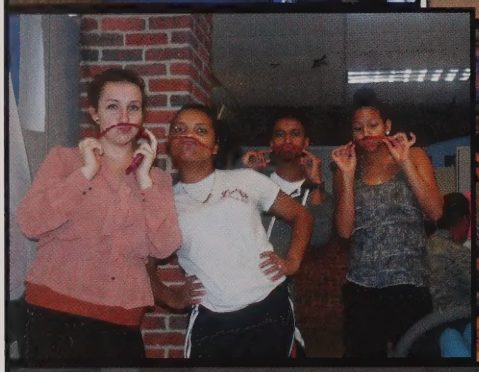
Winter Guard

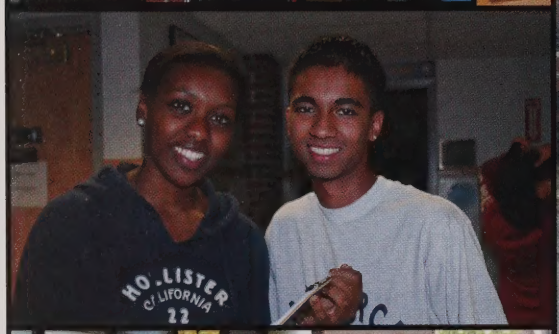
the Winter Guard wows the crowd as they perform their "Rosie the Riveter" set!

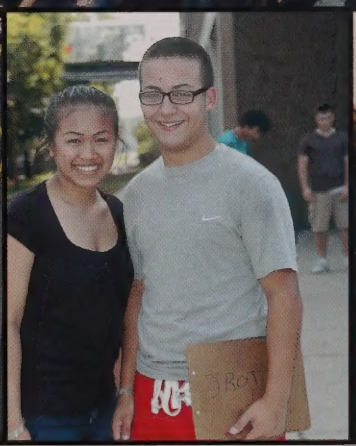
Seniors: L to R, back: Rachel Kim, Alyssa Normandie, Kim You, Sophandara Lao, Odom Lim, Jillian Kuzlotsky, Courtney Carnevale, Andrea Nicholson, Connor Coleman
L to R, front: Merissa Snead, Katie Hanson, Chloe Harrington

Seniors: Katie Hanson, Merissa Snead, and Brittany Bernardini









OUR ROTC FAMILY

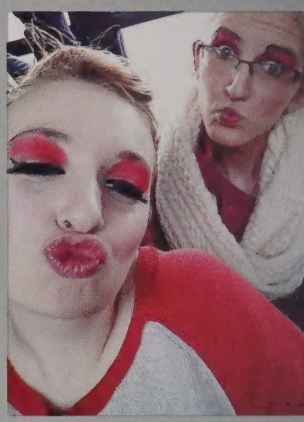
DRILLTEAM AND HONOR GUARD

Junior ROTC ceremony. Remembering The Heros of 9/11, at LHS Memorial Garden. SUN/David H. Brow.

"A Sucessful Team Beats With One Heart"

Sound Impressions

Under the direction of Andy Descoteaux ('66), with choreographer Colleen McCabe ('02), The Sound Impressions Show Choir was able to have a fun filled and succesful year!

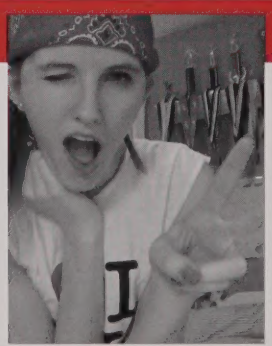


Our Competition Season

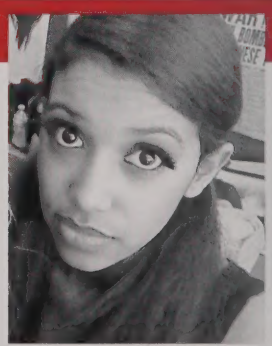
***Central Massachusetts Show Choir Festival*: A Silver Medal!**
***Eastern Massachusetts Show Choir Festival*: A Silver Medal**
***Eastern Show Choir Festival:* A Bronze Medal! 8th Place**

Lexi Blais
4 years

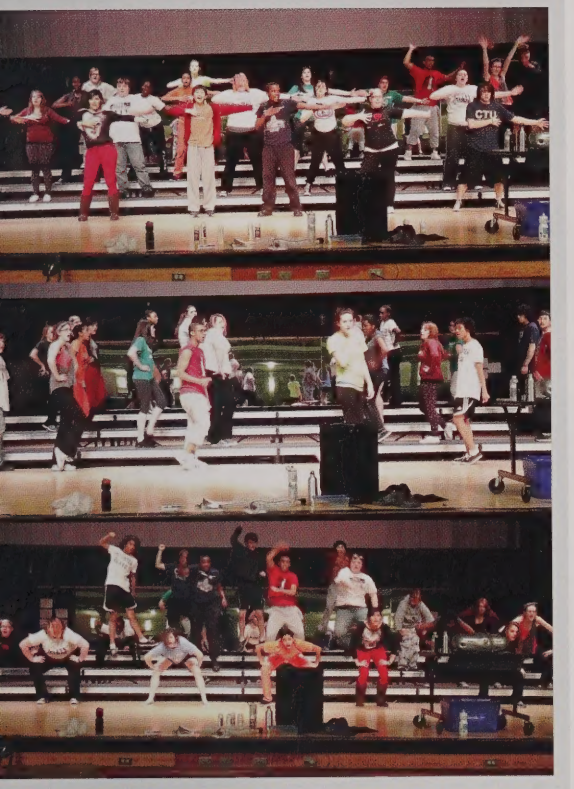
Sarah Gordon
4 years



Victoria Larocque
3 years, Soprano
Vocal Captain



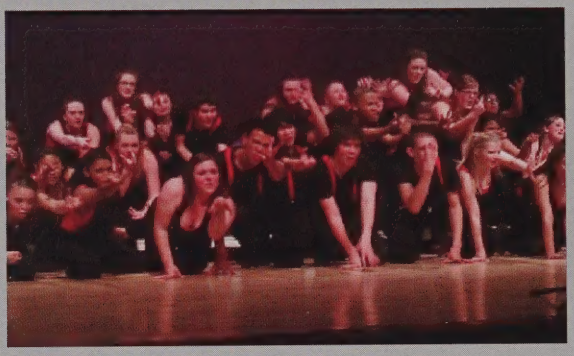
Abi Martinez
3 years, Dance
Captain



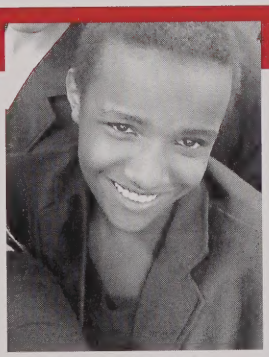
Working Hard!

One Big Family

Remember When?



Margaret Nakayima
1 year

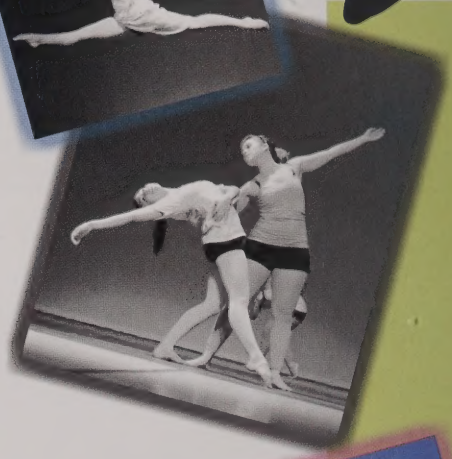


Bryan Ndiritu
4 years, Male Vocal Captain

Sheridan Rogers
4 years, Student Director

Seniors 2013

Dance Ensemble!



Seniors '13

Natasha Ayala
Brittany Bernardini
Alissa Joseph
Michelle Mailloux
Ginelis Negron
Linna O'Hearn
Jaime Rodriguez
Tithya Yary

Rose Bubanas
Choreographer

LOWELL HIGH SCHOOL

DECA™

DISTRICT COMPETITION
-R Front) T. Polyzos, D. An, K. Taenkaew, H. Patel, E. Branch,
Ramos, G. Cordero, J. Rodriguez, P. Youf-Pin, J. Ounpraseuth

THE DISTRICT WINNERS
S.Urey, E.Branch, A.Karabatsos, T.Plyzos,
J.Cole, K.Frassica, K.Stead

At State Competition
D. An, T. Polyzos, A. Karabatsos,
R. Ramos, J. Rodriguez, K. Stead

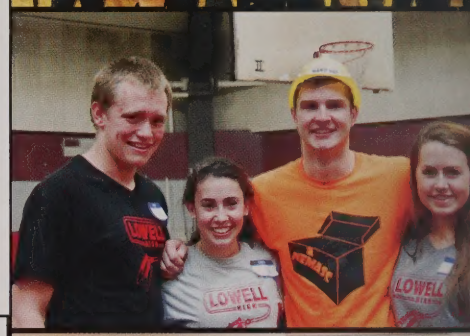
State Competition at the Copley Hotel
R. Ramos, T. Polyzos, D. An, A. Karabatsos, J. Cole, G.Cordero,
K.Stead, K. Frassica, S. Urey, J. Rodriguez

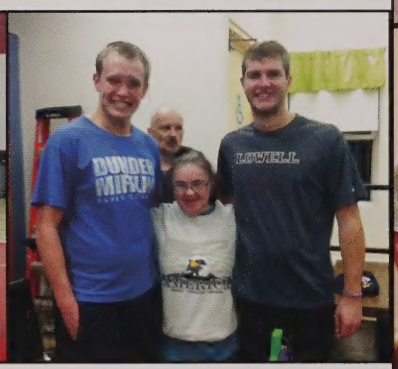
DECA™ STATES!

District Competition, Our DECA Accountants
K. Ayotte, J.Cole, P. Taenkaew, H. Patel

Student Council

President: Erik Finn
Vice President: Sean Glasheen
Secretary: Julian Rojas
SADD: Cleveish Bogle
Fundraising: Sovatthya Hi
Volunteering: Eirian Siegal-Botti
Publicity: Anjali Patel
Teacher Appreciation: Kaley Bachelder
NEMASC Delegates: Meghan McAnespie
Heer Patel
Advisor: Tom Thornton

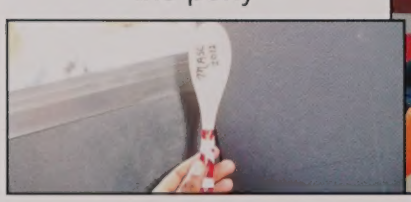
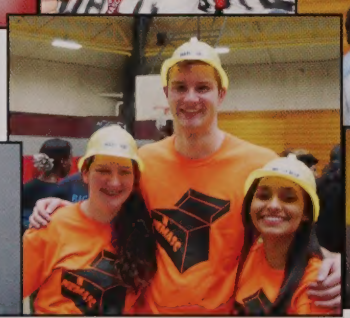
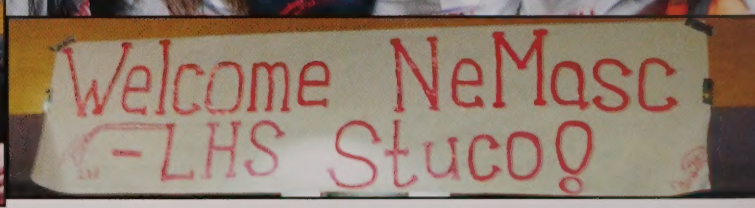




Stuco members at NEMASC Fall conference held at LHS

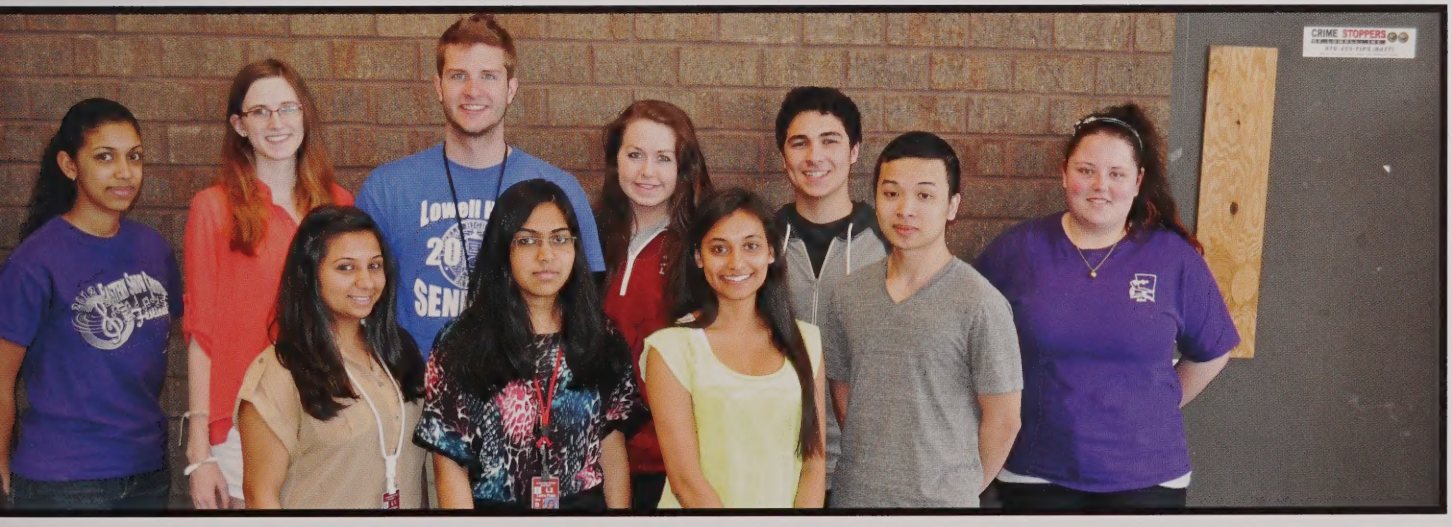
Stuco volunteers @ RARA

Recovering from riding the pony

Editor-in-Chief: Lauren Farr
Staff: Julian Rojas
Siobhan Francoeur
Caroline Reis
Erik Finn
Heer Patel
Victoria Laroque
Abby Martinez
Hetal Patel
Brandon Fahlberg
Elizabeth Branch
Andres Bolivar
Alyssa Nolette
Grecia Aybar
Cheangkea Leng
Cassie Maille
Alex Kasirye
Advisor: Mrs Ann Northrup

YEARBOOK

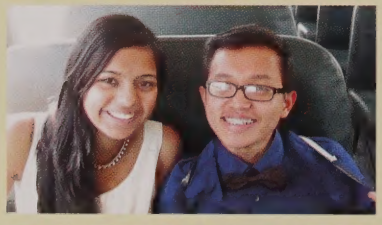


National Honor Society

Left to Right: Vickey Ngo, Andriana Kanellos, Chheangkea Ieng, Sovatthya Hi, Margaret Nakayima, Chhing Tiv

Advisor: Mrs. Donahue
President: Chheangkea Ieng
VP of Membership: Margaret Nakayima
VP of Fundraising: Sovatthya Hi
Treasurer: Andriana Kanellos
Secretaries: Chhing Tiv, Vickey Ngo

Scholarship. Service. Leadership. Character.



Bryanna Allison, Brandon Am, Anuj Amin, Grace Ashworth, Peter Balas, Brittany Bernardini, Konstantina Booras, Denise Brito, Bridget Burgermeister, Emily Byrne, Courtney Carnevale, Ashley Carr, Sarah Cassella, Brennan Cassidy, Muy Chang, Oudom Chea, Samantha Chea, Kimhim Chhay, Chhayheng Chhoeu, Alyssa Christopher, Alexandria Cote, Zachary Cousineau, Kevin Djatcha, Kate Durkin, Cristina Echavarria, Brandon Fahlberg, Erik Finn, Cheynne Fowler, Siobhan Francoeur, Beth Garavanian, Samantha Gauthier, Katherine Gilligan, Sean Glasheen, Jessica Graham, Tinashe Gutu, Lynasy Heng, Sovatthya Hi, Pisey Hok, Chheangkea Ieng, Kabagambe Jjangu, Andriana Kanellos, Kevin King, Piotr Kolodziej, Sopheaktra Kong, Sreypoch Kong, David Kubai, Sophandara Lao, Cameron Latta, Sotheany Leap, Linxun Lian, Khy Teang Lim, Odom Lim, Antonio Lobao, Alan Long, Brandon Lor, Darith Ly, Paige MacKinnon, Michelle Mailloux, Brendan McHugh, Monique Menezes, Rathana Meng, Anna Michelson, Aung Min, Osman Mohiuddin, Brittany Murphy, Margaret Nakayima, Hillary Naranjo-Mejia, Kevin Nduati, Vickey Ngo, Angelina-Marie Nguyen, Jennifer Nguyen, My Viet Nguyen, Alyssa Nolette, Alyssa Normandie, Mayonet Ou, Michae l Owusu, Nathaly Pantaleon, Anjali Patel, Heer Patel, Lisha Patel, Parthkumar Patel, Nicholas Platt, Elizabeth Poole, Richard Prou, Idalia Pulsifer, Sarah Raymond, Carlie Reed, Caroline Reis, Sheridan Rogers, Anna Rosado, Kenneth Sao, Emily Sem, Bollak Seng, Raya Shandi, Hyun Ju Son, Manilin Soth, Nishadh Sutaria, Prohours Thang, Lauren Thistle, Bunchhoung Tiv, Chhing Tiv, Xuyen Tran, Sokreth Un, Victoria Valente, Katrina Vigeant, Brendan Wellenstein, Shannon White, Hannah Woodworth, Sarratt Yaing, Sanerica Yeam, Kim-Judy You

Outdoor Adventure Club

└Multiple members of the OAC attended the winter trip to Noble View Lodge in Russel MA on February Vacation in 2013

└Chheangkea Ieng, Muy Chang, and Hyunju Son enjoying a morning hike in Russel MA

└President, Mayo Ou taking a break after a long hike using snowshoes

└Members of the OAC on a canoe trip in October 2012 along the Ipswich river

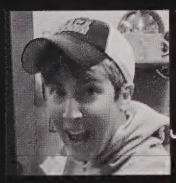
└ Monique Menezes about to snowboard down Pat's Peak

└Historian, Julian Rojas, fellow hiker, Haylee Perrin, and others attempting to summit Monadnock in NH on September 30, 2013.

What is the Outdoor Adventure Club?

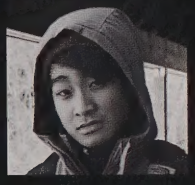
The Outdoor Adventure Club, or OAC for short, is a club at Lowell High school that allows them to experience things that typical inner-city High School students are not commonly exposed to. Activities the OAC do include kyaking, hiking, canoeing, skiing, snowshoeing, snowboarding, and even ice skating.

OAC Advisors



<Jen Bauer
&
Jenn Smulligan>

Senior OAC Officers

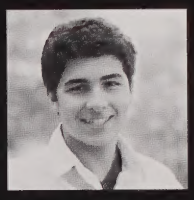


Mayonet OU
President

Manikol Ouk
Vice-President

Hyunju Son
Treasurer

Brendan Mcugh
Secretary

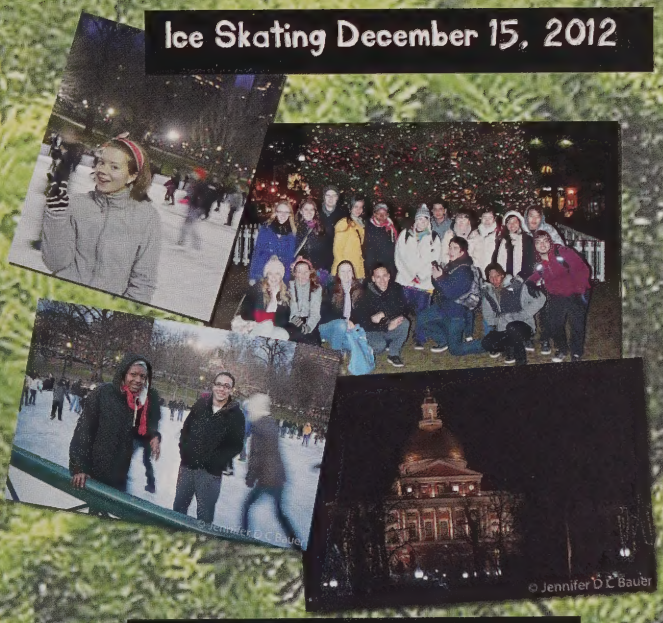


Julian Rojas
Historian

Brendan
Wellenstein
Gear Manager

Snowboarding March 8, 2013

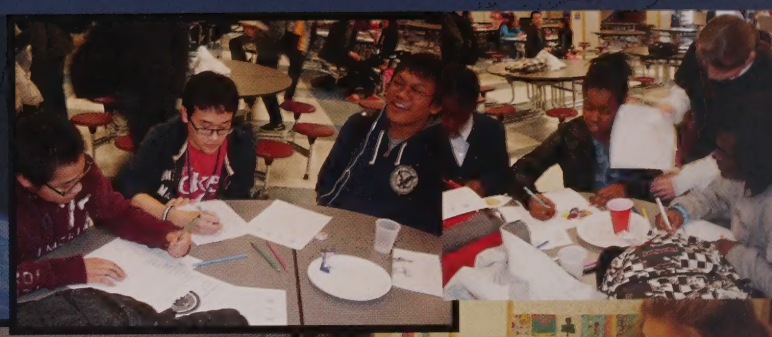
Ice Skating December 15, 2012

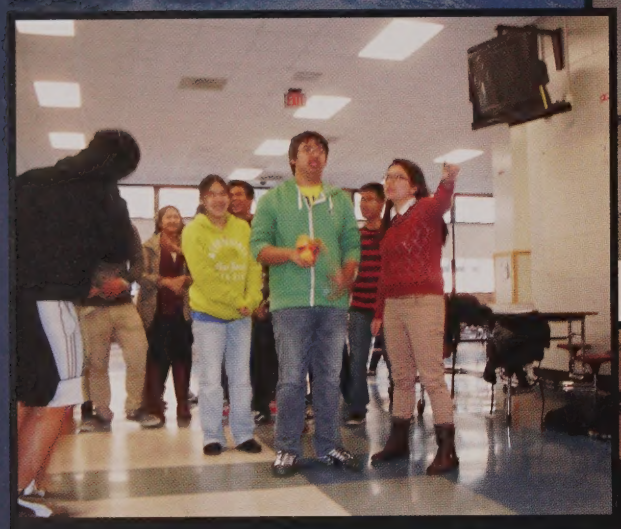


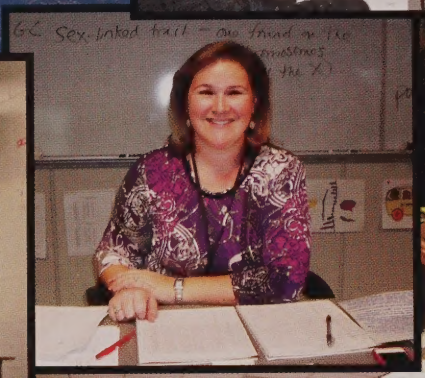
Hiking September 30, 2013

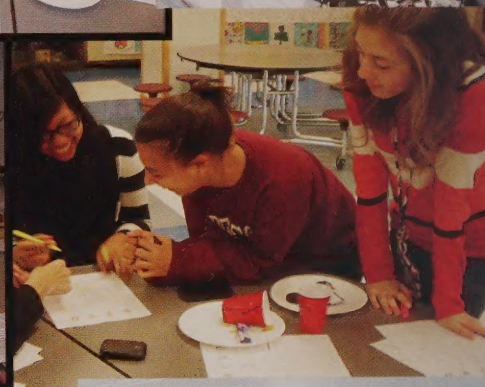
Canoeing October 13, 2012

SCIENCE CLUB. SCIENCE LEAGUE.

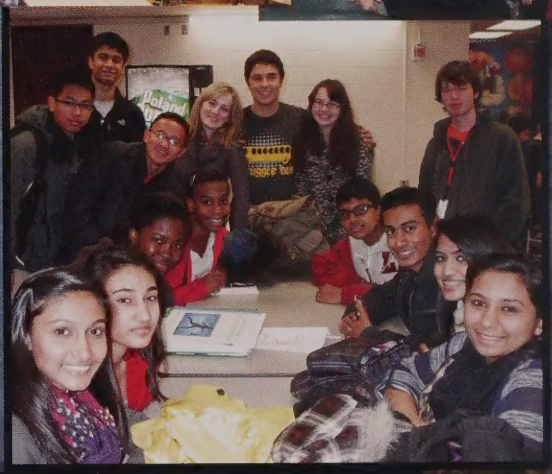






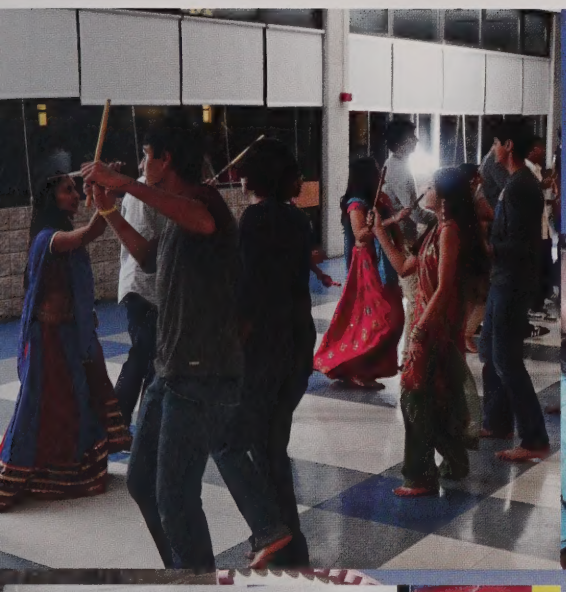


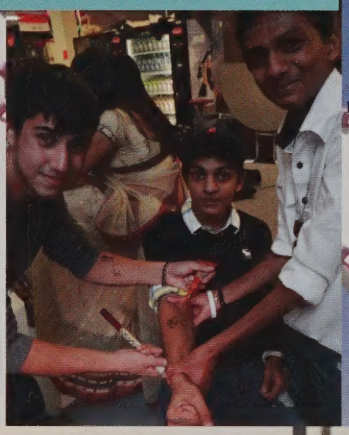
Science Club is one of the largest clubs in LHS. Many students are involved and do hands on activities. Science League is when students go to other schools to compete. Science League is part of Science Club as well.

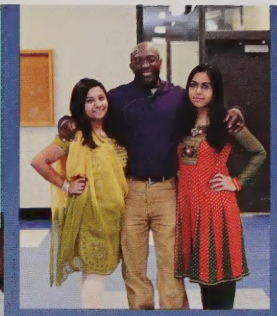


Officers: Julian Rojas, Sovattya Hi, Anjlai Patel, Eirian Siegal-Botti.
Science League captain: Anjali Patel (middle) Hetal Patel (right)

South East Asian Club*



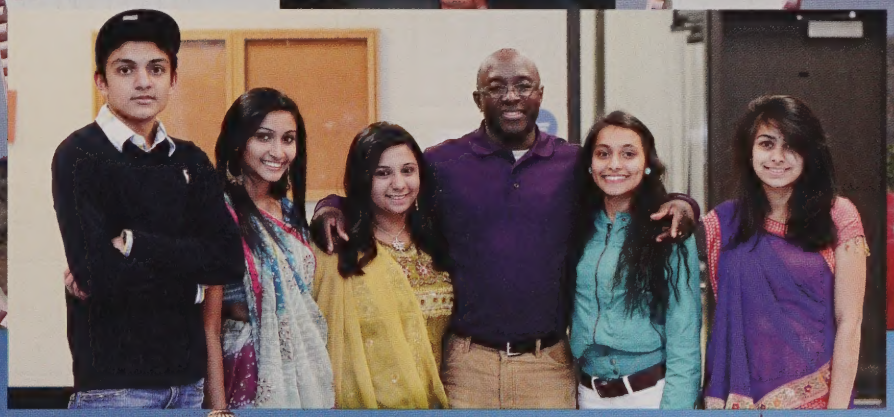




Hetal Patel, Mr. Currie, Lisha Patel

Saajan Patel, Dhara Desai and Nidhi Patel doing Sanedo

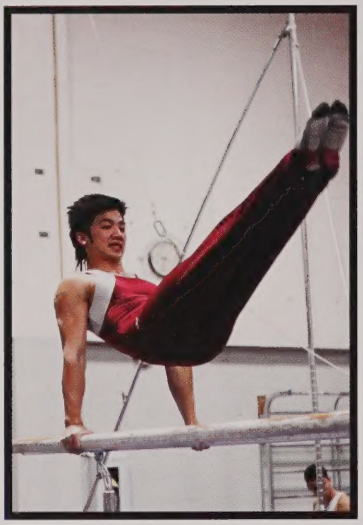
Saajan Patel (left, President of utheast Asian Club '09-'10, LHS arba DJ '12-'13) talking to Hetal Patel (right, President '12-'13)

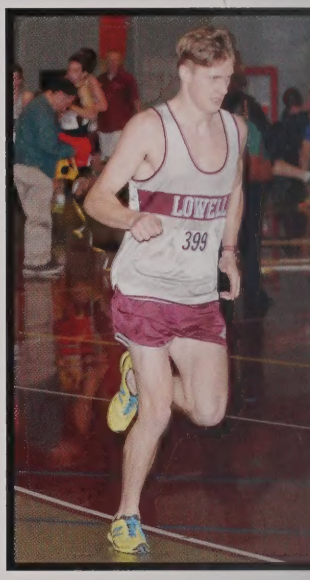


The E-Board of South East Asian Club 2012- 2013! From left to right: Shreyansh Patel (Co-President), Nidhi Patel (Treasurer), Hetal Patel (President), Mr. Currie (Club Advisor), Heer Patel (Secretary), Priya Patel (Publicity Coordinator), and Parth Patel (Vice President) who is not in the picture.

The Southeast Asian Club is one of the most active and largest clubs at Lowell High School! It consists of more than 60 members and is supervised by Mr. Currie. The South-east Asian club celebrates, honors, contributes and takes pride in the cultures and traditions of the Asian holidays and events. This club is inclusive and extremely fun.

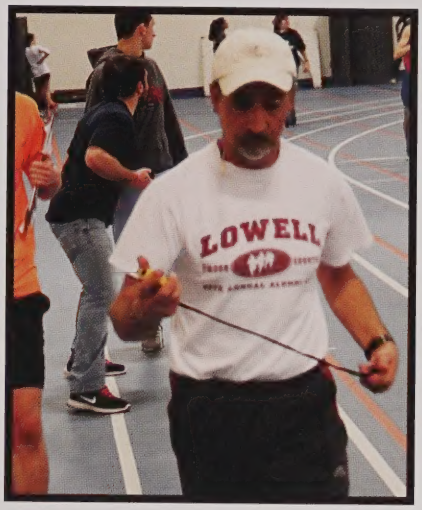
Sports.....





Lowell High School

Congratulations to Coach Maia!



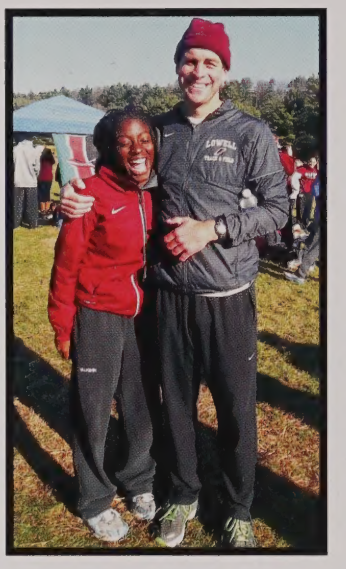
hil Maia, the Head Coach of Boys' Cross Country at Lowell High School has been named the National Federation of High Schools Section 1 Regional Cross Country Coach of the Year. Coach Maia was honored at the 35th MIAA Annual Meeting at the Double Tree Hotel in Westboro. Coach Maia completed his 25th season as head coach of cross country, capturing the MVC, MIAA EMass Division 1 State Championship and the MIAA Division 1 State Championship. Coach Maia's career record is 349 -112-6. Last spring Coach Maia was inducted into the MSTCA Hall of Fame.

Coach Maia led the Boys Cross Country team to their first XC State Championship at the prestigious Northfield Mountain this fall. Coaches (left to right): Maia and Ouellet.

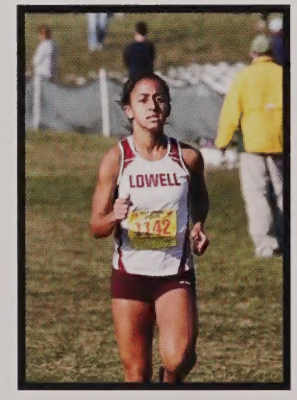
Coach Maia won his first Indoor Track State Championship at the Reggie Lewis Center in Boston, MA this winter. Coaches (left to right): Maia, Casey, Ouellet, and Davis.

Girls Cross Country

Seniors (left to right, top to bottom): Bryanna Allison, Erin Donovan, Sydney Vaughn, Kristina Graham, and Jessica Graham.



The Girls' team had a very successful year. They came home with first place in MVC's as well as in States.

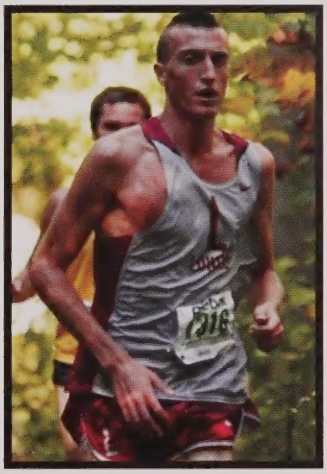


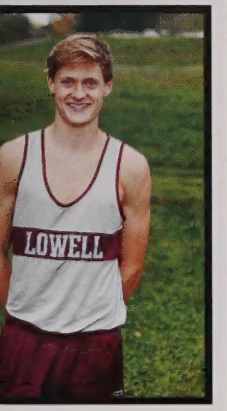
Girls Cross Country Team with Coaches

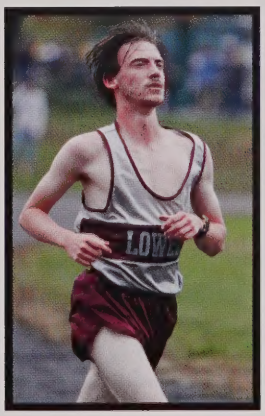
Boys Cross Country

This year, the boys captured their first All State title. This was the first All State title in LHS history. The race was held at the historic Northfield Mountain.

Boys Cross Country Team with Coaches







Seniors (left to right, top to bottom): Pat Coppinger, Mike Kalenoski, Mike Owusu, Nick McArdle, Jimmy Rocha, and Keith Stead.

2012 Lowell High School Football Team

2012 MVC CHAMPS

Lowell vs. Masco 21-3 W
Lowell vs. Nashua South 39-12 W
Lowell vs. Franklin 31-20 W
Lowell vs. Tewksbury 21-0 L
Lowell vs. Lawrence 42-21 W
Lowell vs. Dracut 40-21 W
Lowell vs. Billerica 56-34 W
Lowell vs. Central Catholic 42-34 L
Lowell vs. Andover 42-35 W
Lowell vs. Chelmsford 21-7 W
Lowell vs. Haverhill 36-23 W

ALWAYS BE COMPETING

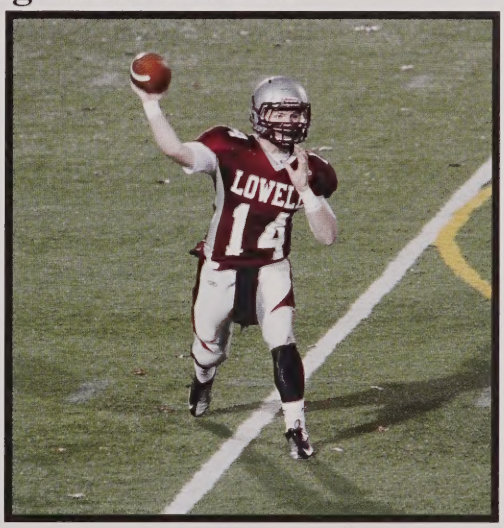
MVC record 3-1
Overall team record 9-2

Lowell's offesive line going head t head against Dracut defense

Lowell Seniors celebrating around the Ray Riddick trophy after beating Haverhill on Thanksgiving Day

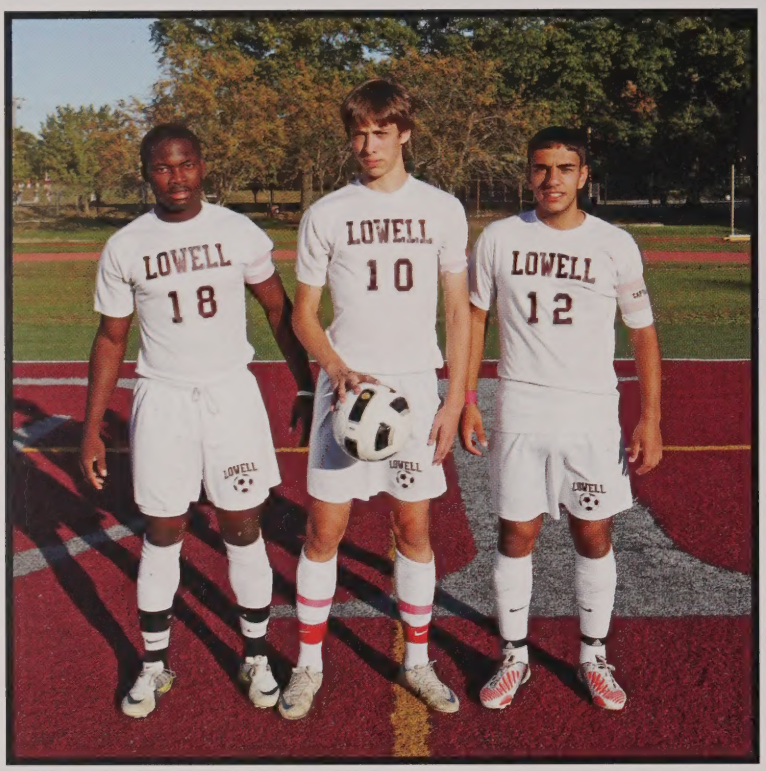
The LHS Football team breaking it down coming out of the half

Lowell's All- Conference offensive line from left to right #79 Matt Vigeant, #77 Andres Bolivar, #72 Peter Balas, #67 Callen Vail, #54 Nick Healy

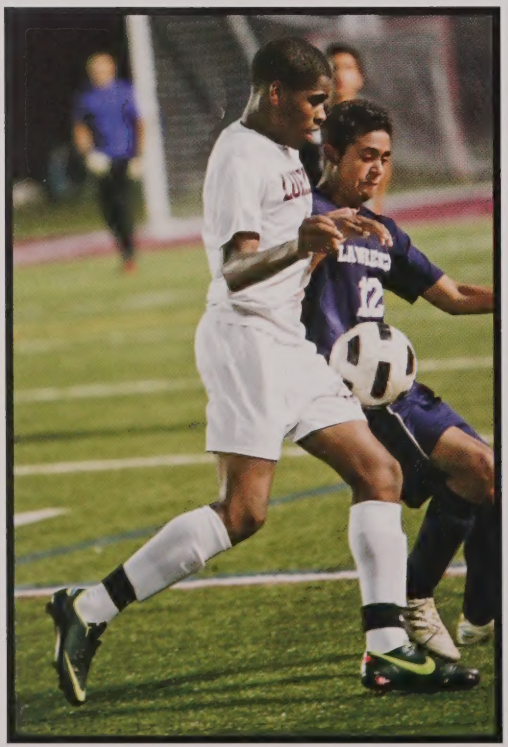


Lowell players enjoying themselves on the side lines while the team is up big late in the game

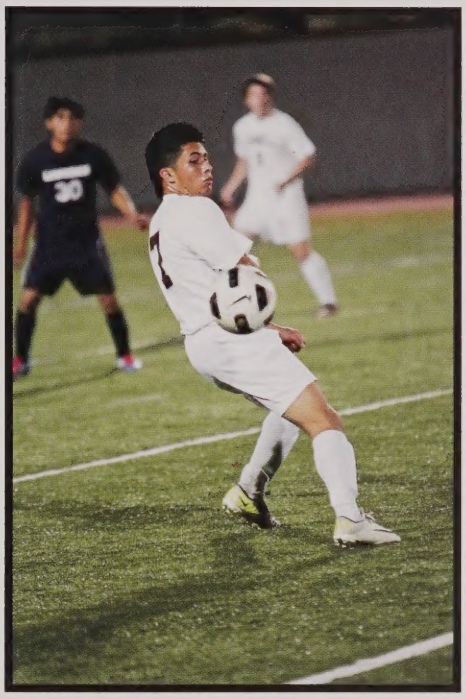
Boys Varsity Soccer



Captains (left to right): Olf Mouyaka, Brandon Fahlberg and Eusebio Marote



Seniors (Left to Right, Top to Bottom) : Jake Houston, Eusebio Marote, Brandon Fahlberg, Olf Mouyaka, Ikenna Adigwe, Dennis Choru, Brendan Barr, Juan Sanchez, Tim Rivard, and missing Ryan Fitzgerald.



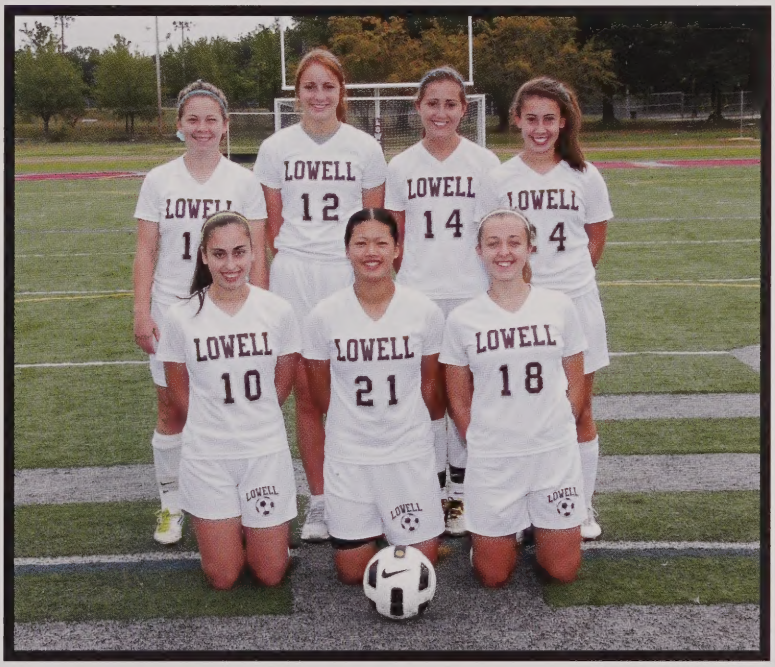
The Boys Varsity Team

Girls Varsity Soccer

The team had their second annual pink out on senior night to raise money for breast cancer awareness.

Girls Varsity Team

Captains (left to right): Trisha Luis, Sarah Raymond, Caroline Reis and Ana Fokas



Seniors (top to bottom, left to right): Trisha Luis, Ana Fokas, Sarah Raymond, Caroline Reis, Konstantina Borras, Sima Suon, and Paige MacKinnon.

Girls Varsity Field Hockey

Captains with Coach (left to right): Coach Kater, Hillary Naranjo-Mejia, Tori Alcorn, and Meghan O'Beirne

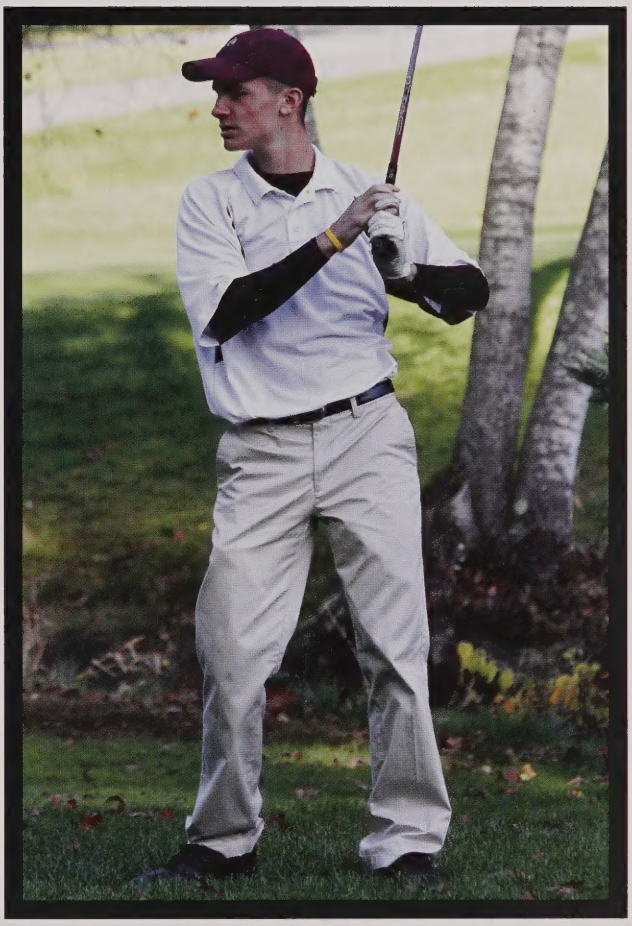
Seniors (left to right) Idalia Pulsifer, Hillary Naranjo- Mejia, Tori Alcorn, Cassidy Grenham, Meghan O'Beirne, and Ashley Carr.

Girls Varsity Field Hockey Team

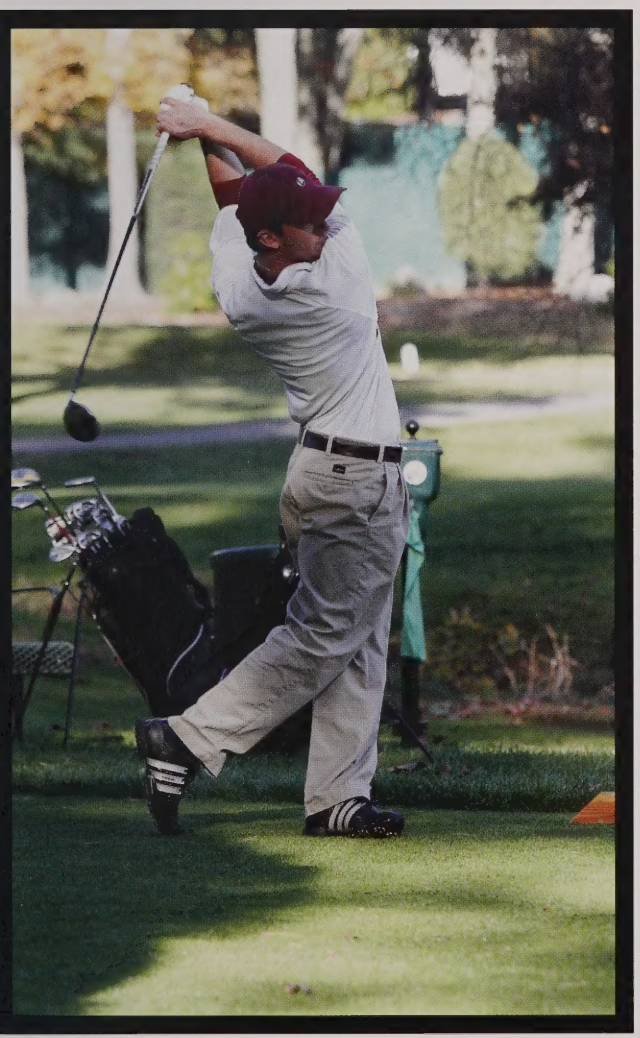
Varsity Golf

Senior George Vergados lining up a putt.

Varsity Golf Team



Senior Mike Doucette follows through on his shot.

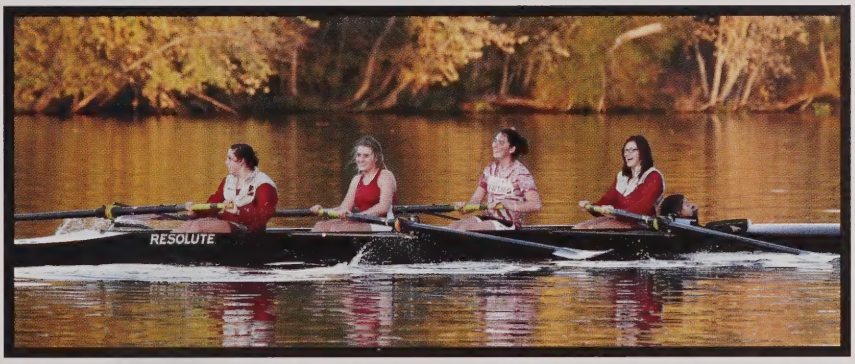


Senior George Vergados tees off.

Girls and Boys Varsity Crew

Senior Captains (left to right) : Miranda McIntosh, Lauren Thistle, Ryan Sheehy, Tommy Cote, Dan Rafferty, and Lauren Blazon.

Senior Boys and Girls



Boys and Girls Crew Teams with Coaches

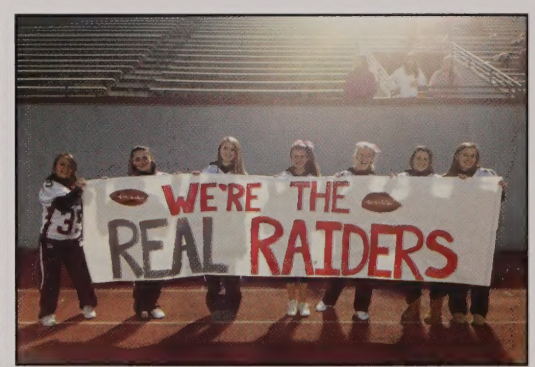
Cheerleading

Fall season - coached by John Beaton

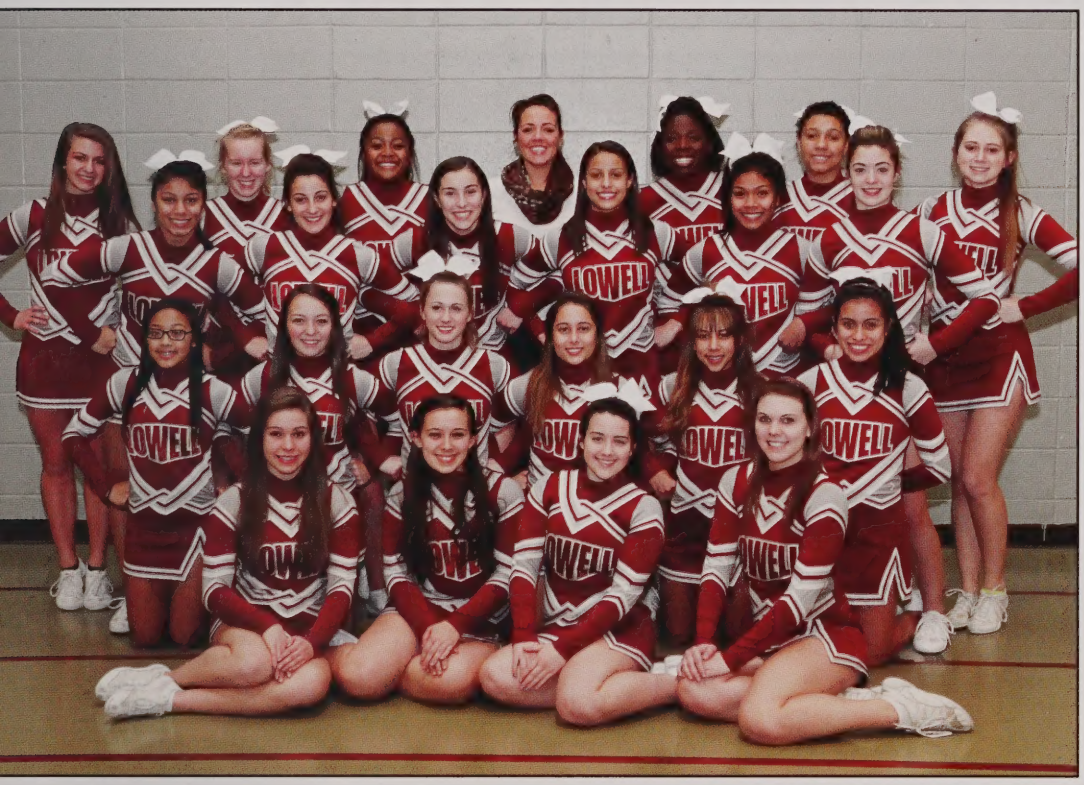
(From left to right) Back: S. Rodriguez, K. Page, M. Yengbeh, E. Sousa, P. Paquette, B. Mwai, Middle: D. DeMoura, E. Keointhisone, R. Patel, J. Florez, A. Martinez, S. Guerin, K. St Phard, Front: A. Beati, S. Mcniff, A. Nolette, E. Matusiak, E. Branch, A. Hebert, J. Rosario, M. Hererra

Alexis Hebert and Alyssa Nolette excited for the touchdown

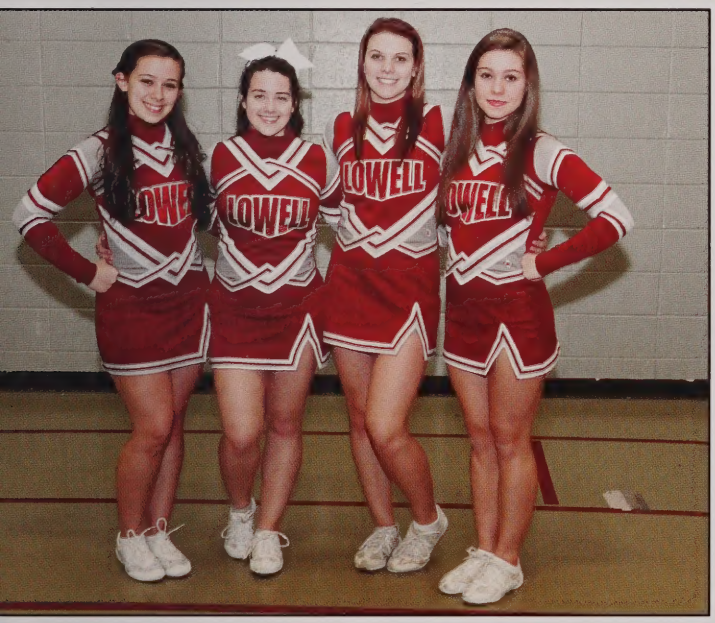
Seniors: Jessica Florez, Musu Yengbeh, Emily Keointhisone, Emily Matusiak, Alexis Hebert, Elizabeth Branch, Sara Mcniff,Alyssa Nolette, Jaqueen Rosari



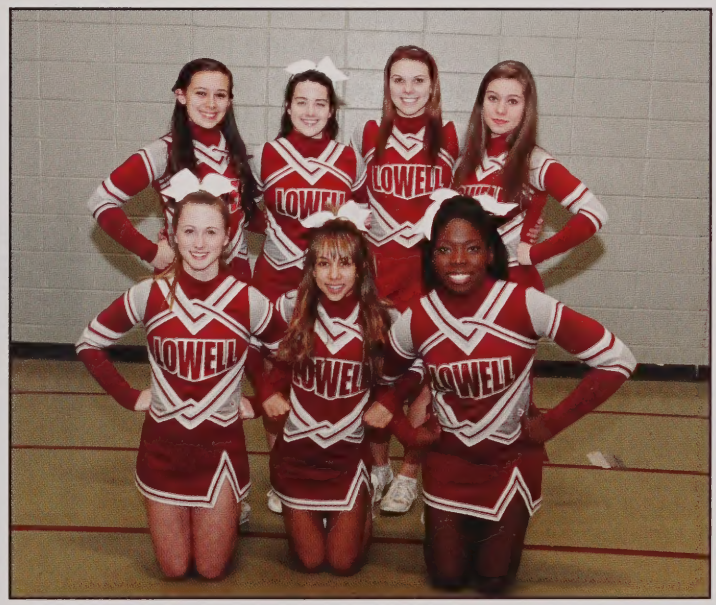
Winter season- coached by Nicole Aposolakos and assistant Brittany Silva



(From left to right) Back: S. Guerin, K. Page, K. St Phard, Coach Nicole, M. Yengbeh, M. Dejesus, E. Sousa,Third line: R. Patel, D. DeMoura, P. Paquette, S. Rodriguez, C. Chea, H. Mckinnon, Second line: S. Ravy, A. Beati, A. Hebert, M. Herrera, J. Rosario, H. Estrada, Front line, Captains: A. Nolette, E. Branch, S Mcniff, E. Matusiak



Captains: Elizabeth Branch, Sara Mcniff, Emily Matusiak and Alyssa Nolette.



Seniors: Elizabeth Branch, Sara Mcniff, Emily Matusiak, Alexis Hebert,Jaqueen Rosario, Musu Yengbeh

Boys Indoor Track

This year, the boys 4x800 relay of Tyler Richards, Andrew Whitney, Mike Kalenoski, and Pat Coppinger made the Boston Globe All Scholastic Team. Pat Coppinger, Ryan Fitzgerald, Mike Kalenoski, and John Abraham made the Lowell Sun All Star Team. Also, Coach Maia also received his 10th Coach of the Year award.

Girls Indoor Track

Seniors (left to right): Grace Ashworth, Paige MacKinnon, Sydney Vaughn, Wonni In, Jessica Graham, Kristina Graham, Bryanna Allison and Erin Donovan

Girls and Boys Varsity

Girls' Team

Coaches: *Jen McGauflin, Christin Monaghan , Dan Shanahan*

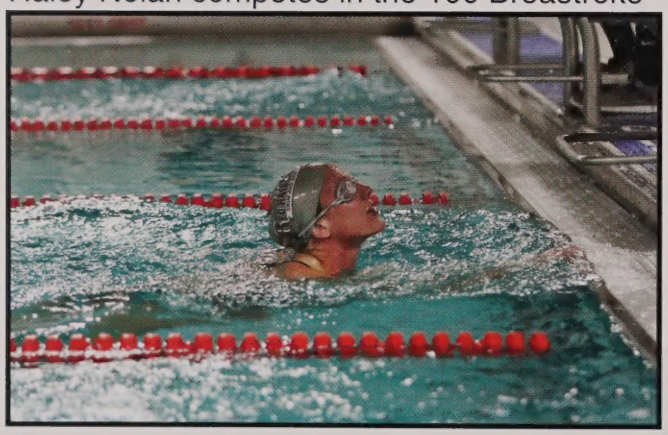
Captains: *Katie Gilligan, Chhing Tiv, Angelina Nguyen*

Seniors: *Katie Gilligan Chhing Tiv, Angelina Nguyen, Katrina Vigeant, Vickey Ngo, Lesly Cano, Grace Ashworth, Lady Laguna, & Alison Njoroge*

Haley Nolan competes in the 100 Breastroke

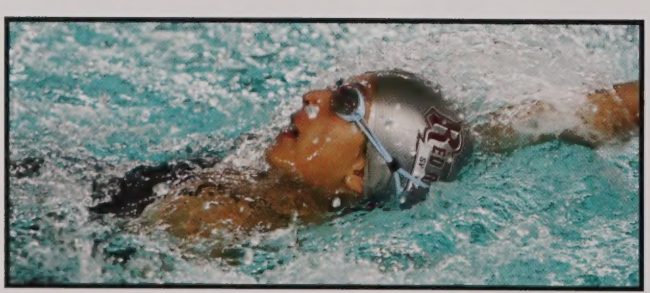
Chhing Tiv relaxes after finishing her event.

Grace Ashworth executes a back dive.



Katie Gilligan looks at her time after a race

The girls do a cheer before their meet begins.



Stephanie Maniantis competes in backstroke

Swimming & Diving

Boys' Team

Coaches: *Rick Battistini, Greg Steinberg, Carol Yunker*

Captains: *Erik Finn, Kevin King, Sean Glasheen, Chheangkea Ieng*

Seniors: *Kevin Nduati, Zach Cousineau, Erik Finn, Sean Glasheen, Ahmed Alsameria, Collin Wright, Kevin King, & Chheangkea Ieng*

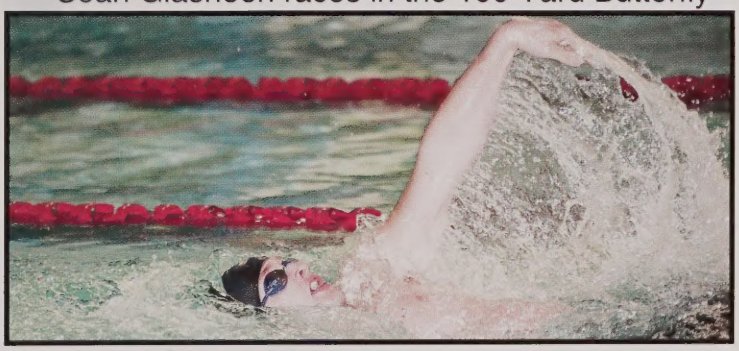
Captains (From Left to Right) Kevin King, Erik Finn, Sean Glasheen, Chheangkea Ieng)

Seniors on Boys Team

Sean Glasheen races in the 100 Yard Butterfly

Nate Henry performs his reverse dive

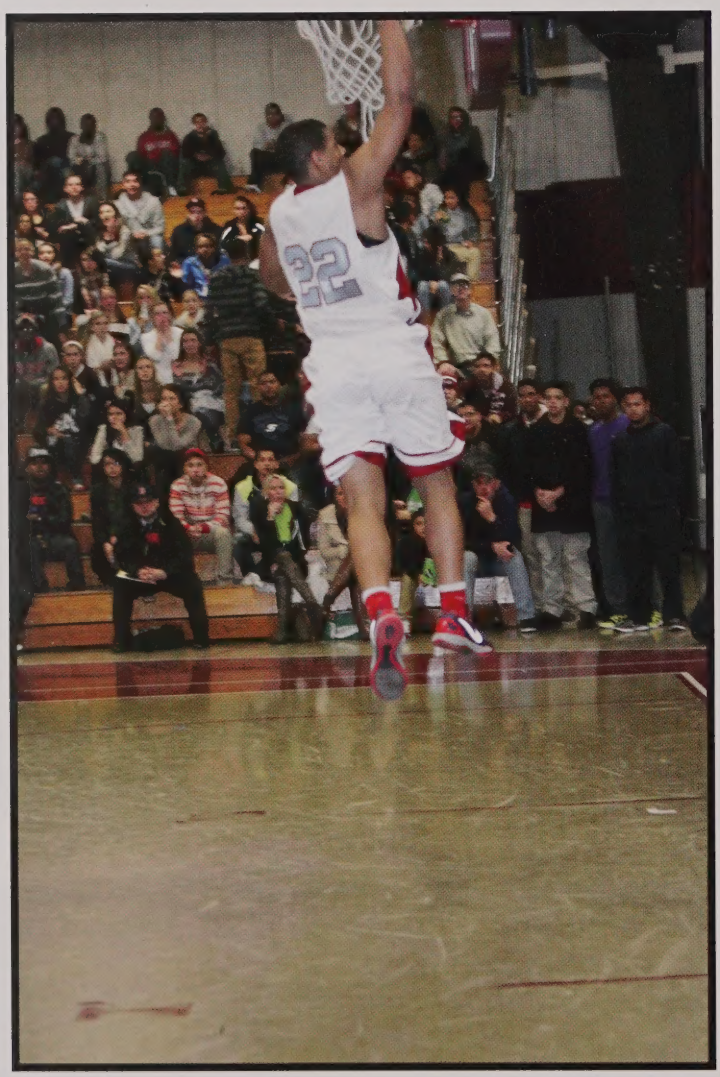
Congratulations to Kevin King & Erik Finn, first ever Boy's Swimming State Champions from LHS in the 500 Freestyle and 100 Backstroke respectively!



Erik Finn races in the 100 Yard Backstroke

Kevin King competes in the 200 Yard I.M.

Boys Varsity Basketball



Senior Jonathan Perez goes up for a layup

Sophomore Kareem Davis blows by Andover defender

Seniors (left to right): Zaryn Green, Robert Allard, Alex Brown, Jonathan Perez, Drew Healy, Kevin Made, Callen Vail, Ronnie Ferreira, Hakeem Turray, and Ikenna Adigwe.

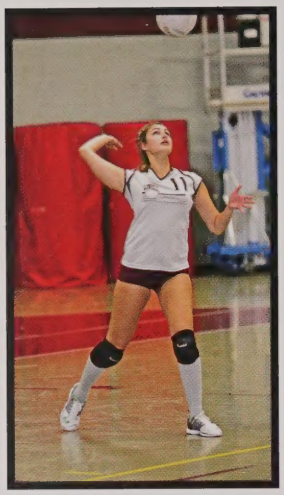
Girls Varsity Basketball

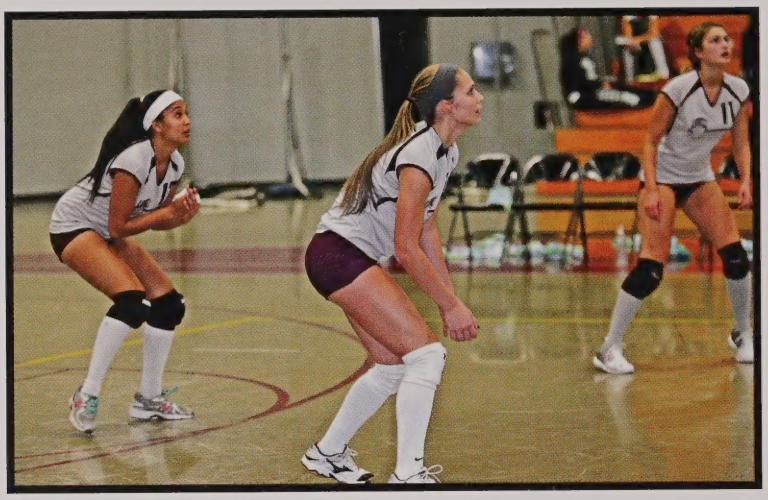
Seniors (left to right): Trisha Luis, Erica Torres, Sima Suon, and Hillary Narajo- Mejia

Captain: Trisha Luis

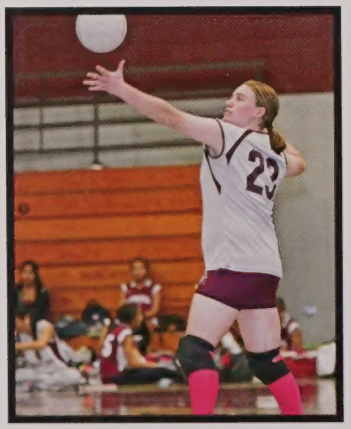
Girls Varisty Team

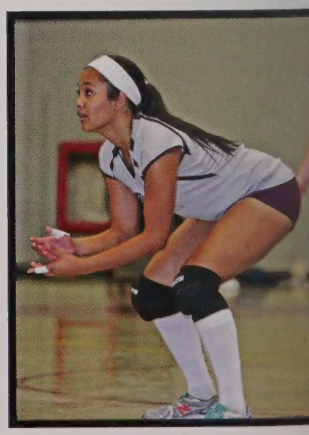
Girls Varsity Volleyball

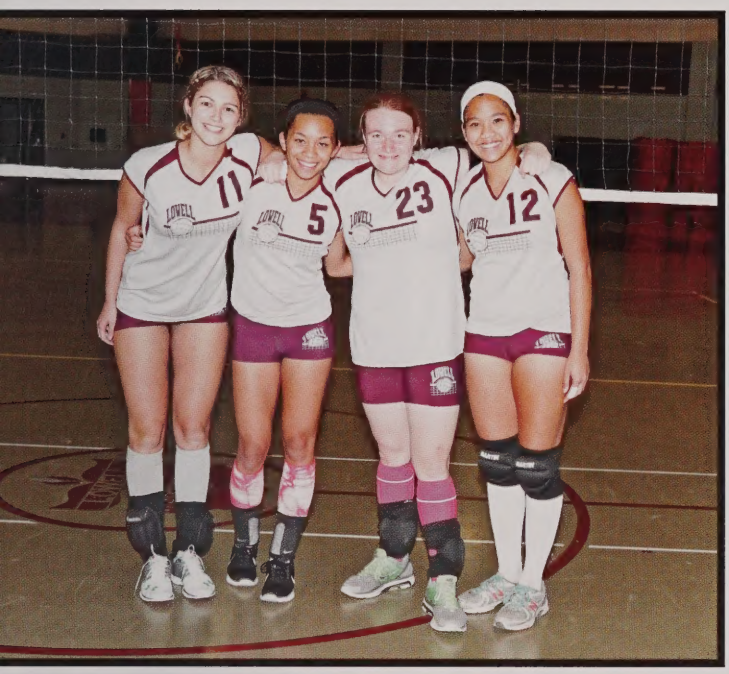




Girls Varisty Volleyball team with coach.

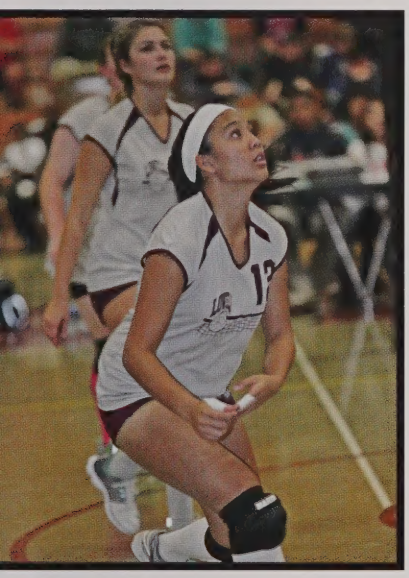


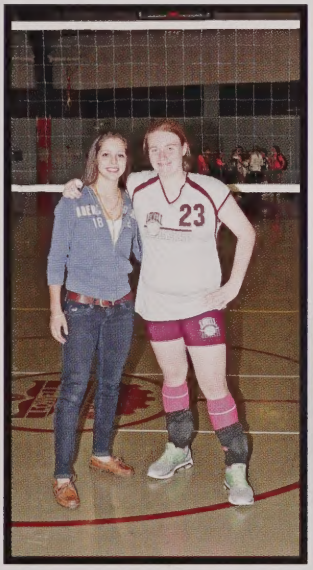




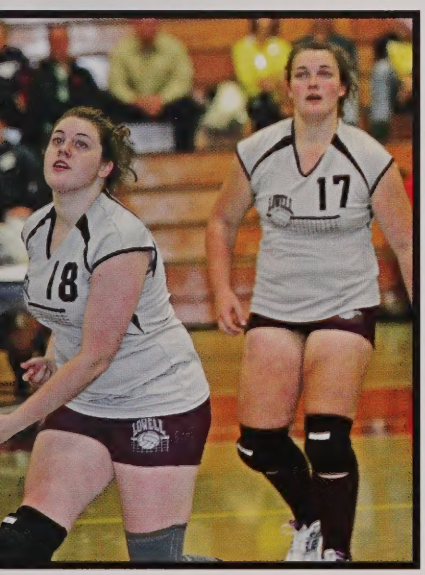
Seniors (left to right): Lenea Hopkins, Syaraya Huon, Hannah Woodworth, and Wonni In.

Captain Hannah Woodworth celebrates with team.





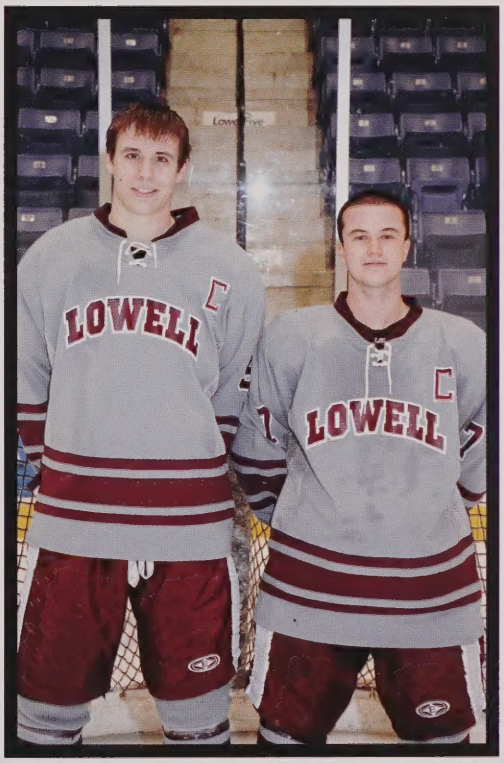
Captains (left to right): Amairanys Rodriguez and Hannah Woodworth.



Boys Varsity Ice Hockey

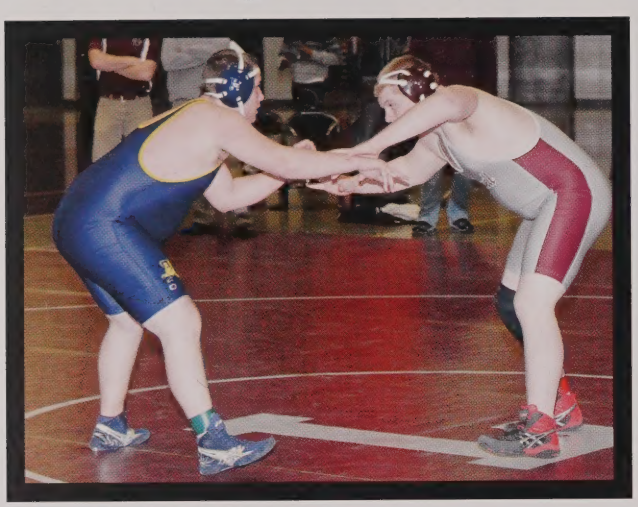
Boys' Varsity Team

Senior Boys (top to bottom, left to right): Mike Doucette, Cameron Thistle, Matt Mandeville, Drew Dearborne. Troy Martinez, Tyler McDaniel, Ryan Sheehy, Matt Barter, and Tyler Ford.



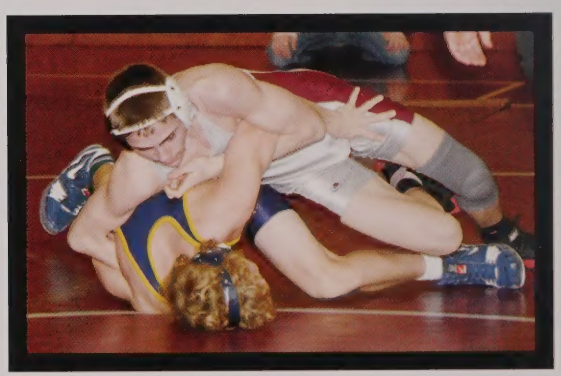
Senior captains (left to right): Matt Mandeville and Ryan Sheehy

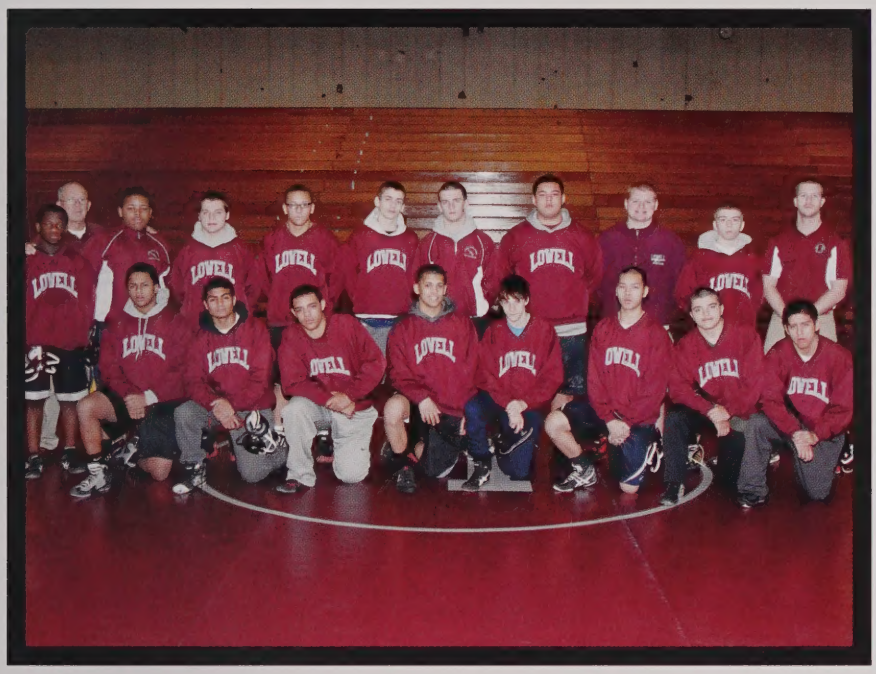
Boys Varsity Wrestling



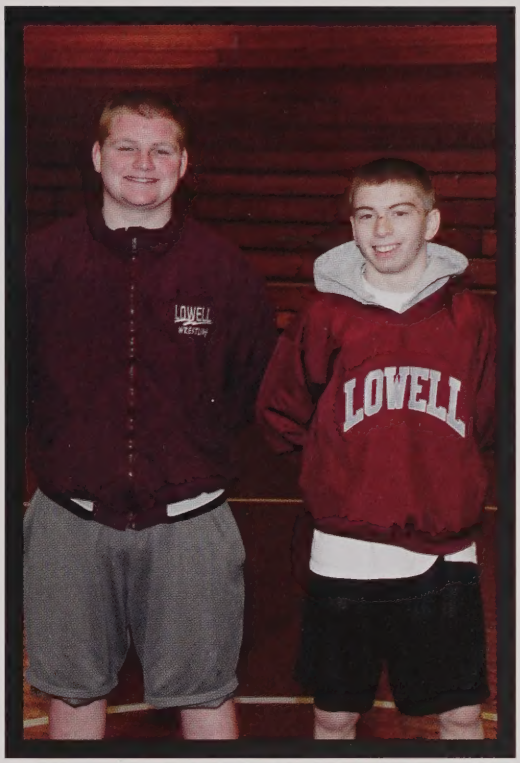
All State Champion,
Devon Thompson

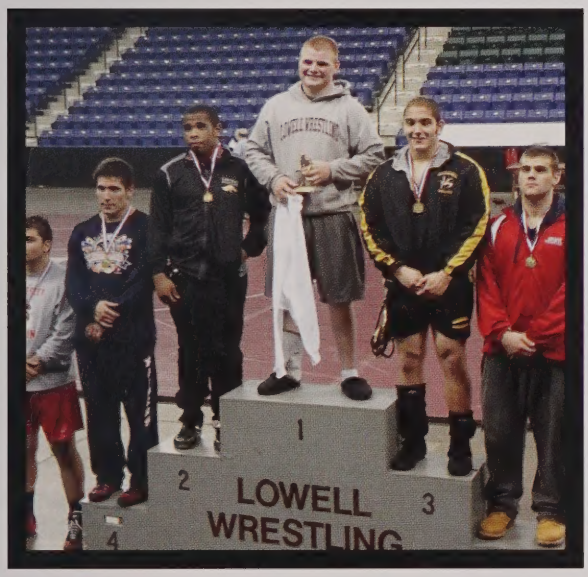
Senior boys (top to bottom, left to right): Casey Creamer, Lou Ferriera, Mikey Weza, Brian Quijada, Chris DeJesus, and Devon Thompson.





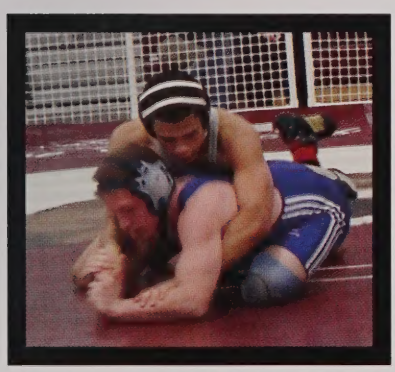
Boys Varsity Team

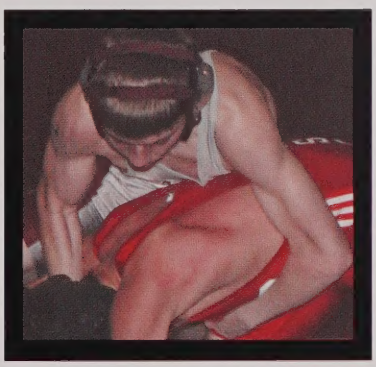




Senior Mikey Weza on the podium as winner of the Holiday tournament.

Senior Captains (left to right): Mikey Weza and Devon Thompson

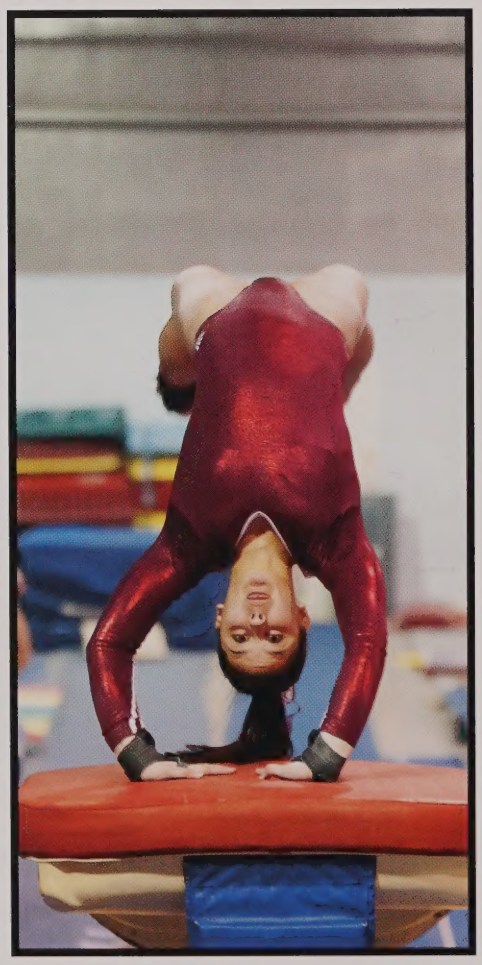




The Team would like to thank coach, George Bossi, for his dedication and years spent with the Wrestling Program at Lowell High.

Girls Gymnastics

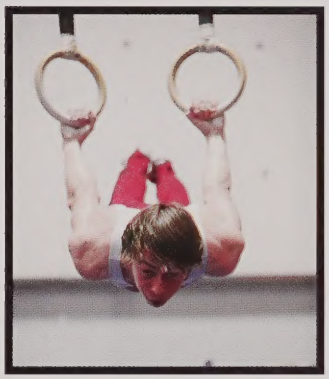
Girls' Varsity Team



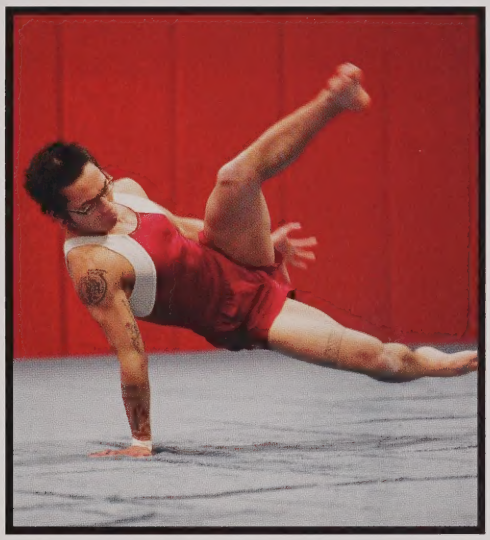
Captains (left to right) Arona Mam and Katheryn Manning

Senior girls (left to right): Arona Mam, Katheryn Manning, Lady Laguna and Britney Vega

Boys Gymnastics

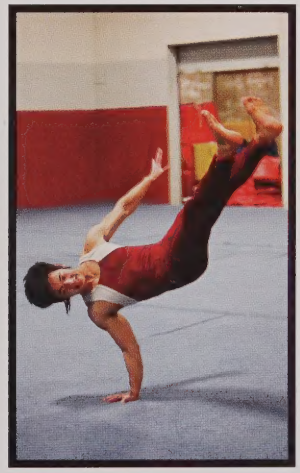


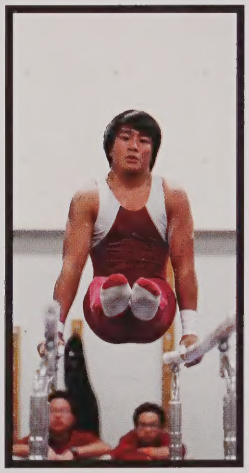
Boys' Varsity Team



Seniors (top to bottom, left to right): Benjamin Wilson, Tithya Yaly, Anthony Chhan, Darith Chea, Mayonet Ou, Jaime Rodriguez, and Xuyen Tran.

Captains (left to right): Mayonet Ou, Jaime Rodriguez, and Rithy Muth.





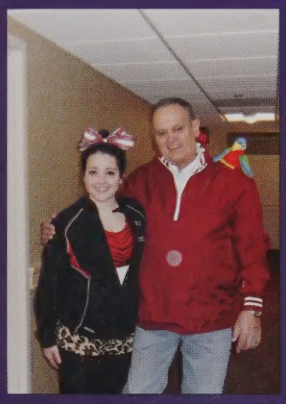
Alpine Skiing

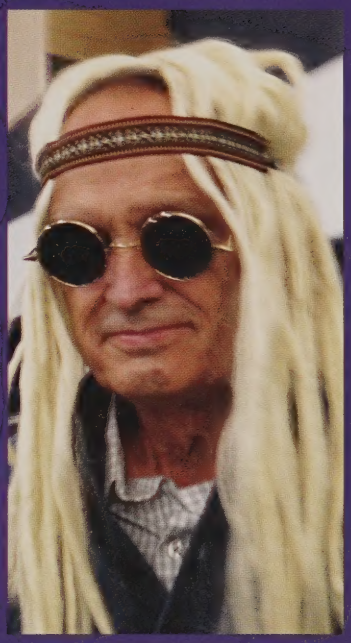
The Ski Team

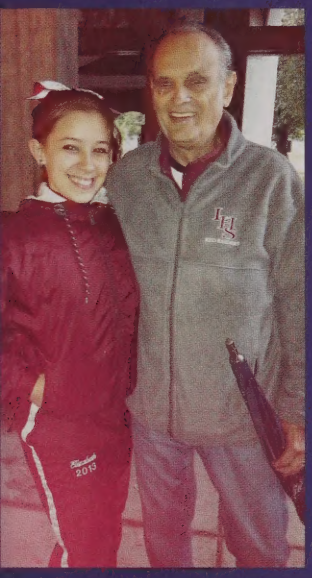
Team Captains (left to right): Meghan Ann McAnespie, Harrison Rider, and Seamus Pugh.

John Beaton

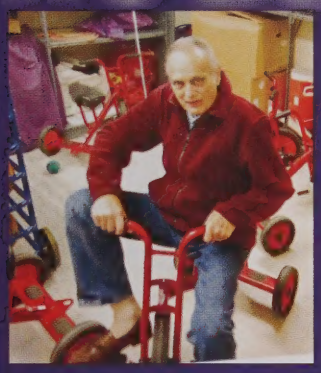
June 2, 1938 - December 26, 2012

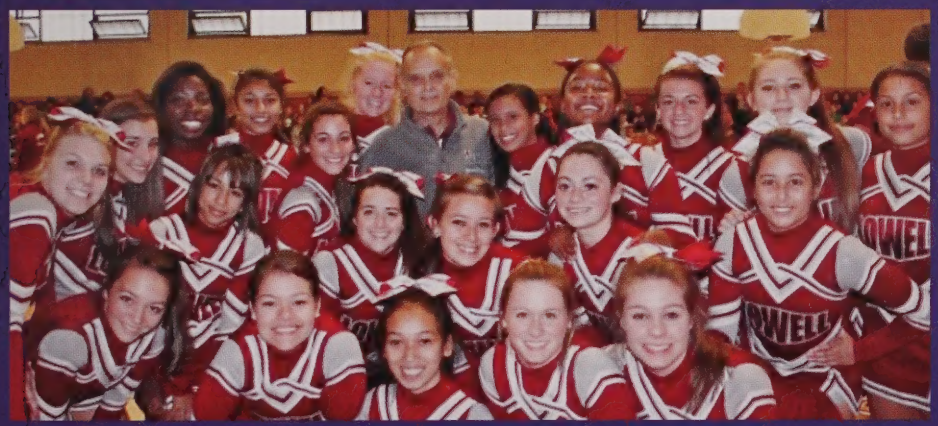




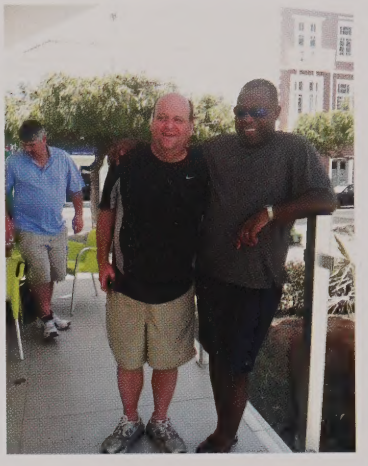


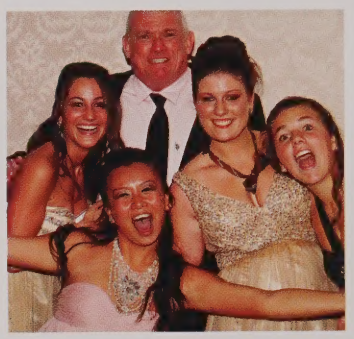
We BEAT With One





Staff....





Lowell High School

Jean Franco

Superintendent of schools

Lowell School Committee

2012
Lowell School Committee
2013
Front Row: Kimberly A. Scott, Patrick O. Murphy, David J. Conway
Back Row: Robert J. Gignac, Kristin Ross-Sitcawich, James D. Leary, Connie A. Martin

Front Row: Kimberly A. Scott, Mayor Patrick O. Murphy, David J. Conway
Back Row: Robert J. Gignac, Kristin Ross-Sitcawich, James D. Leary, Connie A. Martin

Thomas Abney

Jodi Ahern

Judy Airosus

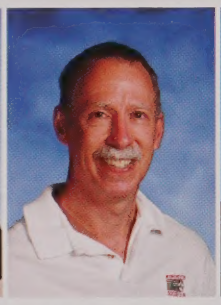
Kerry Akashian

Britney Alexander

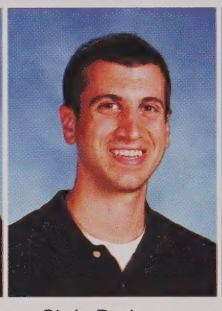
Carol Allen

Katherine Ansara

Elena Apostolos


Michael Arwe

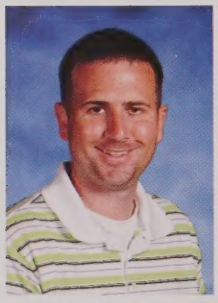
Judith Azarowski


Chris Badessa

Xenia Baez

Elaine Balas

Janice Barrett

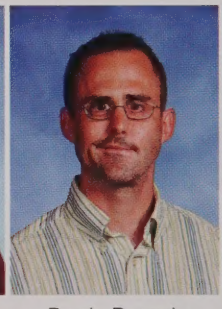

Brian Barry

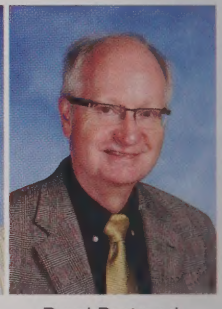
Ornella Bascunan

Carla Batista

Manuel Batista

Jennifer Bauer


Darrin Berard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Shelby Boisvert

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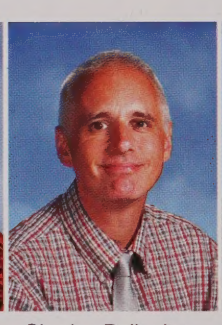
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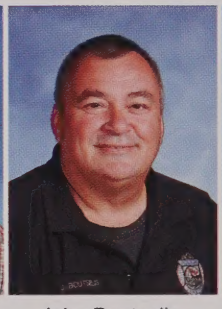
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Karen Briere

Paul Brochu

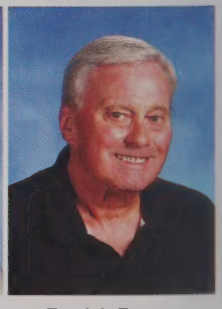
Donna Brown

Rose Bubanas

Nicholas Bull

Jeffrey Bunkartas

Kathleen Burke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James Capua

Allyson Carbone

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Judith Casey

Kevin Casilli

Carol Castle

Tricia Cavignano

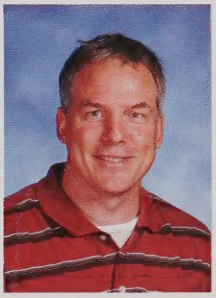
Laura Chace

Sharon Clark

Lisa Colloca

Angie Colon

Kristen Colon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Candace Cook

Carla Correa-Berg

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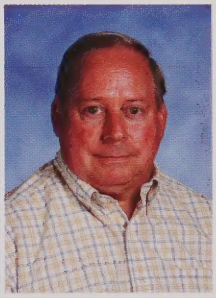
Lyndsey Cowan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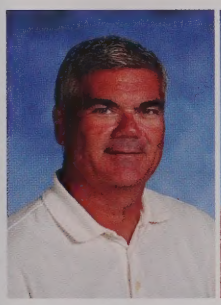
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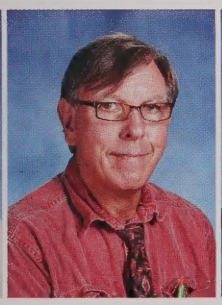
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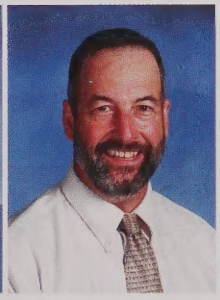
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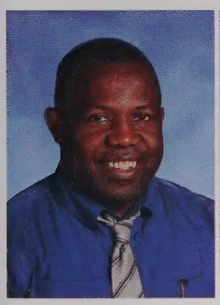
Wayne Currie

Peter D'Amico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Stacy Decker

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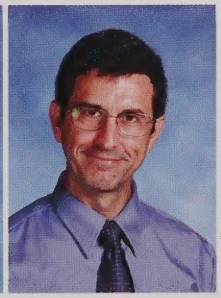
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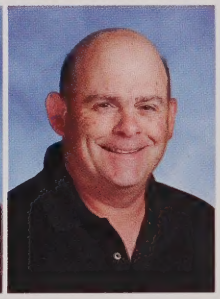
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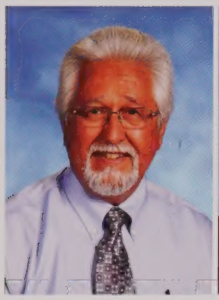
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Michael Devincenzi

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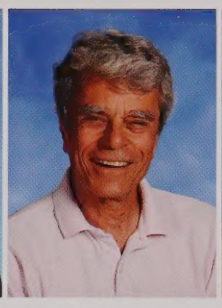
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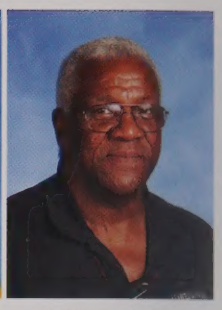
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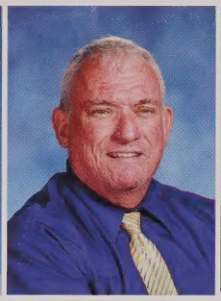
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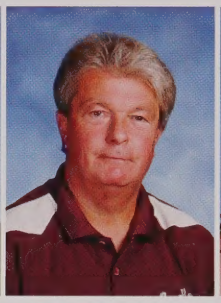
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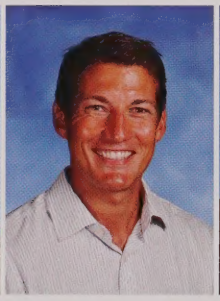
Kelley Donoghue

Roberta Dowling

Kathy Downey

Katie Dube


Michael Dubois

Sandra Dukuly

Kevin Dunham

Jeannine Durkin

Kathleen Durkin

Gretchen Dussault

Maryann Dyson

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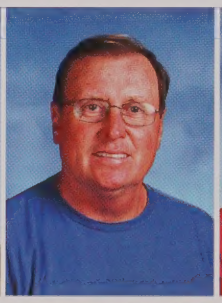
Yliana Figueroa

Patricia Fitzpatrick

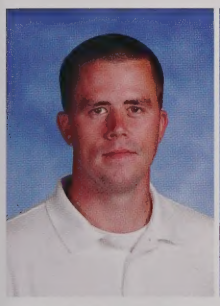
John Florence


Ronald Foley

Debra Fowler

Susan Francisco

Paul Francoeur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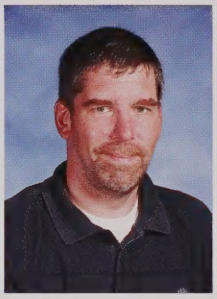
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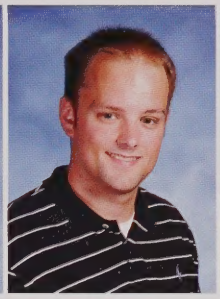
Tonya Frenette

Tricia Gabor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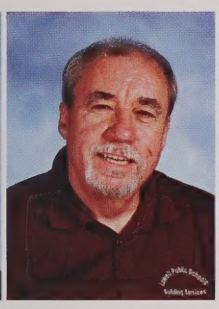
Paula Garabedian Barranco

Marianne Gaspari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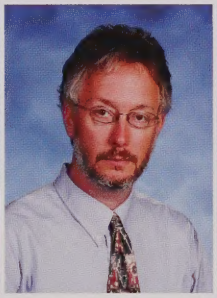
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Sheila Goggin

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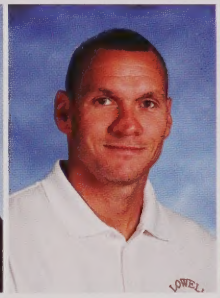
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Khalida Hakam

Deidre Haley

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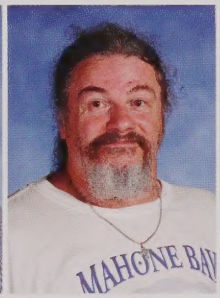
Ruth Harrington



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Michele Harvey

Barbara Hodgson

Angela Hondros-McCarthy

Samnang Hor

Amanda Hosmer

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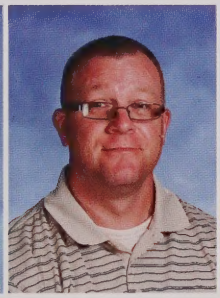
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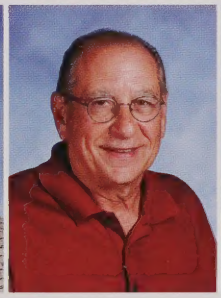
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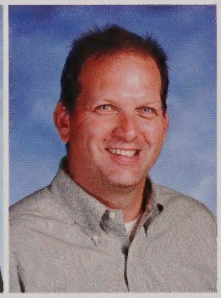
Martha Iarrapino

Wendy Jack

Suzanne Jalbert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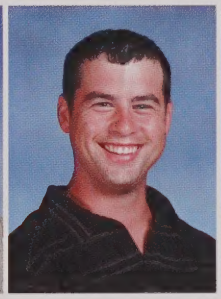
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Stephen Jarvis

Diane Jean

Mary Anne Johnston

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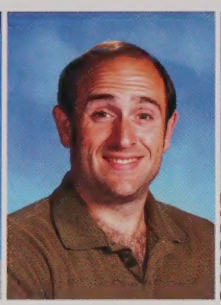
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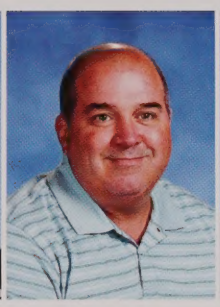
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Ryan Keefe

Suzanne Keefe

Kristina Keegan

Erin Kehoe

Jeanne Kendall

Caroline Kennedy

Margaret Kennedy

Samkhann Khoeun

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Jill Lang

Mary Lapointe

Richard Lawrenson

Mary Lee

Danielle Lessard

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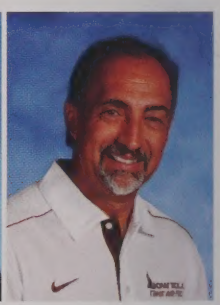
Vianka Lopez

Charlene Maclean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Maggie Malloy

Lynne Maniscalco

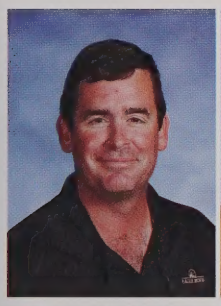
Annette Martell

Megan Martinez

Laurie Mcanespie

Brenda McCabe

James McCabe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Elaine McGeown

Jennifer McGlauflin

John McGovern

Lisa McHugh

Jill McNamara

John Mellonakos

Deborah Mellus

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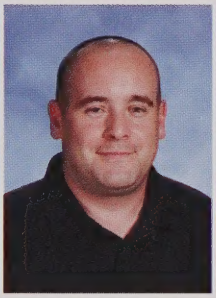
Martha Moulton

Maureen Mulryan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Donna Murphy

Nancy Murphy

Katherine Nardoni

Douglas Nekrasz

Donna Newcomb

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Tina Nutter

Mary Anne O'Brien

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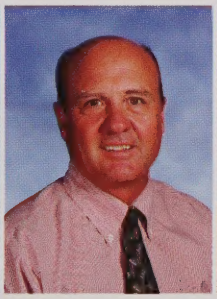
Cencillia Obika

Thy Oeur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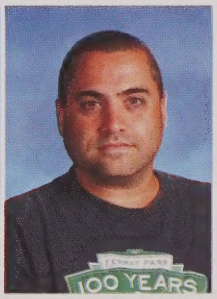

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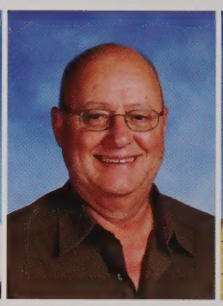
Scott Oullett

Barbara Outridge

Denise Pare

Vincent Parent

Crescenzo Parrella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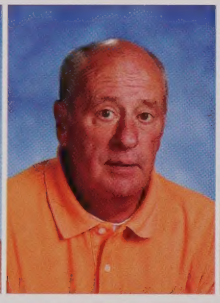
Timothy Patterson

Mary Payne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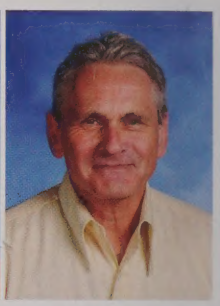
Jennifer Pender

Lisa Perkins

Kara Pigeon

Rita Pigeon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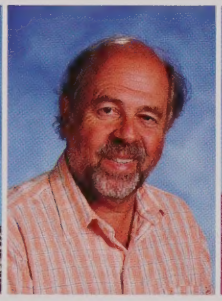
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Gretchen Pollard

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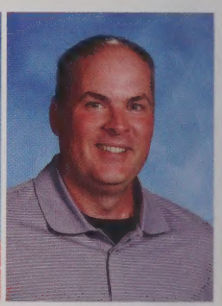
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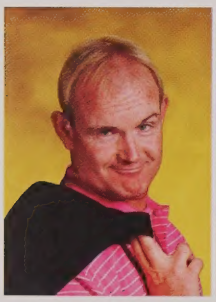
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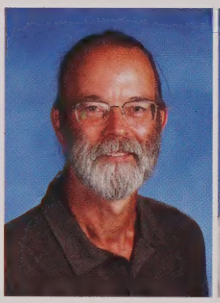
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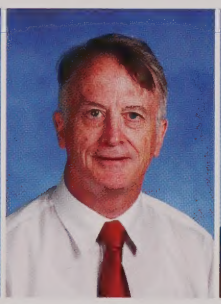
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Andrea Rebovich

Daniela Ricciardi

Michelle Ritchotte

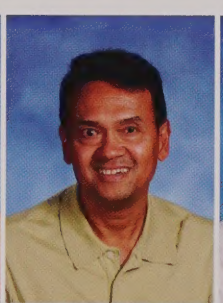
David Robinson

Mylene Rodriguez

Tasha Sampson

Krisanne Santarpio

Carmen Santiago


Vannorath Sarin

Maureen Schwartz

Christopher Selvaggio

Stephanie Selvaggio

Charlene Shattuck

Kathleen Sheridan

David Siegel

Sara Silva

Jason Silverberg

Amanda Simmons

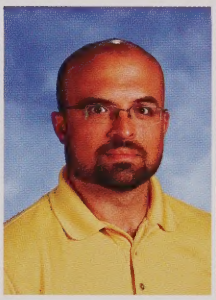
Daniel Simmons

David Slattery

David Smith

Erica Smith

Jennifer Smulligan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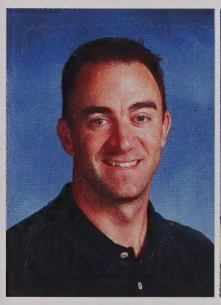
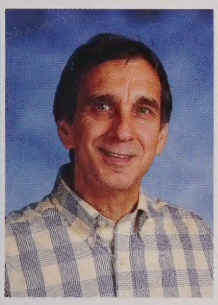
Michelle Snetsinger


Justin Spencer

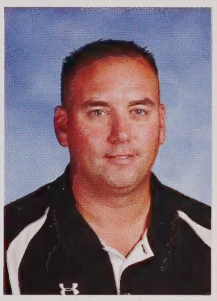

George Stamatoyanakis

Deanna Stanford

Emily Steinbeg

Stephen Stephenson

Gina Stewart


Han Stutz

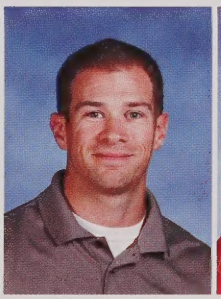
Katheryn Stutz

Aracelis Sullivan

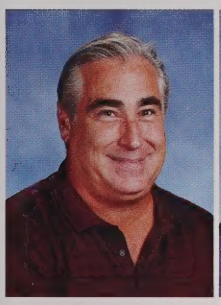
Colleen Sullivan

Maura Sullivan

Paula Sweeney


Patrick Swett

Sajada Syed


Stephen Szeckas

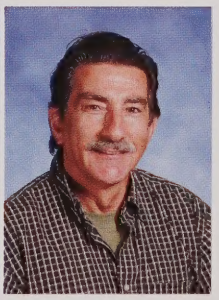
Jacqueline Taylor

Maria Tellado-Perez

Thomas Thornton

Graham Tingley

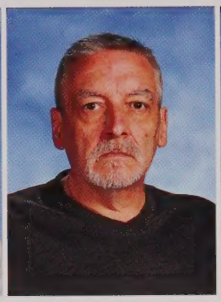
Neeti Tripathi


Nicholas Valcanas

Sally Verzone

Frank Vicente

Deborah Webster



Paul Weir

Julia Wilkes

Bryan Wilkins

Michelle Williams

Kathryn Wilson

Anne Woodward

Linda Worden

Julia Zemetres

Dedicated to the memory of....

Michael D. Dubois

A Graduate of Sacred Heart Grammar School, Lowell High School and University of Massachusetts Lowell. Michael was a popular English Teacher at the Lowell High School Freshman Academy. Michael loved teaching and loved his students.

Ann E. Northrup
Yearbook Advisor

Ann Elizabeth Northrup taught English to two generations of immigrants at Lowell High School before her retirement in 2012.
After her retirement she lent her expertise and dedication to helping students create The Spindle, the annual yearbook.

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